

Maternity in the OT: Bringing Baby EarthSIDE



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"The preferences really helped me bond with baby"

"The Caesarean Section felt less like a operation, more like a birth"

"My daughter's birth felt a lot less clinical, not as daunting"



"I felt that I had some control over the situation, which made me feel more relaxed"

"The nurses had a personal approach"

"The preferences made me feel Safe and valued"

AIM

To create a standardised communication method to ensure a women-centered approach within the Operating Theatre. To address the emotional, psychological and physical needs of the mother, baby and support person with the goal of creating a positive birth experience.

METHOD

The Essentials of Care framework was utilised to create the 'Bringing Baby EarthSIDE' resource which is used in the Operating Theatres as a communication tool for mothers to formalise their wishes and preferences to the surgical team.

Giving birth by Caesarean section can be a new and unfamiliar experience for many women. The Bringing Baby EarthSIDE resource assists in empowering mothers to communicate their choices during a caesarean birth. Support person, Skin-to-Skin and Breastfeeding Support ☐ Support person to cut baby's umbilical cord ☐ Mother to have skin to skin contact with baby after birth ☐ Support for Breastfeeding ☐ Photographs of mum, support person and baby are welcome in the OT however, no photographs of staff please. Delayed Cord Clamping and Dropping the Drape ☐ Delayed Cutting of the umbilical cord ☐ Dropping the Drape to enable mum and support person to see birth Extra Requests ☐ Extra requests such as a special song to play in the recovery room Please note; the preferences presented in this resource may not all be possible. Depending on the circumstances of birth. The safety of mother and baby will always be our priority

RESULTS

- Qualitative evidence of enhanced service delivery,
 maternal satisfaction and women centred care.
- Empowering women to participate in their own healthcare with 100% of women choosing to use the preference sheet.
- Effective and efficient team communication was achieved by providing a physical prompt for patient handover.
- Significant increase in delayed cord clamping; with 75% of respondents choosing the option.

CONCLUSION

The maternity in the OT project, following successful implementation and integration, has been successful in evolving the care of caesarean patients through creating positive birth experiences and facilitating team communication.