

Flowchart of tools to help clinicians manage nicotine dependent clients

ON ADMISSION

ASK all clients about smoking

- Ask if current smoker (in last 30 days)
e.g. "Have you smoked any type of tobacco in the last 30 days?"
- If previous smoker, ask:
"How long has it been since you have smoked regularly?"

YES - Smoker or recent quitter

(quit within the last 3 months)
Document as smoker or recent quitter in medical notes

NO - Non-smoker or smoke-free for 3+ months

Document and continue with usual assessment

Undertake brief intervention and assessment

TOOLS:

2. Quick guide to smoking cessation brief intervention
3. Assessing nicotine dependence

DURING ADMISSION

Manage nicotine dependence and withdrawal

TOOLS:

4. Flowchart for NRT in hospital
5. Quick guide to NRT
6. Tips for helping clients to stay smoke-free
7. Quick guide to drug interactions with smoking cessation
8. Clozapine, Olanzapine and smoking cessation
9. Managing smoking in consumers who go on leave

BEFORE DISCHARGE

Prepare the client for discharge

TOOLS:

6. Tips for helping clients to stay smoke-free
10. Discharge checklist for client who was a smoker on admission