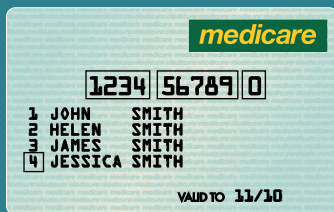


# Inzego za Reta Zitaho Ingwara z'Amenyo

Ubuwuzi bw'amenyo rusangi n'ubwihuta

Bitangwa ku buntu ku bana bafise imyaka muni ya 18  
bafise ikarata ya Medicare



Butangwa ku buntu ku bakuze bafise imwe mu  
makarata y'ukwivurizako



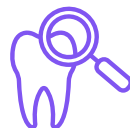
Iyugumire amenyo  
mu gitondo no  
mw'ijoro



Fungura ivyamwa  
n'imboga vyinshi  
kurushiriza



Hitamwo amazi  
nk'ikinyobwa



Isuzumisha  
amenyo kenshi



# Rondera kubonana n'umuganga w'amenyo

Hamagara kw'ivuriro ry'amenyo rya reta rikwegereye. Bazokubaza indôndôro zêrékeye Ikarata yawe y'Ukwivurizako. Asangwa ukúze, na ho nyene uzokenera idôndôrwa ry'ikarata yawe yo kwivurizako.

Ukéneye Ubuwuzi bw'Amenyo mu Bigo vyâ Reta, hamagara ku Numero: **1800 679 336**

## Ivyogufasha kwâkîrwa n'ubwo bufasha:

- Mu rurimi rwawe hamagara Inzego nsobanurandimi ku Numero **131 450**
- Asangwa ufise ubumuga bwo kwumviriza canke kuvúga, hamagara Ikigo c'Igihugu Kijejwe lhamagarwa ry'Abagendana ubwo bumuga ku Numero **1300 555 727**

## Nyarukira ku bitaro bikwegereye cane ni waba ufise:

- Ukuyimba mu maso canke ku gikanú
- Ukuva amaráso mu kanwa kudaherá
- Uruguma rudasanze mu maso hawe



Ukéneye Ayandi makurú, ja ku rubúga  
rwâcu:

[health.nsw.gov.au/oralhealth](https://health.nsw.gov.au/oralhealth)