

NSW Health: Pregnancy options



Finding out you are pregnant is different for everyone.

If you would like free, unbiased and confidential information on pregnancy options, including continuing a pregnancy, terminating a pregnancy and seeking pregnancy options counselling, you can speak with a health professional by calling:

NSW Pregnancy Options Helpline on 1800 131 231.

This phone line is available 24 hours a day, 7 days a week.

**For more information on
pregnancy options,**

visit the NSW Health website:

**[www.health.nsw.gov.au/
pregnancyoptions](http://www.health.nsw.gov.au/pregnancyoptions)**

