



Kevin Humphries MP

Minister for Mental Health

Minister for Healthy Lifestyles

Minister for Western NSW

MEDIA RELEASE

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EXPANSION OF NORTH COAST DRUG AND ALCOHOL TREATMENT SERVICES

A new program that will increase access to treatment and rehabilitation services for North Coast residents caught in the cycle of drug and alcohol addiction was today launched by Minister for Mental Health and Healthy Lifestyles, Kevin Humphries, and Minister for North Coast and Member for Ballina, Don Page.

Mr Humphries said the NSW Government has funded the Buttery in Binna Burra to expand its delivery of drug and alcohol treatment services to the Northern NSW region.

“The NSW Government has a strong commitment to helping people with drug and alcohol problems overcome their addictions, get back on their feet and lead meaningful lives in their communities,” Mr Humphries said.

“Through this funding the Buttery will deliver a methadone-to-abstinence rehabilitation residential treatment program, which is designed for people currently on opioid substitution treatment (methadone and buprenorphine) and who wish to live drug free.

“This new residential program includes educational groups, individual and group counselling and stress management practices such as yoga and meditation.

“It also provides opportunities for people to build their self-esteem and sense of personal responsibility through activities such as art and choir and low impact physical work around the property such as gardening.”

Mr Page said the program will increase the Buttery’s ability to provide a range of services to help people find purpose in their lives such as job training, as well as ongoing counselling and support for dependence.

“A significant focus of the new service will be to help re-integrate people recovering from drug and alcohol addiction back into the community,” Mr Page said.

“For nearly 40 years the Buttery has been dedicated to helping people with drug and alcohol issues find their way out of addiction by discovering their own worth, their strengths and their place in society.

“The NSW Government is committed to keeping people out of our acute hospital wards, out of our prisons and back in the community supporting themselves and making a valuable contribution, and this program will go a long way to helping the Buttery achieve these aims.”