

Voluntary assisted dying in NSW

There are **11 steps** in the voluntary assisted dying process in NSW. You can pause or stop the process at any time.

- STEP 1.** You make a **first request** for voluntary assisted dying to a doctor
- STEP 2.** A coordinating doctor completes a **first assessment**
- STEP 3.** Another doctor does a **consulting assessment**
- STEP 4.** You complete a **written declaration**
- STEP 5.** You make a **final request** for voluntary assisted dying
- STEP 6.** Your coordinating doctor completes a **final review**
- STEP 7.** You decide **how to take the medication**, with support from your doctor
- STEP 8.** Your doctor applies for a **medication authorisation**. The Voluntary Assisted Dying Board grants approval
- STEP 9.** Your doctor **prescribes the medication**
- STEP 10.** You take or are given the **medication** if and when you choose
- STEP 11.** A **death certificate** is issued

The NSW Voluntary Assisted Dying Care Navigator Service

is a phone line to answer questions about voluntary assisted dying.

The Service will support everyone including patients and families.

Call **1300 802 133**
Monday to Friday
8:30am to 4:30pm.