

# Integrated Trauma-Informed Care Framework: My story, my health, my future



## Trauma, violence, abuse and neglect statistics

An estimated

# 57% to 75%

of **Australians** will experience a potentially **traumatic event in their lifetime**.<sup>1</sup>



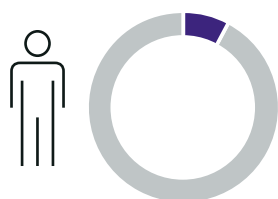
### Violence by an intimate partner



**1 in 6** people  
(16% or 2.9m)  
experienced **violence**<sup>3</sup>  
by an intimate partner<sup>4</sup>



**1 in 4** women  
(2.2 million)



**1 in 13** men  
(703,000)

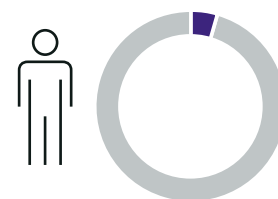
### Sexual violence



**1 in 9** people  
(11.7% or 2.2m)  
experienced **sexual violence**<sup>5</sup>



**1 in 5** women  
(1.7 million)



**1 in 20** men  
(428,000)

Extensive research indicates **violence, abuse and neglect** and other **adverse childhood experiences (ACEs)**<sup>8</sup> have **serious outcomes** for women, children and men's **health**. These health and wellbeing outcomes are **cumulative** and may be **incrementally worse** for people experiencing **multiple types of abuse** or other **ACEs**.



Physical injuries



Mental health

1. Rossman, 2002 & Mills et al., 2011 cited in [Bendall et al., 2018](#) 2. Copeland et al., 2007 & McLaughlin et al., 2013 cited in [Bendall et al., 2018](#) 3. Physical and/or sexual violence since the age of 15. 4. Current and/or previous partner, girlfriend, boyfriend or date. 5. Sexual assault and sexual threat since the age of 15. 6. Physical and/or sexual abuse by an adult (18 years and over) before the age of 15. 7. Physical assault only witnessed before the age of 15. 8. In addition to violence, abuse and neglect, ACEs include parental substance abuse, mental health, separation, & incarceration.

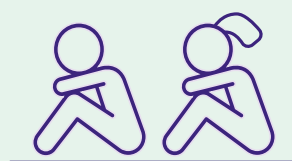
# Integrated Trauma-Informed Care Framework: *My story, my health, my future*



An estimated

## half to two thirds

of young people have been exposed to at least one **traumatic event** by the time they turn 16.<sup>2</sup>



### Child abuse (before the age of 15)

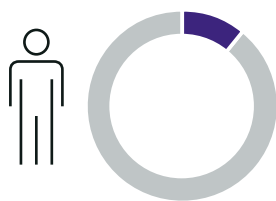


**1 in 8** people  
(13% or 2.5m)

18 years and over  
experienced **child abuse**<sup>6</sup>



**1 in 6** women  
(1.5 million)

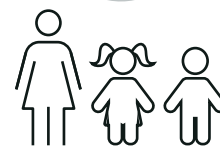


**1 in 9** men  
(991,600)

### Witness violence to parent

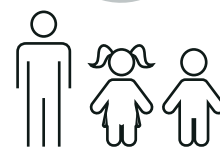
**1 in 9**  
Australians  
(2m)

witnessed  
**violence**<sup>7</sup> towards  
their **mother**  
by a partner



**1 in 22**  
Australians  
(819,000)

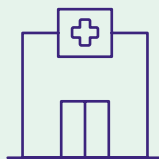
witnessed  
**violence**<sup>7</sup> towards  
their **father**  
by a partner



Death



Physical  
health



Chronic  
disease



Sexual and  
reproductive  
health



Behaviours  
associated with  
risk