NSW SUPPLEMENTARY QUESTIONNAIRES 2005

Supplementary A

SURVEY

These questions are to find out what students, like yourself, feel and do about a range of health behaviours, including smoking, buying cigarettes and alcohol, and about you and about your general well-being.

- Please do not write your name on this paper.
- The information you give is kept private and will only be seen by the people putting all the answers together.
- Answer every question you can.
- If you can't answer a question or if you would rather not answer a question, leave it out and go on to the next one.
- For most questions, there is a choice of answers. Pick the one that's true for you and tick the box next to it.
- If you make a mistake or wish to change your answer, cross out the mistake and tick the new response.
- Some questions ask you to write a short answer in the space provided.
- You may withdraw from the survey at any time

Office use only		
STATE 2	SCHOOL	ID

SECTION A: The following questions are about smoking cigarettes.

- 1. How hard do you think it would be for someone to give up smoking?
 - (Tick one box only)
 - Impossible
 - Very hard
 - Fairly hard
 - 1 Not too hard
 - Easy
- 2. Where do you smoke?

(You may tick more than one box)

- on I don't smoke at all \rightarrow *Go to QUESTION* 7
- 02 At the beach, park or recreation area
- 03 At parties
 - At home

04

- 05 At my friend's home/s
- 06 At school
- ⁰⁷ Travelling to or from school
- 08 At work
- $_{09}$ In hotels, pubs or clubs
- ¹⁰ In shopping areas
- 98 Other (please specify) _
- 3. Do you think you are addicted to tobacco smoking?
 - YesNo
 - I am not sure
- 4. Would you like to quit smoking?
 - **_** Yes
 -] No
 - I am not sure

- 5. Have you tried to quit smoking in the last 12 months?
 - Yes have tried to give up _____times
 - I smoke but have not tried to quit in the last 12 months \rightarrow Go to

QUESTION 7

- 6. The last time you tried to quit, how long had you quit for?
 - Less than a day
 - \Box 1 to 2 days
 - 2 to 6 days
 - Between 1 week and 1 month
 - Between 1 month and 3 months
 - $5\Box$ More than 3 months
- 7. Have you seen any cigarette advertising in the last 6 months? *(You may tick more than one box)*
 - $1 \square$ No
 - Yes, in magazines or newspapers
 - $_{\rm B}$ Yes, on the Internet
 - Yes, in shops or tobacconists
 - $_{5}$ Yes, on billboards
 - Yes, at a sports event
 - Yes, while watching TV coverage of a sports event
- 8. Do you think smoking by celebrities (eg, movie stars, TV personalities, models, sports stars) encourages young people to take up smoking?
 - **V**es
 - 🗌 No
 - Not sure
- 9. What percentage of people do you think are smokers?

Percentage ____% $_{1}$ Not sure

SECTION B: The following questions are about buying cigarettes.

10. Have you ever tried to buy cigarettes from a shop?

 \rightarrow Go to SECTION C, QUESTION 15 No Yes → Go to QUESTION 11

- 11. Has a shopkeeper ever refused you service when you tried to buy cigarettes? *(Tick one box only)*
 - $1 \square No$
 - $_{2}$ Yes, once or twice
 - ³ Yes, frequently
- 12. Has a shopkeeper ever asked you for **proof of your age** or identification (ID) when you tried to buy cigarettes?
 - - **D** Yes, once or twice
 - Yes, frequently
- 13. Have you ever used a friend's identification (ID) or a fake identification (ID) to purchase cigarettes?
 -] No
 - **J** Yes, once or twice
 - Yes, frequently
- 14. Have you ever bought cigarettes over the Internet or by phone, fax or mail order? *(You may tick more than one box)*
 - $1 \square No$
 - Yes, over the Internet
 - \square Yes, by phone, fax or mail order

SECTION C: The following questions are about buying alcohol.

15. Have you ever tried to buy alcohol at a hotel, pub, club, restaurant, nightclub or bottleshop?

1	No	\rightarrow Go to SECTION D, QUESTION 21
2	Yes	\rightarrow Go to QUESTION 16

16. How often have you been refused service in a hotel, club, pub, restaurant, nightclub or bottleshop?

(Please tick **one** box in each line)

	Never	1–4 times	5 or more times
Hotel, pub or club	1	2	3
Restaurant	1	2	3
Nightclub or dance venue	1	2	3
Bottleshop	1	2	3

17. How often have you been asked for proof of your age or identification (ID) when entering and/or asking for alcohol at a hotel, pub, club, restaurant, nightclub or bottleshop?

(Please tick one box in each line)

	Never	1–4 times	5 or more times
Hotel, pub or club		2	3
Restaurant		2	3
Nightclub or dance venue		2	3
Bottleshop	1	2	3

18. How often have you used someone else's identification (ID) or fake identification (ID) to enter and or ask for alcohol at a hotel, club, restaurant, nightclub or bottleshop?

1	Never	\rightarrow Go to QUESTION 20
2	Yes, once or twice	\rightarrow Go to QUESTION 19
3	Yes, frequently	\rightarrow Go to QUESTION 19

19. If you have used someone else's identification (ID) or fake identification (ID), what type of document was it?

(You may tick more than one box)

- Someone else's proof of age card or driver's license
- A fake proof of age card
- A fake learner's or driver's licence
- A stolen proof of age card
- A stolen learner's or driver's licence
- Other document (*please specify*)_
- 20. Have you ever bought alcohol over the Internet or by phone, fax or mail order? *(You may tick more than one box)*
 - $1 \square$ No
 - Yes, over the Internet
 - Yes, by phone, fax or mail order

SECTION D: The following questions are about feeling unhappy, sad or depressed.

21. During the last six months, was there a time when you felt unhappy, sad or depressed?

(Please tick one box only)

- **J** No \rightarrow Please go to SECTION E
- Yes, at home and at school
- $_{3}$ Yes, but only at home
- $_{4}$ Yes, but only at school
- 22. When you were feeling unhappy, sad or depressed, how bad was it for you? (*Please tick one box only*)
 - - Almost more than I could take Ouite bad
 - U Worse than usual
 - $_{4}$ About usual

- 23. When you were feeling unhappy, sad or depressed, who did you talk to about it? *(You may tick more than one box)*
 - $\square \quad \text{No one} \quad \rightarrow Please \ go \ to \ SECTION \ E$
 - $2 \square$ My family
 - My friend/s
 - Teachers or school counsellors
 - Doctors or other health professionals
 - 6 Religious advisors or groups
 - Helpline/ Internet etc
 - 8 Other person or group (*please describe*)
- 24. If you talked to someone about feeling unhappy, sad or depressed, how helpful were they?

(Tick one box only)

- $1 \square$ Not at all helpful
- Somewhat helpful
- 3 Quite helpful
- ⁴ Very helpful

SECTION E: The following questions are about feeling nervous, stressed, or under pressure.

25. During the last six months, was there a time when you felt nervous, stressed, or under pressure?

(Tick one box only)

1

No → *Please go to SECTION F*

- Yes, at home and at school
- Yes, but only at home
- $_4\square$ Yes, but only at school

26. When you were feeling nervous, stressed, or under pressure, how bad was it for you?

(Tick one box only)

- Almost more than I could take
- 2 Quite bad
- $3\Box$ Worse than usual
- About usual
- 27. When you were feeling nervous, stressed, or under pressure, who did you talk to about it?

(You may tick more than one box)

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- $_{\rm B}$ My friend/s
- Teachers or school counsellors
- 5 Doctors or other health professionals
- 6 Religious advisors or groups
- 7 Helpline/Internet etc
- 8 Other person or group (*please describe*)
- 28. If you talked to someone about feeling nervous, stressed, or under pressure, how helpful were they?

(Tick one box only)

- Not at all helpful
- 2 Somewhat helpful
- Quite helpful
- Very helpful

SECTION F: The following questions are about being in trouble because of your behaviour.

29. During the last six months, was there a time when you were in trouble because of your behaviour?

(Tick one box only)

- **D** No \rightarrow Go to SECTION G
- Yes, at home and at school
- $_{\rm B}$ Yes, but only at home
- $_{4}$ Yes, but only at school
- 30. When you were in trouble because of your behaviour, how bad was it for you? *(Tick one box only)*
 - Almost more than I could take
 - Quite bad
 - $3\Box$ Worse than usual
 - About usual
- 31. When you were in trouble because of your behaviour, who did you talk to about it?

(You may tick more than one box)

No one \rightarrow *Please go to SECTION G*

- $_{2}$ My family
- My friend/s
- Teachers or school counsellors
- Doctors or other health professionals
- 6 Religious advisors or groups
- 7 Helpline/Internet etc
- ⁸Other person or group (*please describe*)

32. If you talked to someone about being in trouble because of your behaviour, how helpful were they?

(Tick one box only)

- Not at all helpful
- 2 Somewhat helpful
- 3 Quite helpful
- ⁴ Very helpful

SECTION G: The following questions are about study problems that affect your school performance.

33. During the last six months, was there a time when you had problems studying at home or school that affected your performance in school tests and other work?

(Tick one box only)

- - No → Completed no further questions
 - Yes, at home and at school
 - Yes, but only at home
 - Yes, but only at school
- 34. When you were having those study problems, how bad was it for you? *(Tick one box only)*
 - Almost more than I could take
 - **Q**uite bad
 - Worse than usual
 - $4\Box$ About usual

- 35. When you were having those study problems, who did you talk to about it? *(You may tick more than one box)*
 - 1 No one \rightarrow *Completed No further questions*
 - $2 \square My family$
 - $_{\rm B}$ My friend/s
 - ⁴ Teachers or school counsellors
 - Doctors or other health professionals
 - Religious advisors or groups
 - Helpline/Internet etc
 - Other person or group (please describe) _
- 36. If you talked to someone about having those study problems, how helpful were they?

(Tick one box only)

- $1 \square$ Not at all helpful
- 2 Somewhat helpful
- 3 Quite helpful
- ⁴ Very helpful

Thank you very much for your help. You have completed the survey.