



Jai Rowell MP

Minister for Mental Health
Assistant Minister for Health

Chris Holstein MP

Member for Gosford

MEDIA RELEASE

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CENTRAL COAST LOCAL SERVICES LEADING THE WAY IN MENTAL HEALTH AND DRUG AND ALCOHOL DELIVERY

Minister for Mental Health and Assistant Minister for Health Jai Rowell, and Member for Gosford, Chris Holstein, today visited several sites in the Central Coast region where local partnerships demonstrate the valuable work they do in providing on the ground services.

The pair met with Rhonda Wilson, Regional Manager of the Central Coast Association of Relatives and Friends of the Mentally Ill NSW (ARAFMI) a community based organisation providing support, referral and resources for carers of the mentally ill.

Mr Rowell said he was pleased to see that the vital work of carers is being well supported as the impact of mental illness on families and carers often goes unnoticed.

“The NSW Government is proud of the committed and locally engaged workforce that provides these services each day, often in extremely challenging circumstances” Mr Holstein said.

In Umina, the Minister for Mental Health and the Member for Gosford met with representatives from Hospital Art Australia Inc, who provide artwork to mental health units and hospitals all over the state to enhance patients’ mental wellbeing.

“Hospital Art Australia does wonderful work for the wider community and is to be congratulated for their commitment and positive impact that their artwork provides.”

A visit was also made to ‘The Glen’ an Aboriginal Residential Rehabilitation Service based at Tuggerah, that provides counselling, accommodation and work programs as well as a safe environment for those people who wish to do something positive about their addictions.

“Services like these provide the opportunity for people to build their self-confidence and sense of personal responsibility, so that they may re-integrate back into the community and make a meaningful contribution,” Mr Holstein said.

“The NSW Government is dedicated to keeping people out of acute hospital wards, emergency departments, and justice services, and providing opportunities for people to remain within the community for rehabilitation where possible. The Glen is a fantastic example of how these services can be successfully delivered.”