

Check your child's teeth

LIFT
the **LIP**

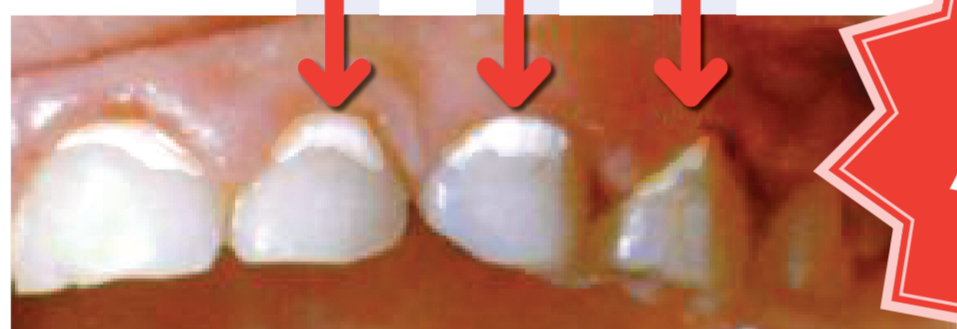
and look inside

Look for early signs of tooth decay once a month

Healthy Teeth



White lines along the gum line



**Make
A Dental
Appointment
NOW!**



*Talk to your Doctor or Nurse
about your child's teeth*

Brown or yellow spots that don't brush off



**Make An
URGENT
Dental
Appointment!**

Keep your child's teeth healthy with 3 easy steps



Put your baby to bed without a bottle
(stop the bottle at around 12 months of age)



Start drinking from a cup at around 6 months of age
(boil tap water until 12 months of age)



Start brushing when your baby gets their first tooth
(use low fluoride toothpaste from 18 months of age)