

Supplementary A

These questions are to find out what students, like yourself, feel and do about a range of health behaviours, including smoking, buying cigarettes and alcohol, and about you and about your general wellbeing.

SECTION A

The following questions are about smoking cigarettes

1. How hard do you think it would be for someone to give up smoking?

Tick 1 box only.

- 1 Impossible
- 2 Very hard
- 3 Fairly hard
- 4 Not too hard
- 5 Easy

2. Where do you smoke?

You may tick more than one box.

- 01 I don't smoke at all
Go to Question 7
- 02 At the beach, park or recreation area
- 03 At parties
- 04 At home
- 05 At my friend's home(s)
- 06 At school
- 07 Travelling to or from school
- 08 At work
- 09 In hotels, pubs or clubs
- 10 In shopping areas
- 98 Other (please specify) _____

3. Do you think you are addicted to tobacco smoking?

- 1 Yes
- 2 No
- 3 I am not sure

4. Would you like to quit smoking?

- 1 Yes
- 2 No
- 3 I am not sure

5. Have you tried to quit smoking in the last 12 months?

- 1 Yes have tried to give up _____ times
- 2 I smoke but have not tried to quit in the last 12 months
Go to Question 7

6. The last time you tried to quit, how long had you quit for?

- 1 Less than a day
- 2 1 to 2 days
- 3 2 to 6 days
- 4 Between 1 week and 1 month
- 5 Between 1 month and 3 months
- 6 More than 3 months

7. Have you seen any cigarette advertising in the last 6 months?

You may tick more than 1 box.

- 1 No
- 2 Yes, in magazines or newspapers
- 3 Yes, on the internet
- 4 Yes, in shops or tobacconists
- 5 Yes, on billboards
- 6 Yes, at a sports event
- 7 Yes, while watching TV coverage of a sports event

8. Do you think smoking by celebrities (eg. movie stars, TV personalities, models, sports stars) encourages young people to take up smoking?

- 1 Yes
- 2 No
- 3 Not sure

SECTION B

The following questions are about buying cigarettes

9. Have you ever tried to buy cigarettes from a shop?

- 1 No
Go to Section C, Question 14
- 2 Yes
Go to Question 10

10. Has a shopkeeper ever refused you service when you tried to buy cigarettes?

Tick 1 box only.

- 1 No
- 2 Yes, once or twice
- 3 Yes, frequently

11. Has a shopkeeper ever asked you for proof of your age or identification (ID) when you tried to buy cigarettes?

- 1 No
- 2 Yes, once or twice
- 3 Yes, frequently

12. Have you ever used a friend's identification (ID) or a fake identification (ID) to purchase cigarettes?

- 1 No
- 2 Yes, once or twice
- 3 Yes, frequently

13. Have you ever bought cigarettes over the Internet or by phone, fax or mail order?

You may tick more than 1 box.

- 1 No
- 2 Yes, over the Internet
- 3 Yes, by phone, fax or mail order

SECTION C

The following questions are about buying alcohol.

14. Have you ever tried to buy alcohol at a hotel, pub, club, restaurant, nightclub or bottleshop?

- 1 No
Go to Section D, Question 20
- 2 Yes
Go to Question 15

15. How often have you been refused service in a hotel, club, pub, restaurant, nightclub or bottleshop?
Please tick 1 box in each line.
- | | Never | 1-4 times | 5 or more times |
|--------------------------|----------------------------|----------------------------|----------------------------|
| Hotel, pub or club | 1 <input type="checkbox"/> | 2 <input type="checkbox"/> | 3 <input type="checkbox"/> |
| Restaurant | 1 <input type="checkbox"/> | 2 <input type="checkbox"/> | 3 <input type="checkbox"/> |
| Nightclub or dance venue | 1 <input type="checkbox"/> | 2 <input type="checkbox"/> | 3 <input type="checkbox"/> |
| Bottleshop | 1 <input type="checkbox"/> | 2 <input type="checkbox"/> | 3 <input type="checkbox"/> |
16. How often have you been asked for proof of your age or identification (ID) when entering and/or asking for alcohol at a hotel, pub, club, restaurant, nightclub or bottleshop?
Please tick 1 box in each line.
- | | Never | 1-4 times | 5 or more times |
|--------------------------|----------------------------|----------------------------|----------------------------|
| Hotel, pub or club | 1 <input type="checkbox"/> | 2 <input type="checkbox"/> | 3 <input type="checkbox"/> |
| Restaurant | 1 <input type="checkbox"/> | 2 <input type="checkbox"/> | 3 <input type="checkbox"/> |
| Nightclub or dance venue | 1 <input type="checkbox"/> | 2 <input type="checkbox"/> | 3 <input type="checkbox"/> |
| Bottleshop | 1 <input type="checkbox"/> | 2 <input type="checkbox"/> | 3 <input type="checkbox"/> |
17. How often have you used someone else's identification (ID) or fake identification (ID) to enter and or ask for alcohol at a hotel, club, restaurant, nightclub or bottleshop?
- 1 Never
Go to Section D, Question 20
- 2 Yes, once or twice
- 3 Yes, frequently
18. If you have used someone else's identification (ID) or fake identification (ID), what type of document was it?
You may tick more than 1 box.
- 1 Someone else's proof of age card or driver's license
- 2 A fake proof of age card
- 3 A fake learner's or driver's license
- 4 A stolen proof of age card
- 5 A stolen learner's or driver's license
- 8 Other document (please specify) _____
19. Have you ever bought alcohol over the Internet or by phone, fax or mail order?
You may tick more than 1 box.
- 1 No
- 2 Yes, over the Internet
- 3 Yes, by phone, fax or mail order

SECTION D

The following questions are about feeling unhappy, sad or depressed.

20. During the last 6 months, was there a time when you felt unhappy, sad, or depressed?
Please tick 1 box only.
- 1 No
Please go to Section E
- 2 Yes, at home and at school
- 3 Yes, but only at home
- 4 Yes, but only at school
21. When you were feeling unhappy, sad or depressed, how bad was it for you?
Please tick 1 box only.
- 1 Almost more than I can take
- 2 Quite bad
- 3 Worse than usual
- 4 About usual

22. When you were feeling unhappy, sad or depressed, who did you talk to about it?

You may tick more than 1 box.

- 1 No one
Please go to Section E
- 2 My family
- 3 My friend(s)
- 4 Teachers or school counsellors
- 5 Doctors or other health professionals
- 6 Religious advisors or groups
- 7 Helpline/ Internet etc
- 8 Other person or group (Please describe) _____

23. If you talked to someone about feeling unhappy, sad or depressed, how helpful were they?

Tick 1 box only.

- 1 Not at all helpful
- 2 Somewhat helpful
- 3 Quite helpful
- 4 Very helpful

SECTION E

The following questions are about feeling nervous, stressed, or under pressure.

24. During the last 6 months, was there a time when you felt nervous, stressed, or under pressure?

Tick 1 box only.

- 1 No
Please go to Section F
- 2 Yes, at home and at school
- 3 Yes, but only at home
- 4 Yes, but only at school

25. When you were feeling nervous, stressed, or under pressure, how bad was it for you?

Tick 1 box only.

- 1 Almost more than I can take
- 2 Quite bad
- 3 Worse than usual
- 4 About usual

26. When you were feeling nervous, stressed, or under pressure, who did you talk to about it?

You may tick more than 1 box.

- 1 No one
Please go to Section F
- 2 My family
- 3 My friend(s)
- 4 Teachers or school counsellors
- 5 Doctors or other health professionals
- 6 Religious advisors or groups
- 7 Helpline–Internet etc
- 8 Other person or group (Please describe) _____

27. If you talked to someone about feeling nervous, stressed, or under pressure, how helpful were they?

Tick 1 box only.

- 1 Not at all helpful
- 2 Somewhat helpful
- 3 Quite helpful
- 4 Very helpful

SECTION F

The following questions are about being in trouble because of your behaviour.

28. During the last 6 months, was there a time when you were in trouble because of your behaviour?

Tick 1 box only.

- 1 No
Go to Section G
2 Yes, at home and at school
3 Yes, but only at home
4 Yes, but only at school

29. When you were in trouble because of your behaviour, how bad was it for you?

Tick 1 box only.

- 1 Almost more than I can take
2 Quite bad
3 Worse than usual
4 About usual

30. When you were in trouble because of your behaviour, who did you talk to about it?

You may tick more than 1 box.

- 1 No one
Please go to Section G
2 My family
3 My friend(s)
4 Teachers or school counsellors
5 Doctors or other health professionals
6 Religious advisors or groups
7 Helpline–Internet, etc.
8 Other person or group (Please describe) _____

31. If you talked to someone about being in trouble because of your behaviour, how helpful were they?

Tick 1 box only.

- 1 Not at all helpful
2 Somewhat helpful
3 Quite helpful
4 Very helpful

SECTION G

The following questions are about study problems that affect your school performance.

32. During the last 6 months, was there a time when you had problems studying at home or school that affected your performance in school tests and other work?

Tick 1 box only.

- 1 No
Completed—No further questions
2 Yes, at home and at school
3 Yes, but only at home
4 Yes, but only at school

33. When you were having those study problems, how bad was it for you?

Tick 1 box only.

- 1 Almost more than I can take
2 Quite bad
3 Worse than usual
4 About usual

34. When you were having those study problems, who did you talk to about it?

You may tick more than 1 box.

- 1 No one
Completed—No further questions
- 2 My family
- 3 My friend(s)
- 4 Teachers or school counsellors
- 5 Doctors or other health professionals
- 6 Religious advisors or groups
- 7 Helpline–Internet, etc.
- 8 Other person or group (Please describe) _____

35. If you talked to someone about having those study problems, how helpful were they?

Tick 1 box only.

- 1 Not at all helpful
- 2 Somewhat helpful
- 3 Quite helpful
- 4 Very helpful

Thank you very much for your help. You have completed the survey.