



## Your wellbeing nurse



Your school has a wellbeing nurse.



The wellbeing nurse can help students find support to feel healthy.



You and your parents can talk to the wellbeing nurse if you

- Worry about your health
- Want to find out about health care
- Want to find health and community services.

## 14+



Students older than 14 years or parents can

• See the wellbeing nurse at the school

• Tell a teacher that you want to talk to the wellbeing nurse.



To contact your wellbeing nurse

You need to ask CID if you want to use any pictures in this document. You can contact CID at **business@cid.org.au**.