

Look for early signs of tooth decay once a month

Healthy Teeth



White lines along the gum line



Make a dental appointment now

Brown or yellow spots that don't brush off



Urgent! See a dental practitioner now





See my smile

Check your child's teeth

Photo Source:
WA & NSW Oral
Health Services
Graphics Source:
Calgary Health
Region 2001



For more information: www.health.nsw.gov.au/oralhealth

Keep your child's teeth healthy



Put bub to bed without a bottle

Offer a cup from around 6 months of age



Start brushing when bub gets their first tooth

Visit your local dental clinic
or health service for more advice

Phone no: