

# See my deadly smile

My name is

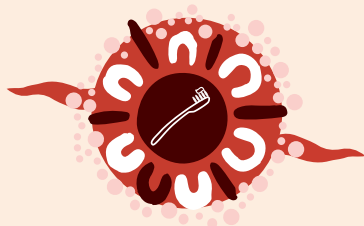
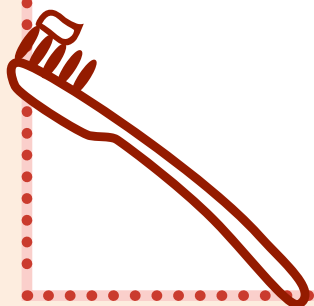
I live on

Country

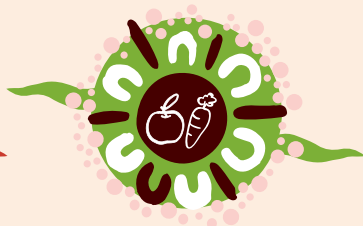


To find out what Country you live on, scan the QR code or visit [aiatsis.gov.au/explore/map-indigenous-australia](https://aiatsis.gov.au/explore/map-indigenous-australia)

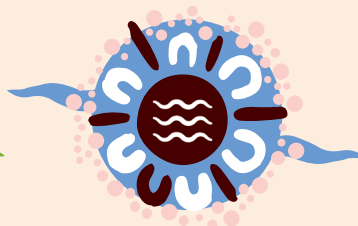
Draw your deadly smile



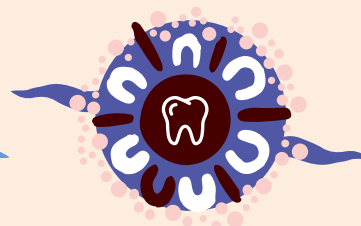
**BRUSH** YOUR TEETH  
MORNING AND  
NIGHT



EAT MORE **FRUIT**  
AND **VEGIES**










CHOOSE **WATER** AS  
A DRINK

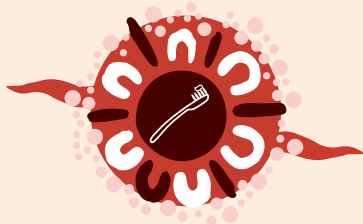


HAVE REGULAR  
DENTAL  
**CHECK-UPS**

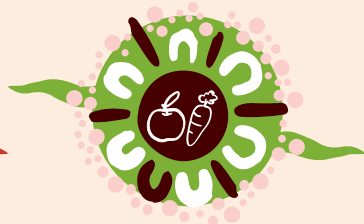
# Healthy teeth and deadly smiles toothbrushing chart

I am strong, proud and deadly because I brush my teeth every morning and night!  
Be sure to check off a box every time you brush your teeth in the chart below.

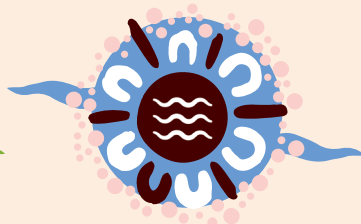
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Week 1	 Morning						
	 Night						
Week 2	 Morning						
	 Night						
Week 3	 Morning						
	 Night						
Week 4	 Morning						
	 Night						



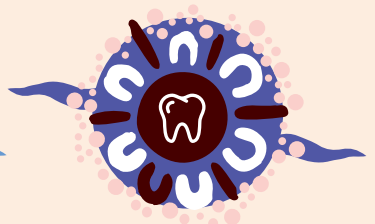
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HAVE REGULAR  
DENTAL  
**CHECK-UPS**