

Programs determined in scope for the analysis

Table 1 lists the programs that were determined in scope for the analysis. These programs align with the Specialised Mental Health Community Support Services element in the National Mental Health Service Planning Framework (NMHSPF) taxonomy.

Table 1: Programs determined in scope for the analysis

Reported by	Name	Description	Location
NSW Health	Housing and Accommodation Support Initiative (HASI) Plus	Statewide program for people with severe mental health conditions and significant difficulties managing day to day living. The program is community-based, transitional, rehabilitation and recovery-oriented and integrates clinical and intensive psychosocial support with stable, community-based accommodation. Note – clinical component removed.	Statewide (4 host LHDs)
NSW Health	Housing and Accommodation Support Initiative (HASI) and Community Living Supports (CLS)	Community based psychosocial supports for people with severe mental health conditions throughout NSW, to live and participate in the community. HASI/CLS operate as a statewide partnership between CMOs and LHDs. CMOs are funded to provide psychosocial, daily living and medication support while LHDs provide clinical care.	All LHDs and Albury
NSW Health	Mental Health Community Living Supports for Refugees (MH-CLSR)	First of its kind in the world program which provides trauma informed, recovery-oriented, culturally safe and responsive psychosocial supports to refugees and people seeking asylum who are experiencing psychological distress, mental ill health and/or impaired functioning. The program is open to all ages and support for the entire family is considered.	WSLHD, ISHLHD, SLHD, HNELHD, MNCLHD, SWSLHD, MLHD
NSW Health	Resolve	Provides recovery-oriented community based mental health support. The program aims to reduce hospital admissions, measured by a reduction in National Weighted Activity Units (NWAU). Funded through a Social Impact Bond, where investors provide some capital and pay running costs to the service provider, with government payments based on outcomes achieved.	WNSW and NBM LHDs
NSW Health	Youth Community Living Support Services (YCLSS)	Non-clinical recovery-oriented psychosocial support services, delivered in the community by funded non government providers tailored to individual needs, which support young people (aged 15-25 with flexibility) experiencing or recovering from severe mental health conditions, and their families/carers, to gain independence and participate in the community.	HNELHD, NBMLHD, NNSWLHD, SWSLHD, WSLHD
NSW Health	Family and Carer Mental Health Program (FCMHP)	Statewide program delivered across 15 LHDs in partnership with five CMOs and Justice Health and Forensic Mental Health Network. Districts work to enhance the skills of mental health service staff to work with families and carers as partners in care, while CMOs provide training and education, one to one support, group support and advocacy services for families and carers of people with mental health conditions.	Statewide
DCJ	Mental Health In-Reach Service (MH-IRS)	Provides housing support and facilitates access to community mental health services for people currently in mental health inpatient facilities, to support their transition to independent living in the community, break the cycle of homelessness, and prevent discharges from mental health facilities into rough sleeping. MHIRS is a partnership between NGOs delivering care coordination supports,	SESLHD, SLHD, CCLHD

Reported by	Name	Description	Location
		LHDs delivering clinical supports and DCJ. It has operated since July 2022 as a pilot project in two locations.	
DCJ	Together Home	This is a Housing First informed program for 2 years of housing and wrap-around support for people with a history of rough sleeping. The program also aims to provide ongoing linkages with support services including mainstream services to reduce a participant's return to homelessness. Note – tenancy component of support removed.	Across NSW, dependent on demand
SENSW PHN	Commonwealth Psychosocial support program	Psychosocial support service delivered by peer support workers with lived experience of mental ill-health to support individual recovery goals in groups and 1:1 support.	SNSWLHD and ISLHD
NSPHN	Community Psychosocial Support Program	Recovery-oriented and trauma-informed psychosocial supports tailored to individual needs. Support to test or re-test eligibility for NDIS for consumers requiring more intensive on-going supports. Service navigation support for people experiencing psychosocial disability to access appropriate psychosocial, clinical and primary health care.	NSLHD and region
SWSPHN	Commonwealth Psychosocial Support Program. Program Name: Connector Hub South Western Sydney	Community based psychosocial support program for people with severe mental health conditions and related psychosocial needs in south western Sydney. Connector Hub provides time limited recovery support for people to achieve their goals and improve wellbeing.	South Western Sydney
CESPHN	Connect and Thrive	Individual support that involves 1:1 support with a mental health or peer worker. Regular group support programs and social activities are also available with a focus on employment, physical health, social isolation, etc. Assistance with testing eligibility for psychosocial support within the NDIS also provided.	Across the CESPHN region (SESLHD, SLHD, SVHN, Inner West)
CESPHN	Continuity of Support	Individual support that involves 1:1 support with a mental health or peer worker. Regular group support programs and social activities are also available with a focus on employment, physical health, social isolation, etc. Assistance with testing eligibility for psychosocial support within the NDIS also provided	Across the CESPHN region (SESLHD, SLHD, SVHN, Inner West)
NBMPHN	Commonwealth Psychosocial Support Program	Community based psychosocial support to people with severe mental health conditions throughout NSW, to live and participate in the community. Flourish Australia provides this program to enhance the independence of those eligible to integrate into the community and build skills to support independent living and encourages vocational skill building.	Penrith, Hawkesbury, Blue Mountains, Lithgow LGAs
HNECCPHN	Commonwealth Psychosocial Program	Non-clinical community based supports that aim to facilitate recovery in the community for people experiencing mental health conditions – through a range of services to help people manage daily activities, rebuild and maintain connections, build social skills and participate in education and employment	HNECC Region
HNECCPHN	Youth Transitional Care Pilot	Targeted at young people (12-18 years) with mental health difficulties including suicidal ideation who do not require tertiary mental health care. The aim of the program is to provide an early intervention psychosocial response which avoids further presentations at an Emergency Department and inpatient admission within 28 days of the most recent hospital discharge.	Newcastle

Reported by	Name	Description	Location
WSPHN	Commonwealth Psychosocial Support Program	Recovery support for people living with severe mental health challenges through connection with a Recovery Support Worker who provides individual psychosocial support, service navigation and support for applying to NDIS.	Seven Hills - predominantly The Hills LGA and Blacktown LGA
			Parramatta - predominantly the Parramatta and Cumberland LGA's
WSPHN	Bilingual Hospital to Home	For people from culturally and linguistically diverse (CALD) communities to connect with mental health services, and integrate back into the community, following discharge from an acute or community mental health service. The service providers holistic, person-centred, psychosocial support to people to ensure all their needs - daily living, housing, financial, health-related supports are in place to ensure smooth and supported integration back into the community.	Parramatta
MPHN	Sunflower House	Provides a range of non-clinical place-based psychosocial supports to people with severe mental health conditions who do not meet eligibility criteria for the NDIS and who access Sunflower House.	Wagga Wagga
MPHN	Psychosocial Support Service Initiative - Well Connected	Provides a range of non-clinical community-based support to people with severe mental health conditions. Also providing services available outside of usual business hours when other support services are traditionally unavailable.	Across Murrumbidgee PHN region
MPHN	Psychosocial support for young people	Delivers psychosocial supports to young people, aged 12-24 years, who are experiencing severe mental health conditions or episodic distress, where their care is appropriately delivered within primary care.	Across Murrumbidgee PHN region
HNCPHN	Psychosocial Support Program	Delivery of the Commonwealth Psychosocial Support Program through a multidisciplinary, person centred, hub and spoke model of care as part of an overall stepped care approach to improving mental health and wellbeing. The service offers non-clinical community based supports that aim to facilitate recovery in the community for people experiencing mental health conditions, through the development of individualistic care/support plans that offer a range of services to help people manage daily activities, rebuild and maintain connections, build social skills and participate in education and employment.	North Coast region. Including MNC and NNSW LHD footprints.
WNSWPHN	Psychosocial support services - Western (PSY2-25)	Non-clinical community-based supports that aim to facilitate recovery in the community for people experiencing mental health conditions through a range of services to help people manage daily activities, rebuild and maintain connections, build social skills and participate in education and employment. Psychosocial supports and services are commissioned to work in partnership with individuals who are not more appropriately supported through state and territory programs and are significantly affected by severe mental health conditions, which has an impact on their associated psychosocial functional capacity. These services, in partnership with families and carers (as appropriate), provide a range of non-clinical community-based support to these individuals to achieve their recovery goals.	Bourke, Brewarrina, Walgett, Cobar, Bogan, Warren, Coonamble Warrumbungle, Gilgandra, Narromine, Dubbo Regional, Mid-Western Regional, Bathurst, Orange, Blayney, Cabonne, Oberon, Cowra, Weddin, Forbes, Parkes Far West; Broken Hill, Central Darling, Wentworth, Balranald, Unincorporated NSW
CESPHN	Primary Integrated Care Supports	Provides clinical care and coordination from mental health nurses who work collaboratively with peer workers for psychosocial support Note – clinical component of the program has been removed.	Across the CESPHN region (SESLHD, SLHD, SVHN, Inner West)

Reported by	Name	Description	Location
CESPHN	Telehealth Psychiatry Service	Provides free psychiatry services via Telehealth. Clinical Care Coordinators provide psychosocial support to people as they await their appointment and provide follow-up psychosocial care. Note – clinical component of the program has been removed.	Across the CESPHN region (SESLHD, SLHD, SVHN, Inner West)
WSPHN	Psychosocial Support for Refugees who Identify as LGBTIQ+	Peer-led support groups by people with lived experience to share information, service navigation and counselling. Large focus on educating service providers and psychoeducation for consumers, and to design sensitive, safe and inclusive programs and trainings which are rolled out through NSW Health. Note – only direct support component included.	Auburn
HNELHD	The Assisted Discharge Program (ADP)	Comprehensive and practical non-clinical support for people being discharged from inpatient mental health services. Intensive, short-term (up to 6 weeks) and goal directed support. Enhanced support to people who do not have access to other funding (and/or are ineligible to apply) during the transitional period of leaving hospital. Contracted to Flourish Australia.	HNELHD
HNELHD	Kaiyu Konnect program	Provision of social and skill development activities and support for people at risk or living with severe and persistent mental health conditions and their carers. Contracted to Samaritans Foundation.	HNELHD - Newcastle/Lake Macquarie
HNELHD	ARAFMI Family and Carer program	Provision of counselling, support groups, educational programs for carers and families of people with a mental health condition. Contracted to Samaritans Foundation.	HNELHD
HNELHD	Billabong program	Provision of social, recreational vocational, personal wellbeing and referral services tailored to individual needs of active members located in New England region. Contracted to Billabong Clubhouse Inc.	HNELHD – Tamworth
ISHLHD	ARAFMI - One Door Mental Health Family and Carer services	Community based service for families and carers supporting people experiencing mental health challenges. Provides information to families and carers via telephone and/or newsletters/brochures/handbooks. Empowers families and carers via coordinated education and support groups and provides a service that is integrated and connected with other mental health supports in the Illawarra community.	Helensburgh to Foxground
ISHLHD	Flourish Australia New Outlook Wollongong Project	Community based services that provide psychosocial groups with emphasis on peer led and peer co-facilitated sessions. Flourish provides in-reach into mental health inpatient settings to support early engagement, development of community network (sense of belonging), support transition out of acute hospital settings and reduce hospital re-admission.	Helensburgh to Foxground
ISHLHD	Southern Youth and Family Services Youth Health	Provides services to young people (12-25 years) in a casual drop in centre model. It is a safe place for young people to gain access to the support and services they need as well as make referrals required, in a non clinical setting that many of them feel more comfortable accessing.	ISLHD
MLHD	Supporting Recovery Service	Community based psychosocial supports to assist people to build personal resilience and sustainably manage the impacts of their health conditions. This service is intended to work closely and in collaboration with MLHD clinical services to provide complimentary care and shared care planning to support consumer participation economically and socially in the community to improve individual quality of life.	MLHD - Deniliquin and Griffith regions (Flourish) MLHD - Tumut, Temora and Young regions (Wellways)
MLHD	Home Based Outreach	Community based service designed to support people with severe mental health conditions to live independently in the community. This new approach was designed to be delivered using flexible,	MLHD - Tumut region including Tumbarumba, Gundagai, Batlow and Adelong communities

Reported by	Name	Description	Location
	Service - Flourish	individualised hours of support that respond to consumer need and changing demands across towns.	
NBMLHD	Young Peoples Program (YPP)	Provides recovery-oriented psychosocial outreach support to young people aged 16 - 24 years that have a lived experience of mental health issues.	NBMLHD catchment (LGAs - Penrith, Blue Mountains, Hawkesbury, Lithgow)
NNSWLHD	GROW	Community peer support and education to build social connections, psychosocial education, pathways to access employment.	NNSW LHD
NSLHD	Pioneer Clubhouse	Provides social contact for people with mental health conditions to reduce isolation, enhance participation through volunteer work, education and workplace training activities or activities that promote health and wellbeing.	Balgowlah, NSLHD
SESLHD	Young Peoples Outreach Program	Recovery focused community based psychosocial support program provided by Flourish Australia which is designed for young people (aged 15 to 25) with serious mental health conditions who are not a participant of the NDIS. The team work closely with clinicians to provide holistic support in the community. Short to medium term (average 6 months) support. Provides support for participant for on a 1:1 basis as well as workshops and social outings. Recovery goal-focused program.	SESLHD catchment area
SESLHD	STRIDE Mental Health	Community based rehabilitation and recovery service that provides a range of social, leisure and therapeutic programs for people with mental health conditions, working collaboratively with consumers to achieve person centred care.	Eastern Suburbs Sydney
SESLHD	Buckingham House - Flourish Australia	Provides supports to people in the community living with mental health issues to live meaningful and fulfilling lives. The centre provides a range of self-care, recreational, social, and skill development-based groups as well as individualised goal-based supports. Programs are based on consumer involvement through co-production, co-facilitation and/or peer support/peer workers.	Surry Hills, Sydney
SNSWLHD	Home Based Outreach Service (HBOS)	Originally modelled on the statewide HASI program as a greater need for support was identified by the LHD.	Queanbeyan/Cooma Goulburn/Yass Bega Valley
SWSLHD	Disability Trust	Assists participants to maintain stable mental health and wellbeing to enable them to live as independently as possible and without hospital admissions due to mental health challenges.	Wingecarribee and Wollondilly (SWSLHD)
SWSLHD	Community Links-Kaleidoscope Program	Supports children and young people in families with mental health conditions, using an early intervention framework. Note - partly in scope 12-17 year olds (4-11 year olds out of scope)	Wingecarribee and Wollondilly (SWSLHD)
WSLHD	Kurinda Adolescent Service - Stride Mental Health	Medium-term transitional supported living accommodation (24/7) for young people (aged 14-24). Three levels of supported accommodation are available: high support, semi-independent support and independent accommodation. Young people can stay from short to medium term, depending on their individual needs. The primary goal of the program is to assist young people to attain the skills they need to live independently in the community either on their own or with family or friends. Note – non acute bed-based support.	WSLHD
SLHD	Buduwa	Based on the Prevention and Recovery Care (PARC) model. A 10 bed collaborative partnership between SLHD and New Horizons offering short term recovery focused residential support and treatment services provided in a least restrictive care and supportive environment. Note – non acute bed-based support.	SLHD - suburb of Burwood
SLHD	Camperdown Units	24/7 supported accommodation and rehabilitation service with clinician in reach from the Camperdown Assertive Outreach Team.	Camperdown, Sydney

Reported by	Name	Description	Location
SLHD	Lilyfield outreach	Note – non acute bed-based support.	SLHD
SLHD	Mawarra	Transitional supported living for people with complex mental health problems and difficulties maintaining community tenure. Note – non acute bed-based support.	Ashfield, Sydney
SLHD	Biala	Medium term accommodation support for people living with complex mental health problems, functional deficits and difficulties maintaining community tenure. Note – non acute bed-based support.	Inner West, Sydney
MNCLHD	Momentum Collective Third Sector Australia Residential support recovery program	Community based NGO funded MAG service which aims to provide non-acute care to adults in residential settings. Services are residential in nature and provide accommodation and recovery oriented rehabilitation for people whose needs are associated with severe mental health conditions, the associated clinical symptoms, and unresolved psychosocial or functional disability. Note – non acute bed-based support.	Coffs Harbour
NNSWLHD	Momentum Collective	Community based psychosocial support to people with severe mental health conditions to live and participate in the community. Funded to provide psychosocial, daily living and medication support while LHDs provide clinical care. Funded to also provide 24/7 supported accommodation and transitional accommodation in the community. Note – non acute bed-based support.	NNSWLHD
SESLHD	Prevention and Recovery Centre-ICLA	Aims to facilitate early intervention and provide more intensive community supports in a step up/step down model in a least restrictive environment with recovery based and trauma informed care. PARC has a unique shared care model with PARC providing enhanced psychosocial supports and the Community Mental Health Team providing clinical supports. The model has 24/7 hour staffing , 7 days a week, with a mixed staffing model of clinical and non-clinical where guests stay for up to 28 days. Note – non acute bed-based support.	Bondi, Sydney
HNELHD	Tamworth Homeless Men's Program	Provision of short term accommodation, support and safety for men with mental health conditions who have been identified as being homeless or at risk of homelessness in the New England region. Contracted to Flourish Australia. Note – non acute bed-based support.	HNELHD – Tamworth
NSLHD	Northern Sydney Supported Accommodation Service (NSSA)	Two sites within the NSLHD, Mental Health Drug and Alcohol Service. Delivered within a psychosocial rehabilitation and recovery framework Note – non acute bed-based support.	NSLHD – Hornsby and Ryde Sectors
NSLHD	Stepping Stones: Mental Health Consumer Homelessness Intensive	Intensive rehabilitation program with the aim to support people with mental health conditions experiencing homelessness or at risk of homelessness. Supports development of living skills, community engagement, establishment of support networks and sustainable housing/discharge planning. Note – non acute bed-based support.	NSLSD - Macquarie Hospital

Reported by	Name	Description	Location
	Rehabilitation Program		

Notes: The NSW Department of Education reported that they do not fund any psychosocial support programs which would meet the definition for this analysis.

Programs determined out of scope

Table 2 lists the programs that were nominated for the analysis but were determined out of scope. The following principles were used to guide decisions about whether a program was out of scope:

- Programs that do not align with the Specialised Mental Health Community Support Services element in the NMHSPF taxonomy.
- Programs that were not operational during 2022–23.
- Programs that provide linkage/referral services only.
- Programs that are primarily clinical in focus or are considered a clinical substitution service (noting that these are covered under a different part of the NMHSPF taxonomy).
- Programs that are designed to have a suicide prevention focus.
- Programs that have an alcohol and other drug focus.

Programs that had insufficient data to be included or where it was not possible to separate the clinical and psychosocial support components.

- Programs where services do not align with psychosocial supports as defined for this analysis.
- Programs with broad or non-specific populations not specifically targeting people with moderate to severe mental health conditions (e.g supports available for the general population).
- Programs that are primarily exercise or physical health programs (compared to psychosocial support programs that include physical health components).

Table 2: Programs determined out of scope for the analysis

Funder	Name	Description	Location	Rationale
NSW Health	LikeMind	Provides coordinated health and social care services in a hub setting. Targeted at adults between 25 and 65 years with moderate to severe mental health conditions. Consumers can receive services in four areas: mental health, primary health, drug and alcohol and vocational and social needs (including linkages to employment and housing).	WNSWLHD NBMLHD WSLHD MLHD	Unable to separate clinical and psychosocial support
SENSW PHN	Next Steps Suicide Aftercare	A psychosocial program staffed by skilled peer workers who work closely with the person to help reduce their risk and take steps towards the life they want.	SNSWLHD and ISLHD	Suicide prevention focus
SENSW PHN	Integrated Recovery Service for people with severe/complex mental health conditions	Recovery-oriented services for adults with severe and complex episodic mental health needs. Delivered by mental health clinicians and peer support workers with lived experience of mental health conditions.	SNSWLHD and ISLHD except Shoalhaven LGA	Partly delivered by clinicians. Unable to separate non-clinical component
SENSW PHN	Shellharbour Head to Health	Psychological therapy as part of a multidisciplinary team that includes peer workers.	Shellharbour (ISLHD) or via telehealth	Not operating in 2022-23 financial year
SENSW PHN	Wollongong Mental Health Hub	Psychological therapy as part of a multidisciplinary team that includes peer workers.	Wollongong LGA	Not operating in 2022-23 financial year

Funder	Name	Description	Location	Rationale
SENSW PHN	Shoalhaven Mental Health Hub	Psychological therapy as part of a multidisciplinary team that includes peer workers.	Shoalhaven LGA	Not operating in 2022-23 financial year
SENSW PHN	Bega Mental Health Hub	Psychological therapy as part of a multidisciplinary team that includes peer workers.	Bega Valley LGA	Not operating in 2022-23 financial year
SENSW PHN	Moruya Head to Health	Psychological therapy as part of a multidisciplinary team that includes peer workers.	Eurobodalla and Snowy Monaro LGAs	Not operating in 2022-23 financial year
SENSW PHN	Queanbeyan Mental Health Hub	Psychological therapy as part of a multidisciplinary team that includes peer workers.	Queanbeyan-Palerang LGA	Not operating in 2022-23 financial year
SENSW PHN	Goulburn Mental Health Hub	Psychological therapy as part of a multidisciplinary team that includes peer workers.	Goulburn-Mulwaree LGA	Not operating in 2022-23 financial year
SENSW PHN	AOD services	Services may provide psychosocial supports to consumers.	All SENSW	Alcohol and other drug focused
SENSW PHN	Indigenous mental health services (Social and Emotional Wellbeing)	Services may provide psychosocial supports to consumers.	All SENSW	Unable to separate psychosocial support component
CESPHN	Keeping Body in Mind – Primary	Improve the physical health and wellbeing of people experiencing severe mental health conditions through evidence-based exercise and dietary interventions.	UNSW Lifestyle Clinic in Randwick (referrals from across CESPHN)	Physical health program
HNECCPHN	Psychosocial and AoD Comorbidity Support Program	Non-clinical community-based supports that aim to facilitate recovery in the community for people experiencing AoD concerns – through a range of services to help people manage daily activities, rebuild and maintain connections, build social skills and participate in education and employment.	All HNECCPHN. Residential/offices located: Mid-Coast Cessnock Newcastle Central Coast	Alcohol and other drug focused
HNECCPHN	Psychosocial Services for Children	Provide psychosocial support for children aged 5-12 years who are demonstrating behaviours as a result of mental health issues or whose parents/carers have a mental health condition, and the child is at risk of greater emotional, coping or behavioural issues, or school and community disengagement.	Tamworth Armidale	Age range under 12 years
HNECCPHN	Service Navigation	Provide a telephone service, assessing need and making appropriate referrals to services within the HNECCPHN.	HNECCPHN	Phone referral service
WSPHN	Youth Ambassador and Older Persons Mental Health Support Programs	Youth Ambassador - Mental Health literacy and suicide prevention programs focused on young people, in particular prominent refugee and asylum seeker groups (including South Sudanese, Hazara, Tamil and Arabic communities). The program develops the skillsets of young people to provide peer support, recognise the signs of mental distress, and navigate people to available services or cultural supports. Older Persons - supports migrant, asylum seeker and refugee seniors to overcome isolation and anxiety through social groups, skill development,	Auburn, Sydney	Workforce development program

Funder	Name	Description	Location	Rationale
		outdoor activities, age-appropriate fitness activities and cultural gatherings. The program works on identifying older people at increased risk of social isolation and any related health concerns - and supports them to access culturally appropriate services.		
WSPHN	The Shed	Targeted towards First Nations people. Supports people at risk of serious stress and suicide, generally on account of cumulative stress often due to disadvantaged situations, providing a platform of connection with many services such as public housing providers, legal services and financial counsellors.	Emerton	General target group (not people with moderate to severe mental health conditions)
WSPHN	Live Life Get Active	Free outdoor exercise camps provided by professionally qualified personal trainers in 7 locations across Western Sydney. The program is also offered online through on demand sessions.	Kellyville, Lidcombe, Merrylands, Parramatta, Rouse Hill, Telopea, Toongabbie	Physical health program
MPHN	Psychosocial Support Service Navigator	Improve access to the health system for people with severe mental health conditions and associated psychological disorders. Integrates with the provider's portfolio of complementary psychosocial support programs.	Across Murrumbidgee PHN region	Service navigation/referral service
MPHN	Psychosocial physical health and wellbeing initiative	To develop an integrated multi-strategy approach to improve physical health care outcomes for people with severe mental health conditions accessing primary care, mental health and psychosocial support services across the Murrumbidgee region.	Communities of Batlow, Boorowa, Coolamon, Cootamundra, Gundagai, Harden, Junee, Temora, Tumbarumba, Tumut, West Wyalong and Young.	Workforce development program
CCLHD	Mental Health Transitional Support Program (RRR)	The Resilience & Readmission Reduction initiative (RRR) is delivered by community partner, Uniting. The model harnesses expertise found in the CMO sector regarding the provision of psychosocial support.	CCLHD	Not operating in 2022-23 financial year
CCLHD	Housing and Psychosocial Support program.	The Road to Recovery (R2R) Program is a partnership program delivered by CCLHD, Local Community Housing Provider, Pacific Link Housing and psychosocial support provider Neami National. The program provides transitional accommodation and support for people experiencing homelessness through the provision of tenancy and living skills support.	CCLHD	Not operating in 2022-23 financial year
FWLHD	Broken Hill Safe Haven	Non-clinical, lived experience approach to providing support to people who are in distress and at increased risk of suicide. The Safe Haven offers a safe, comfortable environment for people to self present as required.	Broken Hill (And all NSW LHDs)	Suicide prevention focus

Funder	Name	Description	Location	Rationale
FWLHD	Far West SPOT (Suicide Prevention Outreach Team)	A mobile team of 1 Clinician and 1 Peer worker who can provide a timely response to any person in distress or at increased risk of suicide. The team provides a service in a person's home or community setting, in the hospital (ED, inpatient unit, recovery centre or general wards), and phone support to outreach areas.	Far West LHD (available in all NSW LHDs)	Suicide prevention focus
HNELHD	Face to Face Counselling contracted to Lifeline Direct	Provision of face-to-face mental health counselling. The service is non-clinical and operates 3 days per week (12 counselling hours) from a dedicated Lifeline counselling room. People using this service have been referred from the HNELHD community mental health, community organisations, GPs or are self-referred. Typically, consumers receive up to 6 counselling sessions.	HNELHD - Armidale and surrounds	Clinical substitution service
ISHLHD	Lifeline South Coast-Crisis Support Worker Training	Operates as part of the Lifeline Australia Network providing 24/7 suicide prevention and crisis support through the 13 11 14 phone line. Develop and maintain a highly skilled and supported crisis support worker team to provide suicide prevention and crisis support services through support worker training	Statewide	Workforce development program
ISHLHD	Next steps Suicide Aftercare	A four to 12-week psychosocial program for people who have presented in suicidal crisis to emergency departments or community mental health teams. The program is primarily staffed by skilled peer workers who work closely with the person around their drivers of suicide and goals to help reduce their risk and take steps towards the life they want. The person, along with the peer worker, will work collaboratively with a mental health clinician for the initial meeting and at four weekly reviews. Referrals come directly from ED or acute care team	ISLHD and SNSWLHD	Suicide prevention focus
ISHLHD	Safe Haven Wollongong - Stride	Alternative to ED which provides a safe, supported environment for consumers experiencing suicidal ideation. Support is received from peer workers in a non-clinical environment	Wollongong LGA	Prevention service
ISHLHD	Warminda Healing Counsellors program and women's health project	Aboriginal Child Sexual Assault - healing counsellors program, provides culturally appropriate therapeutic services to Aboriginal Children, young people and women and their families who have experienced interpersonal violence and abuse, with a focus on sexual abuse. Services incorporate cultural healing framework and methodologies in individual and community setting.	Shoalhaven District, with possible extension to Illawarra	Unable to separate clinical supports from psychosocial
ISHLHD	Illawarra Women's Health centre	Free or low cost and affordable medical, allied and complementary health care as well as health and wellbeing programs, groups and education to improve women's health.	ISHLHD	Not primarily psychosocial support
ISHLHD	Shoalhaven Women's Health Centre	Provide clinical, health promotion/education and referral services to women in the Nowra area, across the life stages. Promote good emotional and social wellbeing, provide early intervention, improve responses to domestic, sexual and family violence.	ISHLHD	Not primarily psychosocial support
JH&FMHN	Community Transitions Team (CTT)	Assertive multidisciplinary prison in-reach service that supports people to transition from custody into the community by arranging an array of biological, and psychosocial supports. The CTT operates out of prisons	Statewide (based in Sydney)	Primarily clinical service

Funder	Name	Description	Location	Rationale
		with mental health hubs in metro-Sydney in order to support people who have a diagnosis of severe and enduring mental health conditions, have a history of poor engagement with mental health services, receive mandated care in custody, are homeless and do not have access to NDIS psychosocial support programs when they come into custody.		
JH&FMHN	The Forensic Hospital NDIS Transitions Clinician	Pilot project funded through a Department of Social Security Grant under the Australian Disability Strategy. Designed to reduce the risk of harm for patients living with disability by improving information sharing, cross system supports and establishing streamlined internal systems, procedures, and referral processes at The Forensic Hospital to ensure seamless transitions and dynamic identification of risk between systems including health, justice, family, child-protection, and the NDIS.	The Forensic Hospital	Not primarily psychosocial support
JH&FMHN	Violence Reduction Program - Forensic Mental Health Forensic Hospital, JHFMHN	The Violence Reduction Program- Forensic Mental Health (VRP-FMH) is an adapted high intensity treatment program for forensic patients with a history of violence, who also have significant mental health concerns. The program aims to collaborate with patients to reduce episodes of aggression and violent reoffending in inpatient and community settings. It has been endorsed to be facilitated across all forensic mental health settings in NSW, including the community. Multiple stakeholder involvement from JHFMHN and LHDs with medium and low secure settings including WS LHD, HNE LHD and WNSW LHD. It is an approximately 10 month program divided into 3 phases with validated assessments to measure change and treatment progress.	Forensic Hospital Long Bay Correctional Complex Community Forensic Mental Health Services LHDs with forensic beds	Not primarily psychosocial support
JH&FMHN	NDIS Mental Health Officers (NMHO)	The overarching aim is to improve the access to and experience of the NDIS for people with psychosocial disability in NSW. This is achieved by assisting people with psychosocial disability to get the supports they need to live well in the community; and working with mental health staff to improve their skills and confidence in assisting consumers with the NDIS.	Statewide	NDIS referral and access
NBMLHD	NBMLHD Mental Health (Internal LHD employees) Peer Work Staffing Profile	NBMLHD's Peer Workforce operates across the following Clinical Ambulatory Mental Health Services: Triage and Assessment Centre (TAC), Plains Access, Blue Mountains Access, Homelessness Mental Health Team, Safe Haven, Suicide Prevention Outreach Team (SPOT), Pathways to Community Living Initiative (PCLI) Stage 2.	NBMLHD	Integrated into clinical service
NSLHD	Anglicare Emotional Wellbeing for Older People	Provides mental health services for older people who reside in Residential Aged Care facilities. This program aims to provide psychological and psychosocial therapies	NSPHN	Not primarily psychosocial support
NSLHD	The Way Back	Non-clinical psychosocial support for people following a suicide attempt	NSPHN	Suicide prevention focus
NSLHD	NSLHD Eating Disorder Service (EDS) - Care	Community based psychosocial support to people with suspected or diagnosed Eating Disorder, and their families and carers. Aims to assist patients and families in accessing appropriate community eating disorder treatment, provides interim eating disorder support (e.g. psychoeducation,	NSLHD	Not primarily psychosocial support

Funder	Name	Description	Location	Rationale
	Navigation/Transitional Care Service	information sharing, debriefing, skill development) until treatment accessed in the community. Also, offers support for people with an eating disorder who may be transitioning into and out of hospital for a smooth transition.		
NSLHD	Getting on track in time (GotIt)	School-based early intervention health program supporting children with their social and emotional wellbeing. The program assists parents and teachers to support children's emotional and social development.	NSLHD (available across NSW)	Not primarily psychosocial support
SLHD	Mental Health Peer Support Workers	Mental Health Peer Support, integrated into clinical services	SLHD	Integrated into clinical service
SLHD	Mental Health Carer Peer Support Worker	Supports carers with understanding from lived experience perspective, service navigation and problem solving. Position includes systems advocacy work.	SLHD	Integrated into clinical service
SLHD	COPMI	Support for children of parents with mental health conditions, includes health promotion style activities and consultation with adult services	SLHD	Supports children of people with mental health conditions
SLHD	Holy Spirit Agreement	Access to beds at Holy Spirit Nursing Home for older people requiring nursing home care. Modelled as transitional support, with patients transferred as appropriate to more suitable housing/ bed option.	SLHD - suburb of Croydon	Not primarily psychosocial supports
WSLHD	Gandangara	First Nations people presenting with a mental health conditions and alcohol and other drugs comorbidities impacting on positive social, emotional, spiritual and cultural wellbeing.	Liverpool LGA	Not primarily psychosocial supports
WSLHD	Tharawal	The program is designed to improve wellbeing outcomes of young people experiencing co-morbid AOD and mental health concerns.	South West Sydney	Primarily AOD supports
WSLHD	GROW	17 bed Long Term Rehabilitation Centre catering for both men and women over 18 years of age. Key focus on mental health and substance misuse disorder.	West Hoxton, South West Sydney	Not primarily psychosocial supports
WNSWLHD	Supported transfer of care(Peer-Stoc)	Designed to provide peer-led and recovery focused supports by qualified peer workers to individuals with complex mental health needs during a 6-week period of transition to home or community after an inpatient admission. These positions are usually based in community mental health teams and provide in-reach support to people prior to discharge and in the initial period following discharge.	Dubbo and Orange (available across NSW)	Not primarily psychosocial supports – clinical replacement service
OPMH	Mental health-residential aged care partnership services	Provide accommodation and support for older people with complex mental health needs and aged care needs in a residential aged care setting. Residential aged care facilities provide the accommodation and support, and LHD mental health services provide specialist clinical support to the residents/consumers and facility. NSW Ministry of Health provides top-up funding to the RAC provider to support additional, specialist aged care staffing, and LHDs have received additional funding to provide dedicated clinical inreach and partnership support. There are 2 MH-RAC service models: MHACPI transition units in residential aged care facilities (RACFs), and Specialist RACFs.	MHACPI unit: NBM LHD Specialist RACF: SLHD (2 SRACFs); WSLHD; WNSWLHD; NSLHD; HNELHD (under procurement)	Not primarily psychosocial supports

Notes: A decision to exclude a program from this analysis is not a reflection on the benefits of the program but is based on the definitions and alignment with the NMHSPF taxonomy.