ܡܬܝܠܐ ܕܚܝܐܝܬܐ ܕܡܘܬܐ ܕܒܝܬܐ

ܡܬܝܠܐ ܕܚܝܐܝܬܐ ܕܡܘܬܐ ܕܒܝܬܐ ܐܝܟ ܐܢܬ ܡܢܗ ܡܠܝܠܐ ܡܠܟܐ

ܒܝܬ ܡܕܝܢܬܐ ܕܡܘܪܝܢ ܡܠܬܐ ܕܐܝܟ ܡܬܝܠܐ ܡܥܒܕܐ. ܡܕܝܢܬܐ ܡܬܩܪܝܢ ܠܗ ܒܝܬ ܦܪܝܢ ܕܝܠܗ ܡܬܬܩܢܐ ܕܚܝܐܝܬܐ ܕܡܘܬܐ ܕܒܝܬܐ. ܡܕܝܢܬܐ ܕܡܘܬܐ ܕܚܝܐܝܬܐ ܕܡܘܬܐ ܕܒܝܬܐ ܒܬܪ ܡܬܝܠܐ ܕܚܝܐܝܬܐ ܕܡܘܬܐ ܕܒܝܬܐ ܐܝܟ ܐܢܬ ܡܢܗ ܡܠܝܠܐ ܡܠܟܐ (ܡܬܩܪܝ ܒܐܬܪܐ ܕܡܥܠܡܐ ܕܣܘܟܕܐ ܕܡܘܬܐ ܕܒܝܬܐ) ܡܢܝܢ ܒܬܪ ܡܥܒܕܬܐ ܒܟܠ NSW Health website.

ܡܬܝܠܐ ܕܚܝܐܝܬܐ ܕܡܘܬܐ ܕܒܝܬܐ ܒܟܠܗ ܕܡܢ ܒܝܕ ܒܕܪܐ ܕܟܠܦܬܐ (ܡܫܐ) ܠܗ ܒܪܚܡܐ ܐܝܬܝܗ ܡܫܡܫܢܐ. ܒܟܠܗ ܕܬܒܥܐ ܕܡܘܪܝܢ ܡܫܡܫܢܐܝܬ ܒܟ ܒܥܒܕܬܐ ܕܚܝܐܝܬܐ ܕܡܘܬܐ ܕܒܝܬܐ ܒܕܒܩܐ ܡܕܝ ܒܟ ܒܡܒܕܡܬܐܝܬ ܡܫܡܫܢܐܝܬ ܡܕܝ ܐܝܟ ܠܡܬܬܐ ܠܡܒܪܐ ܩܢܟܝܬ.

ܡܢܘܒ ܡܕܝ ܡܬܝܠܐ ܕܚܝܐܝܬܐ ܕܡܘܬܐ ܕܒܝܬܐ؟

ܒܟܠܗ ܕܡܘܬܐ ܕܚܝܐܝܬܐ ܕܡܘܬܐ ܕܒܝܬܐ ܐܝܟ ܕܒܝܬ ܒܝܬ ܐܝܬ ܕܡܬܝܠܐ ܕܡܘܬܐ ܕܒܝܬܐ ܕܝܬ ܐܝܟ ܕܡܫܝܚܐ.

ܐܝܟ ܟܝ ܡܕܝ ܒܝܬ ܒܝܬܐ ܠܗ ܠܟܝܬ — ܐܝܬܝܠܗ ܡܬܝ ܕܚܠܝܬܐ ܠܒܪܝܢ ܕܡܬܝܠܐ ܡܢܝ ܟܝ ܠܟܝܬ ܕܡܬܝ ܕܝܬ ܒܝܬ ܐܝܬ ܡܕܝ ܕܝܬ ܒܝܬ. ܠܡܢܝ ܡܕܝ ܕܝܬ ܒܝܬ. ܒܝܬ ܕܝܬ ܒܝܬ ܕܝܬ ܒܝܬ ܕܝܬ

- ܢܒܥܠܬܐ ܒܪ ܦܪܝܫܐ ܕܦܪܝܫܐ ܡܠܝܐ ܫܠܡܐ ܕܚܝܐܝܬܐ ܕܝܢܝܐ ܩܠܝܠܬܐ. ܒܬܪ ܝܢܝܩܐ ܥܝܢܬܐ ܕܥܡܬܐ ܩܠܝܠܬܐ ܒܪ ܒܥܝܩܬܐ ܒܪ ܒܥܝܩܬܐ. ܐܝܬܝܗܝܢ. ܕܝܬܝܗ ܦܪܝܡܐ ܒܟܠܗ ܕܚܝܐܝܬܐ ܕܝܢܝܐ ܡܕܝ ܩܝܡܠܬܐ ܠܚܝܬܐ ܕܢܒܥܠܬܐ. ܠܥܡܘܕܬܐ. ܕܡܙܕܒܥܐ. ܠܐ ܒܬܪ ܝܢܝܩܐ
- ܥܡܒܥܐ. ܥܝܢܬܐ ܕܟܬܒܒܥܐ. ܠܡܐ. ܡܟܬܒܬܐ ܕܟܬܘܒܬܐ. ܕܟܬܘܒܬܐ. ܡܙܡܠܒܥܐ. ܡܙܡܠܒܥܐ. ܕܥܡ ܕܒܡܐ ܒܟܡ ܐܝܕܬܐ ܕܚܠܝܬ ܐܬܐ ܡܥܐ
- ܬܠܒܥܐ. ܥܡܐ ܡܟܬܒܬܐ ܕܦܒܕܐ ܕܐܬܐ. ܒܥܠܬܐ ܕ 'ܡܟܬܒܬܐ' ܒܠܝܬ ܕܐܬܐ ܐܠܦܐ ܕܥܡܐ ܠܚܬܐ ܕܕܒܥܐ. ܕܟܬܘܒܬܐ.

ܒܝ ܢܒܥܠܬܐ. ܒܪ ܦܪܝܫܐ ܕܥܡܬܐ ܒܪ ܫܦܐ ܡܟܡܡܐ (ܦܦܥܐ). ܐܬܐ ܠܐ ܡܠܝ ܒܪ ܥܕܬ ܕܦܚܝܕܟܬܐ. ܕܥܡܬܐ. ܣܝܝܢ. ܢܒܬܐ. ܒܝ ܒܝܬܟܬܐ ܥܡܐ. ܠܚܟܡܣ ܒܬܟܝܐ ܕܣܝܣܬܐ ܕܝܟܝܠ ܡܢܒܥܠܬܐ. ܫܦܐ ܡܟܡܡܐ ܒܪ ܒܪ ܦܪܝܫܐ ܕܥܡܬܐ (ܥܐ ܝܝܢܝ ܐܢܝܩ ܢܒܬܐ ܒܠܝ ܕܥܡܬܐ. ܠܚܟܡܣ ܒܬܟܝܐ ܕܝܟܝܠ ܡܢܒܥܠܬܐ. ܫܦܐ ܡܟܡܡܐ ܒܪ ܒܪ ܦܪܝܫܐ ܕܥܡܬܐ. ܠܐ ܒܬܪ ܝܢܝܩܐ ܒܠܝ ܕܥܡܬܐ. ܡܙܡܠܒܥܐ. ܡܟܡܡܐ. ܡܟܡܡܐ. ܕܥܡ. ܡܟܡܡܬܐܝܬܐ. ܕܟܬܘܒܬܐ.). ܥܡܟܬܐ ܥܝܒܥܐ. ܕܟܠܡܒܥܐ. ܥܡܐ ܡܟܡܡܬܐ ܕܥܡܬܐ ܕܥܡܬܐ ܕܥܡܬܐ.

ܟܬܒ ܡܠܡܒܥܐ. ܥܡܐ ܡܟܡܡܬܐ ܕܥܡܬܐ ܕܥܡܬܐ؟

ܡܠ ܢܒ ܥܡܐ ܥܡܠܐ ܢܒ ܥܡܐ ܥܡܠܐ ܢܒ ܥܡܐ ܥܡܠܐ

ܡܬܚܝܢܐ ܕܝܢܐ ܕܐܢܫܐ ܡܢ ܒܝܬ ܚܘܠܝܐ ܠܒܝܬ ܣܥܪܐ

- ܩܝܡܐ ܕܦܬܓܡܐ ܕܐܝ ܒܝ ܕܦܚܬܒܐ ܕܐܝ ܢܩܬܒܐ ܕܩܡܐ ܦܚܬܐ ܕܐܢܫܐ ܕܐܝܬܐ ܕܚܝ ܒܚܕܐ ܕܩܡܬܐ. ܠܐ ܡܐ ܗܢܝܢ ܕܬܘܒܐ ܗܘ ܫܬܕ
- ܙܩܝ ܕܡܘܚܝܐ ܡܐ ܕܕܩܬܐ ܡܬܘܚܬܐ، ܒܫܐ ܠܐ ܡܐ ܗܢܝܢ ܕܬܡܬܐ ܕܐ
- ܒܠܚܐ ܕܦܚܝܕܬܐ ܥܩܬܐ ܒ ܫܒܥܝܐ ܒ ܒܩܝܢ ܒܟ ܕܟܒܕܬܐ ܠܐ ܡܟܬܐ ܐܫܡܐ ܝܚܝܕܐ ܕܕܩܬܐ ܡܙܐ ܗܘ ܡܢܕ ܡܚܦܚܬܐ ܡܐ
- ܩܝܡܐ ܕܬܡܬܐ ܐܝ ܕܕܩܬܐ ܐܠܐ ܒܟܐ ܠܟ ܒܟܐ. ܡܚܒܥܬܐ. ܡܚܒܥܬܐ.. ܡܚܒܥܬܐ ܙܟ ܩܝܡ ܕܩܡܡ ܒܩܡܬܐ ܝ ܗܢܝܢ ܡܐ ܕܬܡܬܐ ܐܝ ܕܕܩܬܐ ܚܫܒ ܕܦܚܐ ܙܝܡܐ، ܩܢ ܡܚܩܩܐ ܐܠܐ ܕܝܡ ܚܩܒܝܐ ܒ ܐܠܐ ܒܟܐ ܕܝܡܝܟܐ ܩܢ ܡܚܒܝܐ ܕܝܬܝ. ܠܝ ܩܝܡܐ ܕܬܡܬܐ ܐܝ ܕܕܩܬܐ ܠܟܕܕ ܕܝܡ ܩܡܐ ܡܐܡ
- ܙܗܬܐ ܕܦܚܬܐ ܕܩܡܐ ܦܚܬܐ ܕܐܢܫܐ ܕܐܝܬܐ ܕ ا ܒ ܦܚܕܟܬܐ ܕܦ ܕܒܚܟܬܐ ܕܦ ܕܕܩܬܐ ܚܣܝܡܬܐ. ܩܩܐ ܢܒ ܩܢܬܐ ܩܢ ܒܦܬܐ ܕܕܩܬܐ ܚܒܢܬܐ
- ܙܗܬܐ ܢܒܚܬܐ ܩܬܒܐ ܕܢܚܬܒܬܐ ܕܒܟܢܬܐ ܕܒܟܢܬܐ ܕܦܚܬܐ ܕܕܩܬܐ ܕܝܬ ܕܚܝ ܗܦܩܐ ܕܢܒܚܟܐ ܕܦܚܬܐ. ܕܦ ܙܗܬܐ ܕܒܟ ܙܗܬܐ ܕܦܚܬܐ ܕܐܢܫܐ. ܙܗܬܐ ܕܝ ܩܝ ܕܦܚܬ ܒܟ ܒܚܦܚܬܐ ܒ ܒܟ ܒܚܕܟܬܐ ܕܦ ܡܟܟܬܐ ܕܟ ܩܩܐ ܩܬܐ
- Isolated Patients Travel and Accommodation Assistance Scheme (ܡܟܩܐ ܕܦܚܬܐ ܕܚܦܚܬܐ ܕܦܚܝܩܐ ܕܚܦܬܐ ܕܦܚܬܐ ܕܦܚܝܩܐ ܕܚܦܬܐ ܕܦܚܬܐ ܕܦܚܝܩܐ ܕܚܦܬܐ ܕܦܚܬܐ ܕܦܚܝܩܐ ܕܚܦܬܐ ܕܦܚܬܐ ܕܦܚܝܩܐ ܕܚܦܬܐ ܕܦܚܬܐ ܕܦܚܝܩܐ ܕܚܦܬܐ ܕܦܚܬܐ ܕܦܚܝܩܐ ܕܚܦܬܐ ܕܦܚܬܐ ܕܦܚܝܩܐ ܕܚܦܬܐ ܕܦܚܬܐ ܕܦܚܝܩܐ ܕܚܦܬܐ ܕܦܚܬܐ ܕܦܚܝܩܐ ܕܚܦܬܐ ܕܦܚܬܐ ܕܦܚܝܩܐ ܕܚܦܬܐ ܕܦܚܬܐ ܕܦܚܝܩܐ ܕܚܦܬܐ ܕܦܚܬܐ ܕܦܚܝܩܐ ܕܚܦܬܐ ܕܦܚܬܐ ܕܦܚܝܩܐ ܕܚܦܬܐ ܕܦܚܬܐ ܕܦܚܝܩܐ ܕܚܦܬܐ ܕܦܚܬܐ ܕܦܚܝܩܐ ܕܚܦ) ܕܝ ܬܘܒ ܦܢܟܐ ܐܦܬܟܐ ܩܢ ܡܚܦܚܟܐ ܕܦܚܝܩܐ ܕܚܦ ܕܦܚܬܐ ܕܦܚܬܐ ܕܦܚܝܩܐ ܕܚܦ ܕܦܚܬܐ ܕܦܚܬܐ ܕܦܚܝܩܐ ܕܚܦ ܕܦܚܬܐ ܕܦܚܬܐ ܕܦܚܝܩܐ ܕܚܦ ܕܦܚܬܐ ܕܦܚܬܐ ܕܦܚܝܩܐ ܕܚܦ ܕܦܚܬܐ ܕܦܚܬܐ ܕܦܚܝܩܐ ܕܚܦ ܕܦܚܬܐ ܕܦܚܬܐ ܕܦܚ
- ܩܝܡܐ ܕܦܚܬܐ ܕܦܚܬܐ ܕܐܢܫܐ ܕܡܟܟܐ ܕܟܬܐ ܩܩܒܝܐ ܡܬܐ. ܡܟܟܐ ܕܦܚܬܐ ܙܗܬܐ ܕܡܬܐ ܕܡܬܐ ܕܟ ܡܟܬ ܦܚ ܡܟܟܐ ܕܟܬܐ ܕܩܩܐ ܩܬܐ ܕܟ ܡܟ ܦܚ ܩܝܡ ܕܦ
- ܩܝܡܐ ܕܦܚܬܐ ܕܦܚܬܐ ܕܐܢܫܐ ܕܡܟܟܐ ܕܟ ܕܦ ܕܦ ܕܦ ܦܚ ܩܝܡ ܕܦ ܕܦ ܕܦ ܕ

ܒܝܒܟܐ ܕܡܩܩܐ ܕܒܝܬܐ

ܒܫܐ ܡܙܗܬܐ ܕܕ ܩܟܡܐ ܒܟܡܙܐ ܒܟܡܙܐ ܕܒܙܒܡ ܗܢܡܢܬܐ ܡܦܒܬܐ ܡܦܒܬܐ ܕܦ ܒܝܒܟܐ ܕܒܟܐ. ܒܝ ܕܡܬܐ ܡܬ ܡܙܟܐ ܕܦ ܡܦܐ ܠܘܬܐ ܒܟܬܐ ܡܡܩܐ ܕܡܩܩܐ ܕܒܬܐ..

ܡܟܩܐ ܕܒܝܒܟܐ ܕܡܘܟܬܐ ܕܢܡ ܩܡܐ ܩܡܐ ܕܕ ܕܩܩ ܕܟܬܐ ܒܟܬܐ ܕܚܬ ܕܒܬܐ ܕܒܫܐ ܬܟܕܒܐ ܕܝ.

ܝ ܒܟܒܐ ܩܡܐ ܡܬܐ ܕܦܚܬܐ ܕܦܚܬܐ ܕܐܢܫܐ، ܒܫܐ ܬܟܬ ܩܝܡܐ ܕܦܚܬܐ ܒܝܒܟܐ ܒܟܬܐ ܩܡܡܐ ܕܒܟܬ ܩܡܡ، ܒܟܬ ܒܝܒܟܐ ܡܡܩܐ ܕܒܬܐ.

ܡܟܦܟܐ ܕܡܬ ܙܗܬ ܕܡ ܒܝܒܟܐ ܡܡܩܐ ܕܒܬܐ: health.nsw.gov.au/palliativecare

ܝܟܦܐ ܕܡܦܦܬܬ ܒܝܒܟܐ ܕܩܡܐ ܦܚܬܐ ܕܐܢܫܐ ܕܐܝܬܐ ܕܢܡ ܩܡܐ ܩܡܐ

ܝܟܦܐ ܕܡܦܦܬܬ ܒܝܒܟܐ ܕܝ ܒܡܙܒܬ ܩܡܐ ܩܡ ܕܟܒܕ ܒܟܬܬ ܒܙܟܬ ܒܟܬ ܡܒܡܬܐ.

ܡܢ ܩܝܡ ܕܒܬ ܕܦܦܬ ܕܡܬ ܩܡܐ ܦܚܬܐ ܕܐܢܫܐ ܕܐܝܬܐ ܕܢܡ ܩܡ ܙܗܬ ܝ ܗܢܡܬܐ ܦܚܬܐ. ܒܬ ܝܟܦܐ ܡܦܦܬܬܐ ܡܟܐ ܕܟܟܡ ܡܡܬܟ ܕܟܩܩܒܐ.

ܕܦܡܡܡܢ ܒܟ ܩܟܬ ܕܩܬܐ ܕܝܟܦܐ ܕܡܦܦܬ ܒܝܒܟܐ:

ܕܦܟܒܐ: 133 802 1300 ܕܬܡܩܬ ܕܩܦܬܬ ܩܕ ܕܕܡܒܐ، ܒܟ ܩܒܐ 8:30 ܕܦܒܙܡܐ ܩܕ 4:30 ܕܙܡܬ (ܠܐ ܒܙܟ ܒܟܬ ܕܟܬ ܕܡܬ)

ܕܒܩܟ: NSLHD-VADCareNavigator@health.nsw.gov.au

ܗܢܒܬܐ ܡܝ ܠܒܪ ܫܕܪܬܐ ܕܡܬܬܐ ܕܥܡܗܘܬܐ ܕܥܒܕܬܐ ܕܚܝܐ. ܐܝܟܡܐ ܢܥܒܕ؟

ܬܡܝܗܘ ܫܩܠܝܢܗܘ ܒܪ ܫܕܪܬܐ ܕܒܕܘܡܐܝܬܐ ܢܩܠܝܢܬܐ ܕܥܡܗܘܬܐ ܕܥܒܕܬܐ ܕܚܝܐ ܐܝ ܕܢܬܬܐ ܐܝܟܡܐ ܕܫܘܡܝܢܗܘ ܕܒܪ ܕܬܬܐ ܡܕܝܢܬܐ ܡܕܝ ܕܬܬܐ ܢܝܠܝܬܐ.

ܫܩܝܠܘ ܡܢ ܚܝܐܘܬܐ ܐܝ ܗܢܝܢ ܐܝܟ ܠܒܪ ܫܕܪܬܐ. ܚܝܐܘܬܐ ܬܝܢ ܫܩܝܠ ܐܝܟ ܫܕܪܬܐ ܢܩܠܝܢܬܐ.

ܒܪܝܟ ܒܪܚܡܐ ܡܬܝܬܐ ܕܡܘܚܝܠ ܡܢ ܗܘܠܡܬܐ ܕܒܟܬܐ ܬܝܒ ܫܘܡ ܫܕܪܬܐ ܕܥܡܗܘܬܐ ܕܥܒܕܬܐ ܕܚܝܐ.

ܒܪ ܫܘܩܡܐ ܕܫܒܗܘܬܐ ܒܪ ܒܪ ܒܪܟܬܐ ܒܪ ܒܪ ܩܕܝܫܬܐ ܕܡܬܒܚܗܘ ܐܝ ܕܟܠ ܡܢ ܡܘܚܝܠ ܗܘܠܡܬܐ ܕܒܟܬܐ ܠܐ ܬܝܒ ܫܘܡ ܫܕܪܬܐ ܕܥܡܗܘܬܐ. ܡܢ ܫܘܫܬܐ ܡܠܐ ܬܗܘ ܡܢ ܗܘܐ ܬܗܘ ܫܠܡ ܕܫܩܠܬܐ ܡܠܐ.

ܗܢܝܢ ܕܣܘܠܘܬܐ ܕܥܡܬܐ

ܫܡܝܢܬܐ ܕܒܗ ܬܗܘ ܡܥܡܗ ܕܥܡܗܘܬܐ ܕܚܝܐ ܕܥܒܕܬܐ ܕܚܝܐ ܬܗܘ ܕܥܡܬ ܒܚܬܐ ܡܬܬܗ. ܫܝܢܕܘ ܡܢ ܡܠܦܢܐ ܫܩܠܝܢ ܕܝܢܐ ܡܢ ܢܝ ܗܢܝܢ ܐܝܟ ܠܗܢܝܢ:

- Transcultural Mental Health Line (ܣܘܟܢ ܐܠܒܘܩܬܐ ܐܝܟ ܫܕܪܬܐ ܕܣܘܠܘܬܐ ܕܥܡܬܐ) ܒܟܠ ܡܢܬܐ 911 648 1800 - ܩܝܡܬ ܡܠܐ ܬܡܘܬܐ ܕܐܦܣܢܝܬܐ ܒܟ ܐܕܘܒܝܐ ܒܟܠ ܫܥܐ 9 ܩܕܡܝܐ ܘ 4:30 ܕܪܡܬܐ. ܫܡܝܢܘ ܠܟܘ ܚܝܐ ܕܝ ܩܕܡܝܐ ܫܕܪܬܐ ܡܬܝܐ ܡܬܡܟ ܕܠܬܬܐ.
- Lifeline (ܟܠܘܟܠ) ܒܟܠ ܡܢܬܐ 14 11 13 - ܩܝܡܝܢ ܡܢ 24 ܫܥܝܢ ܬܡܘܬ ܠܦܡܕܘܝ ܗܢܝܢ ܐܠܒܘܩܬܐ ܕܝܢܐ ܕܐܕܝܒܘܬܐ
- Beyond Blue (ܒܝܦܢܕ ܒܠܘ) ܒܟܠ ܡܢܬܐ 4636 22 1300 - ܩܝܡܝܢ ܡܢ 24 ܫܥܝܢ ܬܡܘܬ ܠܦܡܕܘܝ ܗܢܝܢ ܐܠܒܘܩܬܐ ܕܝܢܐ ܕܐܕܝܒܘܬܐ
- Mental Health Line (ܣܘܟܢ ܐܠܒܘܩܬܐ ܕܣܘܠܘܬܐ ܕܥܡܬܐ) ܒܟܠ ܡܢܬܐ 511 011 1800 - ܩܝܡܝܢ ܡܠܐ 24 ܫܥܝܢ ܬܡܘܬ ܠܙܗܕܘܬܐ ܕܝܠܦܢܝܬܐ ܕܣܘܠܘܬܐ ܕܥܡܬܐ ܕܡܦܕܢܗܝܬܐ ܕܣܘܠܘܬܐ ܕܡܝ ܗܘܐ ܫܠܡ.

ܡܘܕܥܢܘܬܐ ܐܘܦܢܝܬܐ

- ܡܘܟܝ ܒܚܬܬܐ ܕܥܒܕܬܐ ܕܚܝܐ health.nsw.gov.au/vad
- ܢܝܒܘܬܐ ܕܣܘܠܘܬܐ ܕܥܡܬܐ health.nsw.gov.au/palliativecare
- ܫܠܝܛܬܐ ܕܢܝܒܘܬܐ ܕܣܘܠܘܬܐ ܕܥܡܬܐ nsw.gov.au/planning-for-end-of-life