# Managing Chronic Disease in the Custodial Environment

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#### Justice Health & Forensic Mental Health Network

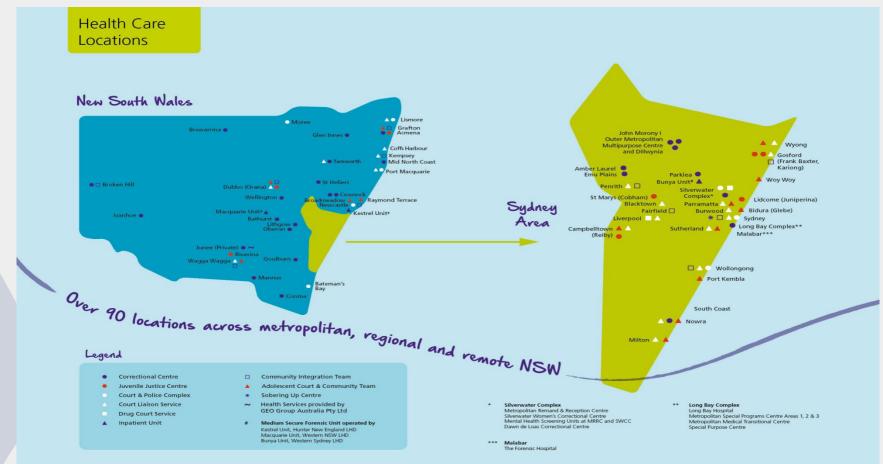
- The Network is a statutory health corporation constituted under the NSW Health Services Act 1997.
- Specialty Network providing healthcare for people in touch with the Criminal Justice System
- The Network cares for over
  - 31,000 inmates and detainees annually
  - 11,000 inmates in custody at any given time
  - 150,000 movements through Correctional Centres in NSW annually





Forensic Mental Health Network

#### **Health Care Locations**



**Health** Justice Health & Forensic Mental Health Network

#### **Patient Journey**

- Arrested
- Police Cells
- Reception and Remand Centre



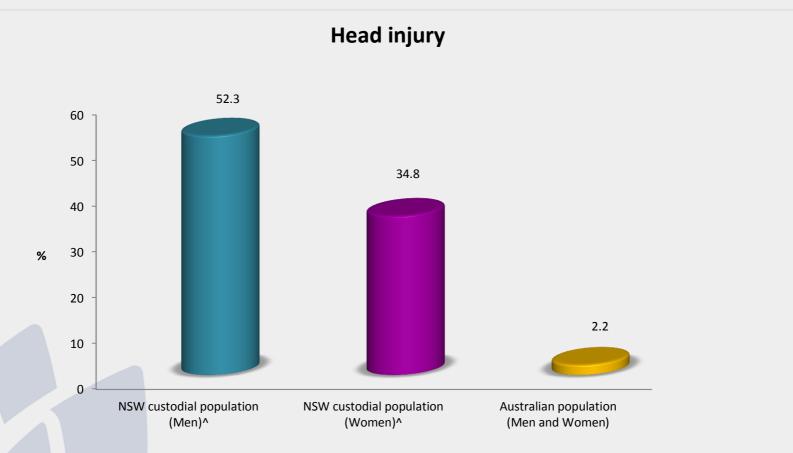


### **Reception Screening Assessment**

Comprehensive screen which includes

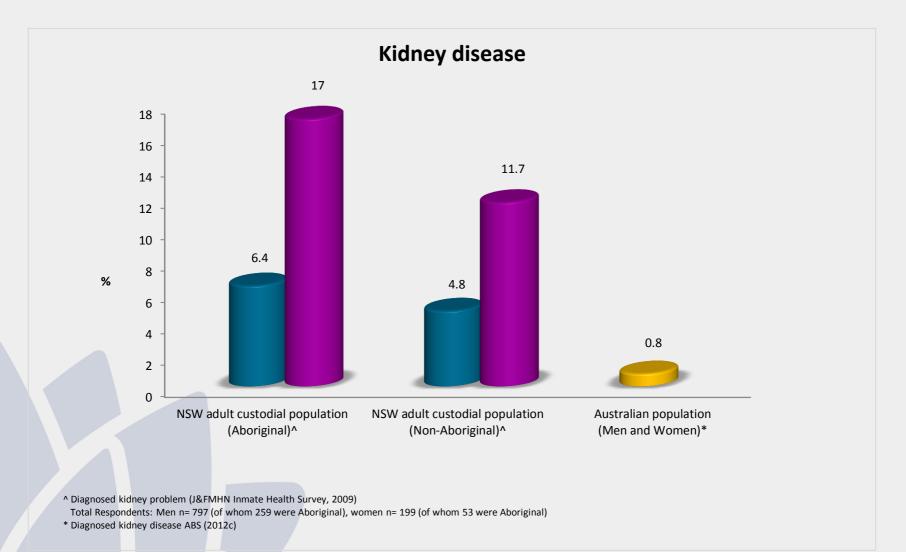
- Basic personal and medical history
- Chronic diseases and risk factors for chronic disease
- Mental health screen
- Drug and alcohol
- Population health screen
- Women's health screen



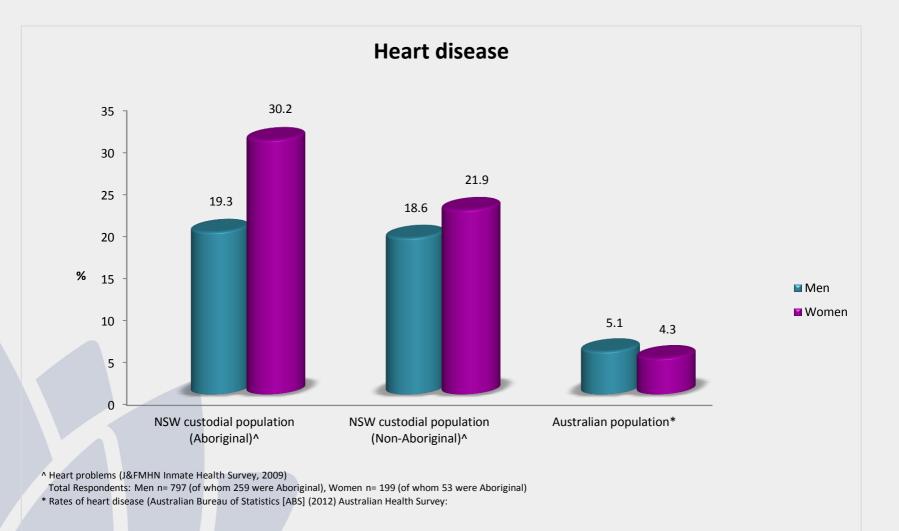


^ Ever had a head injury leading to unconsciousness (J&FMHN Inmate Health Survey, 2009) Total Respondents: Men n= 797 (of whom 259 were Aboriginal), women n= 199 (of whom 53 were Aboriginal)

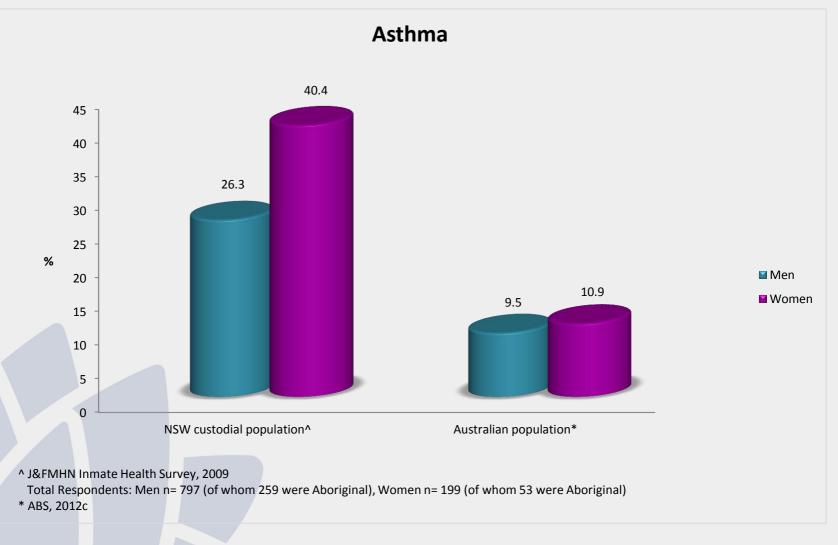




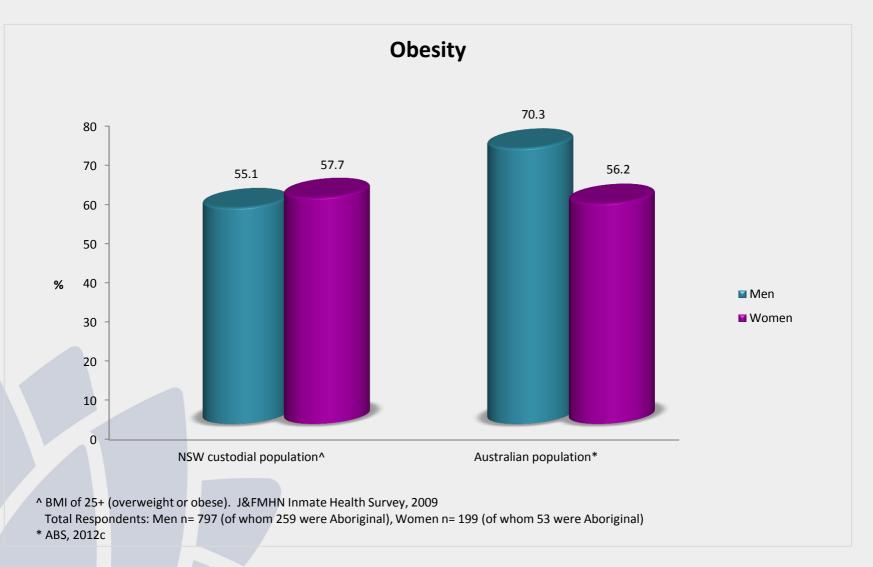




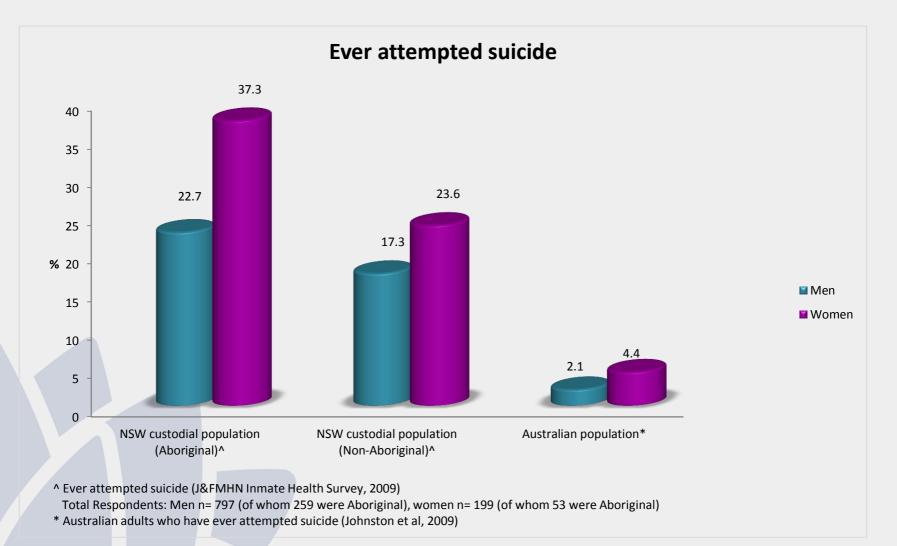






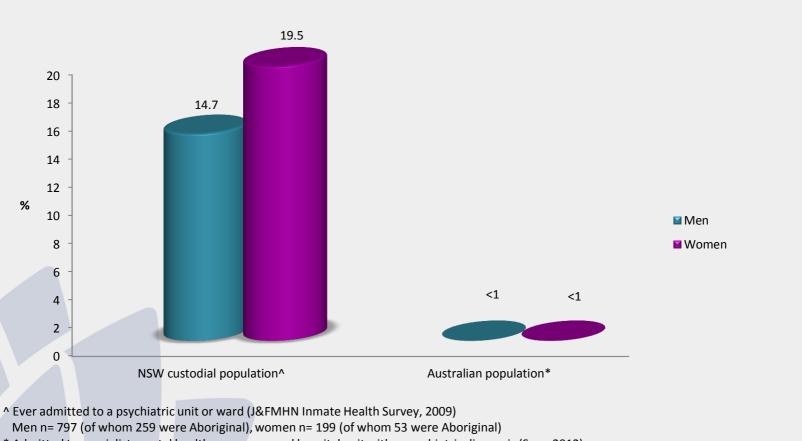








#### **Mental Health - inpatient admission**



\* Admitted to specialist mental health care or general hospital unit with a psychiatric diagnosis (Sara, 2012)



#### **Reception Management**

- Drug and alcohol withdrawals/ detox
- Mental health self harm/ suicide risk
- Acute physical health fractures/ assaults
- Chronic Disease medications and ROI
- Referrals made to specialty streams for ongoing management



#### **Chronic Disease Screen**

• Primary health focused and completed for

- Patients with confirmed chronic condition
- All Aboriginal and Torres Strait Islander patients over 45
- All non-Aboriginal and Torres Strait Islander patients over 55



#### Chronic Disease Screen (cont'd)

- Physical assessment
- Screening focused on
  - Cardiovascular disease
  - Respiratory disease
  - Kidney disease
  - Endocrine disease
  - Neurological disorders
- Multidisciplinary care plan developed



#### **Care Navigation Support Program**

- JH&FMHN equivalent to Connecting Care Program
- Commenced 2010
- Enhance existing chronic disease management services, through the provision of care navigators to case manage patients with chronic disease and/or complex health needs



#### **CNSP – Clinical Redesign Project**

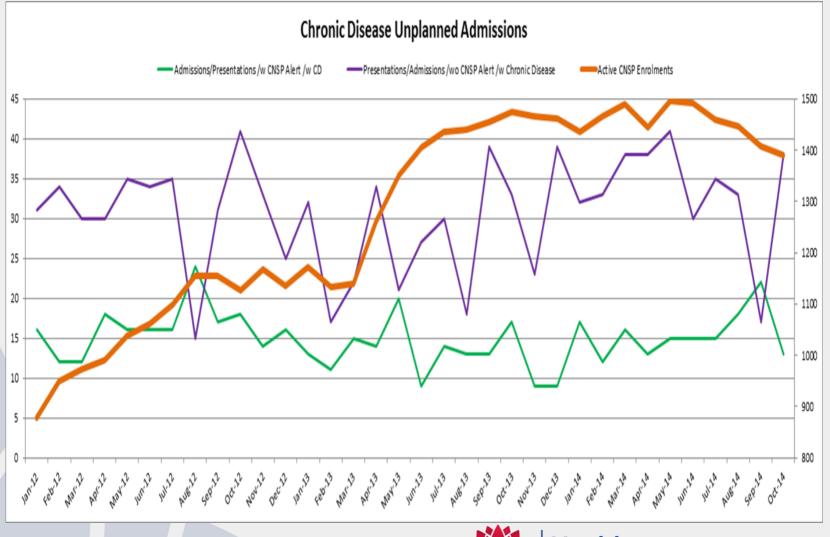
- Simplify the enrolment process
- Revise CNSP referral instructions and provide referral refresher training
- Develop and launch a CNSP enrolment guide advising the new changes
- Develop and introduce a measure to predict risk of hospitalisation – Risk stratification guide



## **Risk Stratification Guide**

Assign CNSP Severe Alert if patient has:	Assign CNSP Chronic Alert if patient has:
<ul> <li>Acute Symptoms / Unstable Condition</li> <li>Urgent Treatment Plan Required</li> <li>Terminal Illness</li> <li>Multiple Co-morbidities</li> <li>Aged and Frail / Unable to Manage ADL's</li> <li>Hospitalisation in the last 6 months</li> <li>Complex Health Needs</li> <li>Any Chronic Disease that is not controlled</li> </ul>	<ul> <li>Chronic disease that is stable/controlled</li> <li>Patient understands how to self-manage chronic disease</li> <li>Observations within normal range</li> <li>Able to manage ADL's</li> <li>Childhood disease but stable</li> </ul>





Health Justice Health & Forensic Mental Health Network

#### Alignment with Whole of Health Program

Working together to provide the right healthcare for all communities in NSW everyday

 JH&FMHN unique opportunity to provide healthcare for a marginalised population

Improving partnerships and connectivity to create a seamless care experience

- Engaging stakeholders and forming partnerships is one of JH&FMHN strategic directions
- Integral to the continuity of quality care provided to this group of patients



#### **Questions?**





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