

# NSW Suicide Monitoring System

Report 31. Data to March 2023.

This report provides estimates of suspected and confirmed suicides in NSW since 2019 from the NSW Suicide Monitoring and Data Management System.

## Warning

The following report contains information about the collection and reporting of suicide data in NSW. NSW Health acknowledges that behind these numbers are people, their families and their friends who are deeply affected by suicide. Some people may find the content of this report confronting or distressing. If affected in this way, please contact:

Beyond Blue, 1300 22 4636, [www.beyondblue.org.au](http://www.beyondblue.org.au) or Lifeline, 13 11 14, [www.lifeline.org.au](http://www.lifeline.org.au)

## What is the NSW Suicide Monitoring and Data Management System?

The NSW Suicide Monitoring and Data Management System is a collaboration between the NSW Ministry of Health, Department of Communities and Justice, the State Coroner and NSW Police. It estimates the number of recent suspected and confirmed suicides in NSW, using data collected by NSW Police and the State Coroner.

## Where does this suicide data come from?

All suicides or suspected suicides in NSW are reported to the Coroner. Data on these Police notifications of suspected suicides are obtained from the "JusticeLink" information system managed by NSW Department of Communities and Justice. As well as the initial Police advice, records are searched for potential indicators of suicide in other fields. These include the manner or place of death, and whether the person communicated their intention to family and friends. Each potential suicide death record is then screened manually by the Department of Communities and Justice to confirm the classification of suspected or confirmed suicide.

## How accurate is this data?

The data about suspected suicides are an estimate. A final determination of the manner of death can only be made by the Coroner after detailed enquiry. This will mean that there may be small differences in the number of suicides between reports for the same reporting period. The numbers reported for the most recent month may be underestimated due to time taken to record a report of a death. Evidence from Suicide Registers in other states shows that initial Police advice is usually accurate. However, once all facts are known some suspected suicide deaths are found to be due to other causes, and some deaths initially thought to be accidental are found to be due to suicide.

This report will differ from suicide statistics reported by the Australian Bureau of Statistics (ABS), which count suicide deaths which have been confirmed or are being finalised through the coronial process. ABS reported the number of suicide deaths in NSW was 960 in 2019, 876 in 2020, and 880 in 2021. National and state reports may also differ slightly in how they count years and locations of death. Some deaths occur in one year and are registered in another, and some deaths occur in a location in a different state from the person's address.

## Current findings

There have been 249 suspected or confirmed suicide deaths reported in NSW from 1 January to 31 March 2023.

	2019		2020		2021		2022		2023
Suspected suicide deaths in NSW	<b>946</b>	<b>239</b>	<b>899</b>	<b>230</b>	<b>909</b>	<b>243</b>	<b>963</b>	<b>250</b>	<b>249</b>
	Full year	1 January to 31 March	Full year	1 January to 31 March	Full year	1 January to 31 March	Full year	1 January to 31 March	1 January to 31 March

Table 1 Monthly frequency

	2019	2020	2021	2022	2023
<b>January</b>	76	79	101	80	92
<b>February</b>	72	63	56	73	66
<b>March</b>	91	88	86	97	91
<b>April</b>	57	58	74	94	-
<b>May</b>	67	65	78	76	-
<b>June</b>	67	68	65	60	-
<b>July</b>	74	85	75	98	-
<b>August</b>	78	88	63	75	-
<b>September</b>	85	76	66	80	-
<b>October</b>	92	65	78	74	-
<b>November</b>	92	77	69	80	-
<b>December</b>	95	87	98	76	-
<b>Total</b>	946	899	909	963	249

Table 2 Location of usual residence

	Full year				1 January to 31 March				
	2019	2020	2021	2022	2019	2020	2021	2022	2023
<b>Greater Sydney</b>	473	473	442	538	121	108	118	141	122
<b>Rest of NSW</b>	455	415	461	413	115	118	123	104	120
<b>Overseas/ Interstate</b>	15	11	6	10	3	4	2	5	7
<b>Total</b>	946	899	909	963	239	230	243	250	249

Table 3 Gender and age group

	Full year				1 January to 31 March				
	2019	2020	2021	2022	2019	2020	2021	2022	2023
<b>Total</b>	946	899	909	963	239	230	243	250	249
<b>Under 18</b>	30	30	31	25	6	10	8	7	8
<b>18-24</b>	108	95	78	79	24	27	17	28	20
<b>25-34</b>	171	165	166	168	42	35	53	36	46
<b>35-44</b>	164	137	163	178	40	37	48	48	50
<b>45-54</b>	186	172	155	166	51	52	37	44	43
<b>55-64</b>	133	133	127	165	34	28	27	38	41
<b>65-74</b>	82	78	87	90	23	17	24	24	24
<b>75-84</b>	43	50	62	63	10	12	21	16	13
<b>85 plus</b>	29	39	40	29	9	12	8	9	4
<b>Female</b>	214	226	238	217	55	48	64	59	56
<b>Under 18</b>	7	9	16	11	3	2	4	4	5
<b>18-24</b>	27	17	20	22	6	1	2	10	6
<b>25-34</b>	37	42	35	41	8	7	17	9	10
<b>35-44</b>	43	34	47	37	9	9	12	11	15
<b>45-54</b>	40	47	43	32	12	14	10	7	8
<b>55-64</b>	31	33	30	34	7	7	7	9	6
<b>65-74</b>	14	20	23	18	5	4	6	4	3
<b>75-84</b>	9	14	13	14	4	2	6	4	2
<b>85 plus</b>	6	10	11	8	1	2	-	1	1
<b>Male</b>	732	673	671	745	184	182	179	191	193
<b>Under 18</b>	23	21	15	14	3	8	4	3	3
<b>18-24</b>	81	78	58	57	18	26	15	18	14
<b>25-34</b>	134	123	131	126	34	28	36	27	36
<b>35-44</b>	121	103	116	141	31	28	36	37	35
<b>45-54</b>	146	125	112	134	39	38	27	37	35
<b>55-64</b>	102	100	97	131	27	21	20	29	35
<b>65-74</b>	68	58	64	72	18	13	18	20	21
<b>75-84</b>	34	36	49	49	6	10	15	12	11
<b>85 plus</b>	23	29	29	21	8	10	8	8	3

## Information about methods

Deaths have been coded as suspected suicides using a two-stage process of (i) computerised screening followed by (ii) manual review and checking by experienced staff from the NSW Department of Communities and Justice.

All deaths in the NSW JusticeLink database in 2019, 2020, 2021, 2022 and 2023 were screened. Deaths were flagged as "Suspected Suicides" if the apparent cause of death was described as suicide or suspected suicide, or if key fields included words suggesting specific suicide methods, that the person had left a note or indicated to their family or others that they intended to end their life. All deaths flagged as "Suspected Suicide" were then manually checked against other information, including the Coroner's determination where this was available.

Deaths were also flagged for screening if they met any of three other criteria. First, if the death occurred in circumstances that are sometimes due to suicide, such as drug overdoses or single vehicle accidents. Second, if Police had recorded that the person had previously attempted to end their life. Third, if the person had experienced recent stressors such as relationship breakups or job loss. All of these records were manually checked, and some were re-classified as "Suspected Suicide" deaths.

People with a recorded residential address in NSW were allocated to Capital City Geographical Area (Greater Sydney, Rest of NSW) using Australian Bureau of Statistics definitions. *Rest of NSW* includes the Level 4 Statistical Areas (SA4s) of Richmond - Tweed, Coffs Harbour, Grafton, Mid North Coast, Newcastle and Lake Macquarie, Hunter Valley, New England and North West, Central West, Far West and Orana, Murray, Riverina, Capital Region, Illawarra, Southern Highlands and Shoalhaven. Central Coast and Blue Mountains regions are included in Greater Sydney. People with an interstate or overseas address, or no address but a residency status of *Overseas Visitor* were classified as interstate or overseas visitors.

## Inclusion and exclusion criteria for reporting

Issue	What is included	What has been corrected	What is excluded
Month and Year of death	Deaths occurring in 2019, 2020, 2021, 2022 and 2023	Date of death is unknown for some records – the date of recording of death has been used for those records	Deaths occurring prior to 2019, even if registered in 2019 or 2020
Place of death	Deaths occurring in NSW, or involving a NSW resident and investigated by the State Coroner	Records where the place of death is unknown or missing are assumed to have occurred in NSW	Three records were excluded, one in 2019 and two in 2020. See note (1) below
Address of the person	All records; Totals include records where the address of the person is not known	No correction	No exclusion
Age group	All records; Totals include records where age is not known	No correction	No exclusion
Gender	All records; Totals include records where gender is not known or other	No correction	No exclusion

### Notes:

- (1) Three deaths of interstate residents were excluded where the incident occurred in the state of residence, but death occurred in a NSW hospital. These incidents were investigated by that state's Coroner and would be included in reporting in that state. A small number of incidents occurred in NSW and involved NSW Police and the Coroner, but death occurred after transfer to an interstate hospital: these are included in the figures in this report.