

Look for early signs of tooth decay once a month

Healthy Teeth



White lines along the gum line



**Make
a dental
appointment
now**

Brown or yellow spots that don't brush off



**Urgent!
see a dentist or
dental therapist
now**





smile

see my

Check your child's teeth

Photo Source:
WA & NSW Oral Health
Services



Graphics Source:
Calgary Health Region 2001

Translations: www.health.nsw.gov.au/mhcs/topics/Dental_Care.html

Keep your child's teeth healthy



**Put bub to bed without
a bottle**

**Offer a cup from around
6 months of age**



**Start brushing when
bub gets their first tooth**

**Visit your local dental clinic or health service
for more advice**

Phone no: