

# APAC

# Acute-Post Acute Care Hospital in the Home

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Northern Sydney  
Local Health District

# Overview

- How APAC has integrated with the principles of “Whole of Health” to support patient flow
- Results to date



# Why HiTH ?



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# Literature: Caplan et al

- A 19% reduction in mortality
- For every 50 patients treated in HITH, one life will be saved
- A 23% reduction in readmission to hospital
- HITH costs 26.5% less than in-hospital care
- High patient and carer satisfaction

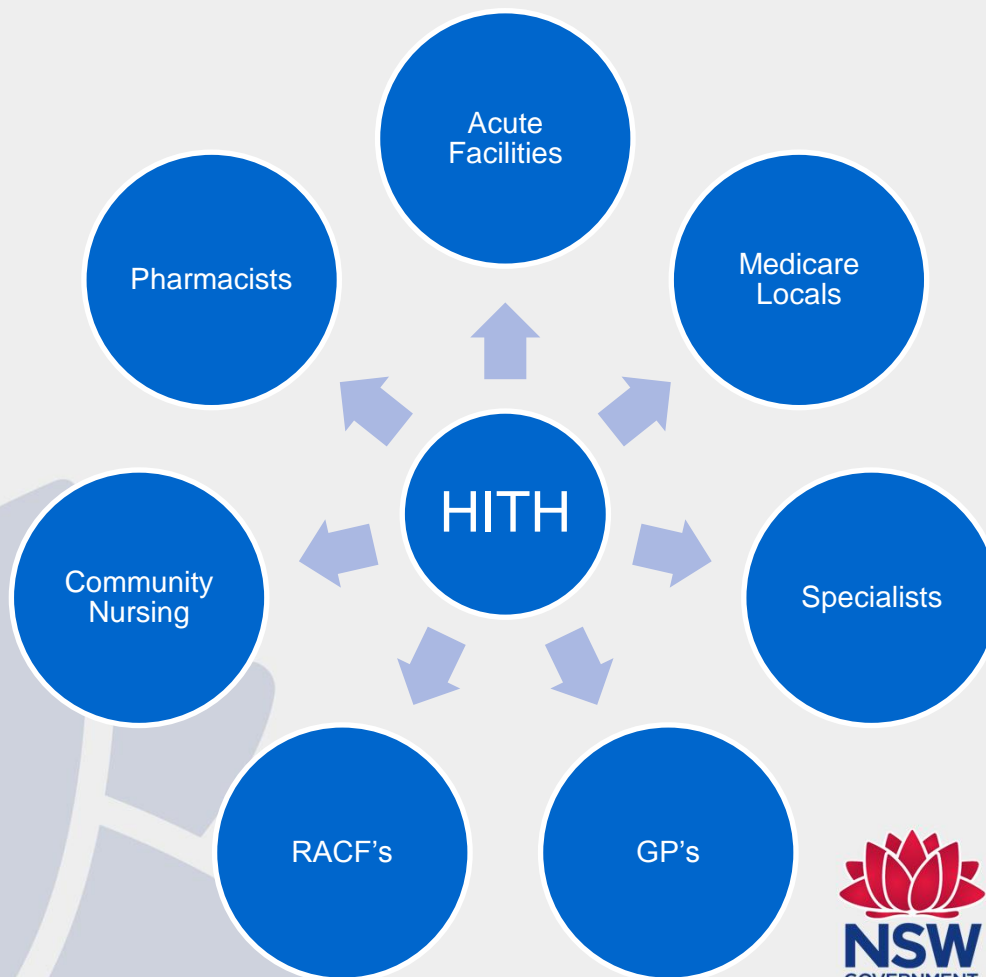


# APAC Integration within “Whole of Health”



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# Integration with Key-stakeholders



# Acute Facilities

- Executive “Buy in”
- Agreed designated HiTH Target for each Hospital
- Co-funding of Liaison Roles
- APAC “Clinics”
- “HiTH” LHD Sustainable and Access Committee Agenda
- HiTH communication LHD Bed status report
- Promotion / APAC clinical decision Tool (ED/WARDS)







# APAC

APAC provides comprehensive, short-term, intensive, complex multidisciplinary care.

To meet clinical handover requirements please have patient's medical file available when making a referral.

## APAC Patient Eligibility Criteria

Treatment address within the NSLHD Service

NORTHERN SYDNEY Suburbs

Patient/carer verbally consents to referral

Medical Responsibility identified

Please select Clinical Condition to establish if patient is clinically appropriate for APAC admission.



Cellulitis



Community Acquired  
Pneumonia  
Chest Infection



COPD (Infective)/  
Bronchiectasis



Anticoagulation



UTI/  
Pyelonephritis



Other Conditions

Other conditions include:

- Breast Care
- Dehydration
- Endocarditis
- Septic Arthritis
- Osteomyelitis

## GP's / RACF's / ML's

- GP Liaison Nurse
- ML Websites / APAC Portal
- Support and Education:
  - RACF's
  - Practice Nurses
  - HiTH Flip “chart”
  - APAC Promotion
- Workshop and resources for GP
- Clinical Support for GPs

# APAC

At Home with Confidence



An accredited service of

**APAC**



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Acute Post Acute Care

# APAC 'SICK PATIENT' FLIPCHART FOR AGED CARE FACILITIES

This document is based on the NHHEDI document developed by the GRACE Team and the Division of Rehabilitation and Aged Care at HKHS and Division of GPs

## WHAT TO DO:

**DO ACUTE ASSESSMENT**

FLIP TO THE SYMPTOM PAGE AND READ 'WHAT TO DO'

CALL THE GP

IF GP NOT AVAILABLE OR IF ISSUE NOT RESOLVED AND GP CONSENTS CALL APAC REGISTRAR 0434 329 970

IF APAC REGISTRAR NOT AVAILABLE CALL AGED CARE HOTLINE 0408 546 907

IF NOT AVAILABLE, CALL AMBULANCE 000

INFORM RELATIVES

**AGED CARE RAPID RESPONSE 0408 546 907**  
**Mon- Fri 8am-1630hrs**

## ACUTE ASSESSMENT

- D-** Danger- Check for danger to yourself and the resident
- R-** Response- Is the resident alert or unconscious?
- A-** Airway- Is there noisy breathing or a blocked airway?
- B-** Breathing- Are they breathing? Is there trouble breathing?
- C-** Circulation- Is there a pulse? Is there bleeding?
- D-** Disability- Does the resident have new weakness in the arms or legs? Check the blood sugar and document

CALL THE RELATIVES OR PERSON RESPONSIBLE

**IS THERE AN ADVANCE CARE DIRECTIVE?**

IF THE PATIENT IS FOR PALLIATION, FOLLOW THEIR PALLIATIVE CARE PLAN

**NOTE: THIS CHART IS A GUIDE ONLY AND DOES NOT REPLACE CLINICAL JUDGEMENT**

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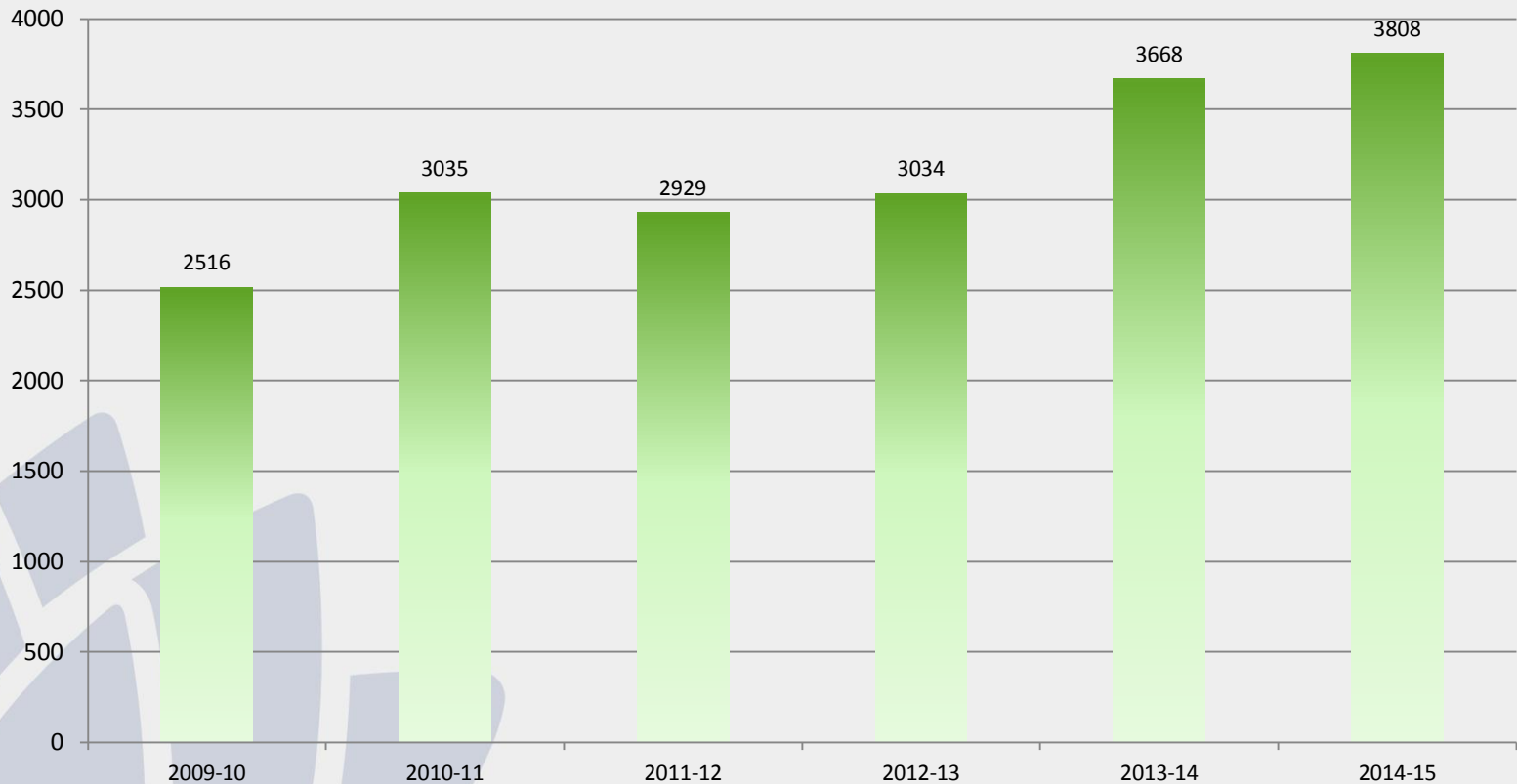
## ACUTE ASSESSMENT: HOW TO USE THIS FLIPCHART

# “APAC”

- Demand Management plan
- Virtual “ward round”
- Treatment areas
- Community Nursing
- Review of readmission data
- Roster according to peak demand
- Expansion of conditions



# Results: APAC Total Admission (July 2009 – June 2015)



APAC Utilisation last 2 Fin Year  
approx: 4.7 % of total acute overnight  
separations of LHD (NSW Average 2.3%)



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# Referral Source

June 2014-July2015 (3808)

- 67% LHD Hospitals (2543)
- 19% GP (725)
- 7% Private Hospitals (270)
- 5% from SMS (193)
- 2% OOA Public Hospital (76)

June 2013-July2014 (3668)

- 70% LHD Hospitals (2559)
- 15% GP (557)
- 10% Private Hospitals (390)
- 3% from SMS (102)
- 2% OOA Public Hospital (60)



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# Readmission

	2013-2014		2014-2015	
	LHD Hospital admitted patients: 2562 pts		LHD Hospitals (2543)	
Planned	2% (62)		2% (47)	
Unplanned	8% (216)		8% (202)	

APAC Readmission 8%  
ALOS 8 days



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# Thank You

- Any questions



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