



Kevin Humphries MP
Minister for Mental Health
Minister for Healthy Lifestyles
Minister for Western NSW

MEDIA RELEASE

Tuesday 1st October 2013

MENTAL HEALTH MONTH 2013 LAUNCHED

The Minister for Mental Health, Kevin Humphries, officially launched Mental Health Month 2013 today at a ceremony to recognise the achievements of individuals and organisations who have worked to improve understanding, awareness, service provision and the general mental health of our community.

Mr Humphries launched the month during the Mental Health Matters Awards, which are held annually to publicly acknowledge the high standard and on-going commitment demonstrated by those involved in innovative and effective programs which address key mental health issues at a local, regional or state-wide level.

“Today’s Awards highlight the outstanding and vital work being undertaken by both individuals and organisations across NSW to improve the lives of those amongst us touched by mental illness,” he said.

“Initiatives such as Mental Health Month and the Mental Health Matters Awards allow us to put a spotlight on the incredible work of those who are at the forefront of the mental health system in NSW.

“NSW is incredibly lucky to have such committed, hard-working mental health professionals across both the government and non-government sectors and I congratulate all today’s winners and nominees on their commitment to supporting people with a mental illness in NSW.”

2013 Mental Health Matters Award Winners

Category	Organisation or Individual	Project
Community Champion	Gabrielle Le Bon, Northern Rivers Social Development Council	The Lived Experience Project,
Aboriginal Social and Emotional Wellbeing	Waminda Women’s Health & Welfare Aboriginal Corporation	
Culturally and Linguistically Diverse Communities Award	South Eastern Sydney Local Health District	Connecting with Carers from Culturally and Linguistically Diverse Backgrounds in Mental Health
Family and Carer Involvement and Engagement	Beautiful Minds Community Committee	

Consumer Engagement and Participation	Heal for Life Foundation	
Mental Health Promoting Workplace	Department of Attorney General and Justice	Healthy Minds@Work: Mind your Mind Program
Research and Evaluation	The CADE Clinic	
Media - Local	The Border Mail	Ending the Suicide Silence Campaign
Media - National/Statewide	Joel Magarey	Freelance Journalist
Mental Health Promotion, Prevention of Mental Ill-health and Early Intervention	New England Medicare Local	Early Years Outreach
Cross Sector Collaboration	Mental Health Carers ARAFMI NSW Inc.	Project Air Strategy
Excellence in Service or Program Delivery	St John of God Hospital Burwood's Mother & Baby Unit	Circle of Security Program