**Supplementary A**

These questions are to find out what students, like yourself, feel and do about a range of health behaviours, including smoking, buying cigarettes and alcohol, and about you and about your general wellbeing.

**SECTION A**

The following questions are about smoking cigarettes

1. **How hard do you think it would be for someone to give up smoking?**
   
   *Tick 1 box only.*

   1  □  Impossible
   2  □  Very hard
   3  □  Fairly hard
   4  □  Not too hard
   5  □  Easy

2. **Where do you smoke?**
   
   *You may tick more than one box.*

   01  □  I don’t smoke at all
   02  □  At the beach, park or recreation area
   03  □  At parties
   04  □  At home
   05  □  At my friend’s home(s)
   06  □  At school
   07  □  Travelling to or from school
   08  □  At work
   09  □  In hotels, pubs or clubs
   10  □  In shopping areas
   98  □  Other (please specify) ___________________________

3. **Do you think you are addicted to tobacco smoking?**
   
   1  □  Yes
   2  □  No
   3  □  I am not sure

4. **Would you like to quit smoking?**
   
   1  □  Yes
   2  □  No
   3  □  I am not sure

5. **Have you tried to quit smoking in the last 12 months?**
   
   1  □  Yes have tried to give up _______ times
   2  □  I smoke but have not tried to quit in the last 12 months

   *Go to Question 7*

6. **The last time you tried to quit, how long had you quit for?**
   
   1  □  Less than a day
   2  □  1 to 2 days
   3  □  2 to 6 days
   4  □  Between 1 week and 1 month
   5  □  Between 1 month and 3 months
   6  □  More than 3 months
7. Have you seen any cigarette advertising in the last 6 months?
   
   You may tick more than 1 box.
   1 ☐ No
   2 ☐ Yes, in magazines or newspapers
   3 ☐ Yes, on the internet
   4 ☐ Yes, in shops or tobacconists
   5 ☐ Yes, on billboards
   6 ☐ Yes, at a sports event
   7 ☐ Yes, while watching TV coverage of a sports event

8. Do you think smoking by celebrities (eg. movie stars, TV personalities, models, sports stars) encourages young people to take up smoking?
   
   1 ☐ Yes
   2 ☐ No
   3 ☐ Not sure

SECTION B

The following questions are about buying cigarettes

9. Have you ever tried to buy cigarettes from a shop?
   
   1 ☐ No
   2 ☐ Yes, once or twice
   3 ☐ Yes, frequently

10. Has a shopkeeper ever refused you service when you tried to buy cigarettes?
    
    Tick 1 box only.
    1 ☐ No
    2 ☐ Yes, once or twice
    3 ☐ Yes, frequently

11. Has a shopkeeper ever asked you for proof of your age or identification (ID) when you tried to buy cigarettes?
    
    1 ☐ No
    2 ☐ Yes, once or twice
    3 ☐ Yes, frequently

12. Have you ever used a friend’s identification (ID) or a fake identification (ID) to purchase cigarettes?
    
    1 ☐ No
    2 ☐ Yes, once or twice
    3 ☐ Yes, frequently

13. Have you ever bought cigarettes over the Internet or by phone, fax or mail order?
    
    You may tick more than 1 box.
    1 ☐ No
    2 ☐ Yes, over the Internet
    3 ☐ Yes, by phone, fax or mail order

SECTION C

The following questions are about buying alcohol.

14. Have you ever tried to buy alcohol at a hotel, pub, club, restaurant, nightclub or bottleshop?
    
    1 ☐ No
    2 ☐ Yes

    Go to Section D, Question 20

    Go to Question 15
15. How often have you been refused service in a hotel, club, pub, restaurant, nightclub or bottleshop?

<table>
<thead>
<tr>
<th>Please tick 1 box in each line.</th>
<th>Never</th>
<th>1–4 times</th>
<th>5 or more times</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hotel, pub or club</td>
<td>1</td>
<td>2</td>
<td>3</td>
</tr>
<tr>
<td>Restaurant</td>
<td>1</td>
<td>2</td>
<td>3</td>
</tr>
<tr>
<td>Nightclub or dance venue</td>
<td>1</td>
<td>2</td>
<td>3</td>
</tr>
<tr>
<td>Bottleshop</td>
<td>1</td>
<td>2</td>
<td>3</td>
</tr>
</tbody>
</table>

16. How often have you been asked for proof of your age or identification (ID) when entering and/or asking for alcohol at a hotel, pub, club, restaurant, nightclub or bottleshop?

<table>
<thead>
<tr>
<th>Please tick 1 box in each line.</th>
<th>Never</th>
<th>1–4 times</th>
<th>5 or more times</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hotel, pub or club</td>
<td>1</td>
<td>2</td>
<td>3</td>
</tr>
<tr>
<td>Restaurant</td>
<td>1</td>
<td>2</td>
<td>3</td>
</tr>
<tr>
<td>Nightclub or dance venue</td>
<td>1</td>
<td>2</td>
<td>3</td>
</tr>
<tr>
<td>Bottleshop</td>
<td>1</td>
<td>2</td>
<td>3</td>
</tr>
</tbody>
</table>

17. How often have you used someone else’s identification (ID) or fake identification (ID) to enter and or ask for alcohol at a hotel, club, restaurant, nightclub or bottleshop?

1. Never

   Go to Section D, Question 20

2. Yes, once or twice

3. Yes, frequently

18. If you have used someone else’s identification (ID) or fake identification (ID), what type of document was it?

   You may tick more than 1 box.

1. Someone else’s proof of age card or driver’s license

2. A fake proof of age card

3. A fake learner’s or driver’s license

4. A stolen proof of age card

5. A stolen learner’s or driver’s license

6. Other document (please specify) ________________________________

19. Have you ever bought alcohol over the Internet or by phone, fax or mail order?

   You may tick more than 1 box.

1. No

2. Yes, over the Internet

3. Yes, by phone, fax or mail order

SECTION D

The following questions are about feeling unhappy, sad or depressed.

20. During the last 6 months, was there a time when you felt unhappy, sad, or depressed?

   Please tick 1 box only.

1. No

   Please go to Section E

2. Yes, at home and at school

3. Yes, but only at home

4. Yes, but only at school

21. When you were feeling unhappy, sad or depressed, how bad was it for you?

   Please tick 1 box only.

1. Almost more than I can take

2. Quite bad

3. Worse than usual

4. About usual
22. When you were feeling unhappy, sad or depressed, who did you talk to about it?

*You may tick more than 1 box.*

<p>| | | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>☐</td>
<td>No one</td>
</tr>
<tr>
<td></td>
<td></td>
<td><em>Please go to Section E</em></td>
</tr>
<tr>
<td>2</td>
<td>☐</td>
<td>My family</td>
</tr>
<tr>
<td>3</td>
<td>☐</td>
<td>My friend(s)</td>
</tr>
<tr>
<td>4</td>
<td>☐</td>
<td>Teachers or school counsellors</td>
</tr>
<tr>
<td>5</td>
<td>☐</td>
<td>Doctors or other health professionals</td>
</tr>
<tr>
<td>6</td>
<td>☐</td>
<td>Religious advisors or groups</td>
</tr>
<tr>
<td>7</td>
<td>☐</td>
<td>Helpline/Internet etc</td>
</tr>
<tr>
<td>8</td>
<td>☐</td>
<td>Other person or group (Please describe) ________________</td>
</tr>
</tbody>
</table>

23. If you talked to someone about feeling unhappy, sad or depressed, how helpful were they?

*Tick 1 box only.*

<p>| | | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>☐</td>
<td>Not at all helpful</td>
</tr>
<tr>
<td>2</td>
<td>☐</td>
<td>Somewhat helpful</td>
</tr>
<tr>
<td>3</td>
<td>☐</td>
<td>Quite helpful</td>
</tr>
<tr>
<td>4</td>
<td>☐</td>
<td>Very helpful</td>
</tr>
</tbody>
</table>

**SECTION E**

The following questions are about feeling nervous, stressed, or under pressure.

24. During the last 6 months, was there a time when you felt nervous, stressed, or under pressure?

*Tick 1 box only.*

<p>| | | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>☐</td>
<td>No</td>
</tr>
<tr>
<td></td>
<td></td>
<td><em>Please go to Section F</em></td>
</tr>
<tr>
<td>2</td>
<td>☐</td>
<td>Yes, at home and at school</td>
</tr>
<tr>
<td>3</td>
<td>☐</td>
<td>Yes, but only at home</td>
</tr>
<tr>
<td>4</td>
<td>☐</td>
<td>Yes, but only at school</td>
</tr>
</tbody>
</table>

25. When you were feeling nervous, stressed, or under pressure, how bad was it for you?

*Tick 1 box only.*

<p>| | | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>☐</td>
<td>Almost more than I can take</td>
</tr>
<tr>
<td>2</td>
<td>☐</td>
<td>Quite bad</td>
</tr>
<tr>
<td>3</td>
<td>☐</td>
<td>Worse than usual</td>
</tr>
<tr>
<td>4</td>
<td>☐</td>
<td>About usual</td>
</tr>
</tbody>
</table>

26. When you were feeling nervous, stressed, or under pressure, who did you talk to about it?

*You may tick more than 1 box.*

<p>| | | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>☐</td>
<td>No one</td>
</tr>
<tr>
<td></td>
<td></td>
<td><em>Please go to Section F</em></td>
</tr>
<tr>
<td>2</td>
<td>☐</td>
<td>My family</td>
</tr>
<tr>
<td>3</td>
<td>☐</td>
<td>My friend(s)</td>
</tr>
<tr>
<td>4</td>
<td>☐</td>
<td>Teachers or school counsellors</td>
</tr>
<tr>
<td>5</td>
<td>☐</td>
<td>Doctors or other health professionals</td>
</tr>
<tr>
<td>6</td>
<td>☐</td>
<td>Religious advisors or groups</td>
</tr>
<tr>
<td>7</td>
<td>☐</td>
<td>Helpline–Internet etc</td>
</tr>
<tr>
<td>8</td>
<td>☐</td>
<td>Other person or group (Please describe) ________________</td>
</tr>
</tbody>
</table>

27. If you talked to someone about feeling nervous, stressed, or under pressure, how helpful were they?

*Tick 1 box only.*

<p>| | | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>☐</td>
<td>Not at all helpful</td>
</tr>
<tr>
<td>2</td>
<td>☐</td>
<td>Somewhat helpful</td>
</tr>
<tr>
<td>3</td>
<td>☐</td>
<td>Quite helpful</td>
</tr>
<tr>
<td>4</td>
<td>☐</td>
<td>Very helpful</td>
</tr>
</tbody>
</table>
SECTION F
The following questions are about being in trouble because of your behaviour.

28. During the last 6 months, was there a time when you were in trouble because of your behaviour?

Tick 1 box only.
1. ☐ No
   Go to Section G
2. ☐ Yes, at home and at school
3. ☐ Yes, but only at home
4. ☐ Yes, but only at school

29. When you were in trouble because of your behaviour, how bad was it for you?

Tick 1 box only.
1. ☐ Almost more than I can take
2. ☐ Quite bad
3. ☐ Worse than usual
4. ☐ About usual

30. When you were in trouble because of your behaviour, who did you talk to about it?

You may tick more than 1 box.
1. ☐ No one
   Please go to Section G
2. ☐ My family
3. ☐ My friend(s)
4. ☐ Teachers or school counsellors
5. ☐ Doctors or other health professionals
6. ☐ Religious advisors or groups
7. ☐ Helpline–Internet, etc.
8. ☐ Other person or group (Please describe) ____________________________

31. If you talked to someone about being in trouble because of your behaviour, how helpful were they?

Tick 1 box only.
1. ☐ Not at all helpful
2. ☐ Somewhat helpful
3. ☐ Quite helpful
4. ☐ Very helpful

SECTION G
The following questions are about study problems that affect your school performance.

32. During the last 6 months, was there a time when you had problems studying at home or school that affected your performance in school tests and other work?

Tick 1 box only.
1. ☐ No
   Completed—No further questions
2. ☐ Yes, at home and at school
3. ☐ Yes, but only at home
4. ☐ Yes, but only at school

33. When you were having those study problems, how bad was it for you?

Tick 1 box only.
1. ☐ Almost more than I can take
2. ☐ Quite bad
3. ☐ Worse than usual
4. ☐ About usual
34. When you were having those study problems, who did you talk to about it?

*You may tick more than 1 box.*

1. [ ] No one
   *Completed—No further questions*
2. [ ] My family
3. [ ] My friend(s)
4. [ ] Teachers or school counsellors
5. [ ] Doctors or other health professionals
6. [ ] Religious advisors or groups
7. [ ] Helpline–Internet, etc.
8. [ ] Other person or group (Please describe) __________________________

35. If you talked to someone about having those study problems, how helpful were they?

*Tick 1 box only.*

1. [ ] Not at all helpful
2. [ ] Somewhat helpful
3. [ ] Quite helpful
4. [ ] Very helpful

Thank you very much for your help. You have completed the survey.