

Allied Health Research Showcase

Program

Day One		Day Two	
8.30	Registration	8.30	Tea and coffee
9.00	Welcome to Country	9.00	Why we need allied health research and researchers <i>Dr Trish Bradd, Director, Patient Safety, Clinical Excellence Commission</i> <i>Prof Jo Travaglia, Prof of Health Services Management (UTS)</i>
9.10	Opening Address: Andrew Davison <i>Chief Allied Health Officer, NSW Health</i>	9.40	Tackling the barriers to evidence-based practice <i>Dr Anne Moseley, University of Sydney</i>
9.20	Implementation science: how it can be used to translate research evidence into real-world clinical practice to improve patient outcomes. <i>Prof Jenny Alison, Prof of Allied Health (Chronic Disease), SLHD and University of Sydney</i>	10.20	Oral Presentations Top three lightning talks from day one
10.00	Health and medical research in NSW <i>Dr Antonio Penna, Executive Director, Office for Health and Medical Research, NSW Health</i>	11.10	Morning tea
10.30	Morning tea	11.30	Oral Presentations – concurrent sessions
10.50	Oral Presentations	13.00	Networking lunch
12.20	Networking lunch	13.40	Panel Discussion – Research!? Degree!? What, where, how? – Stories from the coalface <i>Dr Paula Bray</i> <i>Acting Director of Research, SCHN</i>
13.00	Research workshops	15.00	Wrap-up and close - afternoon tea provided
	Developing and planning your research <i>Prof Sarah Dennis, Conjoint Professor of Allied Health, SWSLHD & University of Sydney</i> <i>Prof Steven Kamper</i> <i>Professor of Allied health NBMLHD and University of Sydney</i>		
	Translating research into practice - using implementation science to support innovation in allied health <i>Prof Andrew Baillie, Prof of Allied Health (Community Health), SLHD & University of Sydney</i> <i>Prof Jim Elliot, Prof of Allied Health, NSLHD & University of Sydney</i>		
14.30	Afternoon tea		
14.50	Lightning Talks		
16.00	Excellence in Allied Health Awards		
17.00	Canapes and Drinks		
18.00	Close		

Key Note Speakers



Professor Jennifer Alison

Professor of Allied Health (Chronic Disease), University of Sydney and Sydney Local Health

Professor Jennifer (Jenny) Alison is a Professor of Respiratory Physiotherapy, Faculty of Medicine and Health, University of Sydney and Professor of Allied Health, Sydney Local Health District, where her role is to build the research capacity of allied health clinicians to ensure best-practice patient care. Jenny has worked as a clinician, researcher and teacher in the area of respiratory disease most of her career. Jenny's recent research interests have been the implementation of evidence into practice, particularly around implementing pulmonary rehabilitation in rural and remote regions and with Aboriginal Medical Services to improve equity of access. Jenny has published over 160 peer-reviewed journal articles and 8 book chapters.



Dr Antonio Penna

Executive Director, Office for Health and Medical Research, NSW Health

Dr Antonio Penna is a paediatrician and medical administrator. He specialised in paediatric pharmacology and undertook clinical research for over a decade before he moved into administration. Tony was a medical administrator at Westmead Hospital and Royal North Shore Hospital before taking on the position of Chief Executive of the Children's Hospital at Westmead for 5 years. In August 2013 he was appointed as Executive Director of the Office for Health and Medical Research in the NSW Ministry of Health.

The Office for Health and Medical Research is the peak NSW body responsible for maximising the impact of health and medical research in NSW.



Dr Trish Bradd

Director, Patient Safety, Clinical Excellence Commission (CEC)

Dr Trish Bradd is the Director, Patient Safety at the Clinical Excellence Commission (CEC), a leadership and strategic role that leads and directs the NSW Patient Safety Program and provides strategic oversight for patient safety and quality across the NSW Health system. Prior to this, Trish worked in South Eastern Sydney Local Health District as Director Improvement and Innovation (2014-2019) and Director of Allied Health (2006-2014). Trish is a Fellow of Speech Pathology Australia (SPA) and is the Chair of the SPA Ethics Board. She has a strong interest in quality and safety, healthcare leadership, and improvement science. Her PhD was conferred in 2018 and explored allied health leadership in the provision of person-centred care.



Professor Joanne Travaglia

Professor of Health Services Management, University of Technology, Sydney

Professor Joanne Travaglia is a Professor of Health Services Management at the University of Technology Sydney. She is internationally recognised for her expertise in health services research, management and leadership. Her research addresses issues of quality and safety improvement, health systems development and design, leadership, critical management studies in health, and the delivery of healthcare to vulnerable groups. Jo has received multiple evaluation and research grants at federal and state levels and has worked in the health, welfare and higher education fields in both Australia and internationally.



Dr Anne Moseley

Institute for Musculoskeletal Health, The University of Sydney and Sydney Local Health District

Anne has made a major contribution to evidence-based practice through the Physiotherapy Evidence Database (PEDro; pedro.org.au), which she co-founded. She was PEDro's academic lead between 2005 and 2021. PEDro is a free global resource to support evidence-based practice and indexes over 53,000 articles reporting the results of randomised controlled trials, systematic reviews and evidence-based clinical practice guidelines evaluating the effects of physiotherapy interventions. Since its launch in 1999, PEDro has been used to answer nearly 32.6-million clinical questions posed by users from around the world in over 200 countries (6% of users are from Australia). In addition to curating the best research to guide practice, PEDro provides training in skills for evidence-based practice. To help address the language barrier to using evidence in practice, the PEDro website has been translated into 17 languages (English, Chinese (simplified and traditional), Portuguese, German, French, Spanish, Italian, Japanese, Korean, Turkish, Tamil, Arabic, Ukrainian, Polish, Romanian and Greek). In 2019 Anne received the Mildred Elson Award for her contribution and commitment to physiotherapy, this is the highest honour bestowed by World Physiotherapy (the peak body supporting global physiotherapy).

Workshop Facilitators



Professor Andrew Baillie

Conjoint Professor of Allied Health (Community Health), University of Sydney and Sydney Local Health District

Andrew is a clinical psychologist and professor of allied health (conjoint) with Sydney Local Health District and co-leader of the Sydney School of Health Sciences eHealth and Health Services Research Theme. Andrew's research involves collaboration with the Matilda Centre for Research in Substance use and Mental Health and with the Discipline of Addiction Medicine, Sydney Medical School. In Sydney LHD Andrew works across Community Health, Drug Health, Mental Health & Aged Care streams to build research capacity in allied health. He also works with Sydney Health Partners to deliver training in Implementation Science.



Professor Jim Elliot

Professor of Allied Health, University of Sydney and Northern Sydney Local Health District

Jim's interdisciplinary teams' contributions to the field range from the identification of novel magnetic resonance imaging markers to quantify alterations in spinal cord anatomy and skeletal muscle degeneration as potential markers of poor functional recovery following head/neck trauma, to leading large interdisciplinary studies investigating the neurobiological mechanisms of persistent spinal pain (generally) and head/neck trauma from a motor vehicle crash (specifically). He is currently a Professor of Allied Health in the Faculty of Medicine and Health at the University of Sydney and the Northern Sydney Local Health District. Prior to this, Jim was a tenure-track Associate Professor in the Feinberg School of Medicine at Northwestern University in Chicago, USA, where he remains an adjunct Professor and Principal Investigator of the Neuromuscular Imaging Research Laboratory.



Professor Sarah Dennis

Conjoint Professor of Allied Health, University of Sydney and South Western Sydney Local Health District

Sarah originally trained as a physiotherapist and has a background in epidemiology, public health and primary care. Sarah's broad research interest is in health services and health systems research and the prevention and management of chronic conditions. Sarah has over 90 peer reviewed publications in the scientific literature and supervises several research students. She has been involved in developing research capacity of clinicians for over 15 years.

Workshop Facilitators



Professor Steven Kamper

Professor of Allied Health

Nepean Blue Mountains Local Health District and University of Sydney

Steve is Professor of Allied Health at University of Sydney and Nepean Blue Mountains Local Health District. This role involves supporting clinicians in the public system to conduct research as part of their day-to-day practice. Steve's research career has been supported by continuous fellowship funding from NHMRC from 2008 to 2025. His research interest is in musculoskeletal pain (especially back and neck pain) in adults and adolescents and more recently in understanding how chronic pain fits into health more broadly. Steve writes the 'Evidence in Practice' series JOSPT which is used in training and fellowship programs globally to help clinicians incorporate research into their practice.



Dr Paula Bray

Acting Director of Research

Sydney Children's Hospitals Network

Dr Paula Bray is the Acting Director of Research for the Sydney Children's Hospitals Network. Paula brings experience across executive, clinical and research environments. Paula is focused on improving clinical care through translating discoveries into practice and advancing towards a vision of a research-enabled organisation. Paula completed her Ph.D in paediatric muscle disease and continues to research measurement science and improving clinical care and rehabilitation management for children with nerve and muscle disease.

Key Note Presentations

Professor Jenny Alison

Implementation science: how it can be used to translate research evidence into real-world clinical practice to improve patient outcomes

There is frequently a gap between research evidence and clinical practice in allied health, largely because the research evidence may not easily align with the contexts in which allied health clinicians work. This presentation will explore how implementation science has informed the translation of evidence into practice using two recent examples; implementation of evidence based pulmonary rehabilitation with Aboriginal communities and the challenges in the rapid translation of uncertain evidence for the management of COVID. Frameworks for implementation science will be discussed and some practical examples provided.

Dr Antonio Penna

Health and medical research in NSW

The Office for Health and Medical Research is the peak NSW body responsible for maximising the impact of health and medical research in NSW.

It is tasked to implement the 48 recommendations of the NSW Health and Medical Research Strategic Review, a 10 year strategic blueprint to achieving the vision articulated in the Review; 'NSW will have a global reputation as a resilient, innovative centre of excellence for health and medical research that strongly supports a high quality health system that is highly responsive to scientific advances and that generates health, social and economic benefits for the state and beyond'. To successfully implement this 10 year plan the Office will work closely with all the key stakeholders; researchers, clinicians, biotechnology industry, Ministry of Health, government, universities & research organisations.

Dr Trish Bradd and Professor Jo Travaglia

Why we need allied health research and researchers

Jo and Trish met while co-presenting at an Allied Health Leadership event hosted by the Health Education and Training Institute in 2012. Jo encouraged and inspired Trish to consider becoming a researcher and supported her as supervisor and friend over the subsequent years of her PhD journey. A former social worker, Jo is now a full time academic. Trish is a healthcare executive. Both remain advocates for allied health, and see they play an important and unique role in ensuring the provision of safe, quality health care to patients across the continuum of care.

Jo and Trish will discuss the 'why' of allied health research and explore the potential for impact of allied health research across the healthcare system. They will outline why they think research in real world contexts is important, why allied health research (and researchers) provides unique insights in how to improve the delivery of health and social care, and will share their insights and reflections of becoming allied health researchers.

Dr Anne Moseley

Tackling the barriers to evidence-based practice

Many allied health clinicians experience barriers and challenges with adopting new practices based on recent research and translating research into clinical practice. Anne will explore the reasons for these barriers and challenges in a NSW Health context and how we can overcome them as allied health professionals and services.

Research Showcase workshops

Developing and planning your research

Prof Sarah Dennis, Prof of Allied Health, SWSLHD & University of Sydney

This workshop will provide a hands-on practical guideline for developing your research project. Aimed at early career researchers, the workshop will include:

- Developing your research questions
- Research designs with consideration to your question
- Setting primary and secondary outcome measures
- Planning the next steps

We want you to come prepared to work on a clinical research problem relevant to your field. It would be good for you to have some information about background literature and gaps in the literature.

If you do not yet have a research idea, we will also work through some example research topics.

Translating research in practice – using implementation science to support innovation in allied health

Prof Andrew Baillie, Prof of Allied Health (Community Health), SLHD & University of Sydney

Prof Jim Elliot, Prof of Allied Health, NSLHD & University of Sydney

Research is essential for an adaptive learning health system. In a complex system like a Local Health District there are a number of enablers and barriers to innovation. Implementation Science provides frameworks to make sense of these pressures and enhance our ability to support innovation. The workshop will bring together Implementation Science models with experience from my embedded researcher / knowledge translation role in Sydney Local Health District to discuss practical ways to support allied health research capacity.

Allied Health Research Showcase

Oral Presentation Program

Day One – Thursday 28 April

Sarah Dennis	Rapid transition to telehealth for allied health: how does it impact care?
Alicia Burgess Jessica Hawkins	PRO-cesses – Aboriginal Cultural Competence is everyone’s business!
Linda Johansson	Liver Life: What matters most?
Cathryn Crowle	Using the General Movements Assessment to investigate neurodevelopment at 3 years of age in infants with congenital anomalies requiring surgery
Liana Chau	Subjective Global Assessment predicts outcomes in the intensive care unit
Lisa Pagano	The feasibility of an innovative GP-Physiotherapist partnership to improve identification and management of people with COPD: A Pilot Study

Day Two – Friday 29 April

Concurrent Session 1		Concurrent Session 2	
Yvette Black	Trial and translation of CIRCuiTS cognitive remediation therapy for people with schizophrenia in Western NSW LHD	Vanessa Nube	A randomised trial comparing conservative sharp debridement performed weekly or every second week for diabetes-related foot ulcers
Elizabeth Parker	Investigating two different refeeding formulations to improve safety and efficacy of hospital management of adolescent and young adults admitted with anorexia nervosa: A randomised controlled trial	Brett Chambers	Translating virtual pharmacy into routine clinical care in rural and remote hospitals
Leon Yu	Patient outcomes in an Australian low secure forensic psychiatric rehabilitation inpatient unit: A 10-year retrospective study	Deirdre D’Souza	Exploring lung cancer patient knowledge, attitude, and awareness of food-drug interactions with their targeted oral anticancer medications.
Karen Arblaster	Housing related delayed discharge from inpatient mental health care: A costly and harmful problem and a model to predict who is at risk	Caroline Nicholls	Handheld Indirect Calorimetry in the Burns Unit: a feasibility study
Bernadette Brady	“We thought she was one of us”: A pilot implementation of peer mentors to support CALD patients with chronic conditions	Carmen Amato Gemma Burridge	An educational program for informal dementia caregivers helping with everyday tasks
Geraldine Wallbank	Active Women over 50 online information and support programme to promote physical activity behaviour change: a pilot trial.	Jennifer Gibney	Improving the oral health of older people in hospital

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Lightning Talks

William Lai

Preoperative education and prehabilitation program improves outcomes for major abdominal and thoracic surgery

Michael Doumit

Enabling evidence-based telehealth: Can valid lung function testing be performed by children at home?

Emmy Yiannopoulos

The effectiveness of Project ECHO SLHD programs in improving clinician knowledge and confidence in complex mental health: a waitlist-controlled study

Roy Cheung

Application of sensor technology in rehabilitation for patients with knee osteoarthritis

Julie Hopkins

Counsellors in NSW Sexual Assault Services – does gender matter?

Nicola Clayton

Clinical profile and recovery pattern of dysphagia in the COVID-19 patient: a prospective observational cohort across NSW

Rebekah Rajakone

Masked communication: impact of a purpose-built training-program on communication effectiveness between staff and patients

Catherine Spinks

Patient perspectives on genomic secondary findings: a systematic literature review.

Danielle Feros Samantha Broyd

New therapies for functional neurological disorder: Evaluating a multidisciplinary and cognitive behavioural therapy approach

Jacqueline Batchelor

Barriers and enablers to implementing evidence into podiatry practice

Lil Vrkleviski

Professional identity, power and patient care

Danielle Keoller

Pain management among head and neck cancer patients in a regional cancer clinic: Patient reported adherence and barriers

Melissa Chan

Advance Care Planning Project – Empowering frail, older people to make EOL decisions

Shaye Ludlow

Liver Life: Supporting the nutritional needs of patients with advanced liver disease.

Nicola Hardingham Nicola Clayton

Dysphagia incidence and recovery post-surgical resection using the mandibular lingual release approach (MLRA) for oral/oropharyngeal carcinoma

Kath Dower

Co-design of virtual reality format of patient education derived from previous patients' experiences

Diana Barnett

Understanding the Perspectives and Experiences of Families and Clinicians using Telehealth within a Paediatric Developmental Assessment Clinic

Tony Hollins

Less is more: Better value healthcare in persistent pain with low-intensity programs

Emma Tan Lisa Benad

The future is now – A pilot study investigating the feasibility of integrating robotics in an upper limb therapy program for patients with cervical level spinal cord injuries in an acute care context

Sarah Boggiano

Multidisciplinary optimisation of cough augmentation in patients with neuromuscular bulbar impairment utilising nasendoscopy

Dragana Ceprnja

Physical activity and associated factors in Australian women during pregnancy: A cross-sectional study

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Presenter biography

Sarah Dennis

Sarah Dennis is Professor of Allied Health at the University of Sydney and South Western Sydney Local Health District. Her research interest is in multi-disciplinary research teams trying to solve complex problems in allied health. She is a nurturer of research excellence, developing allied health research capacity in the public health system. Her research aims to influence policy makers to ensure that people with long-term health conditions really do have access to effective multidisciplinary team care, in particular effective evidence-based allied health interventions.

Brett Chambers

Brett Chambers is a clinical pharmacist with 10 years' experience in diverse roles within rural hospitals. Brett has a passion for health projects having worked on the eHealth implementation of the electronic medication management solution in Western NSW and Far West LHD's. Brett has been coordinating the research and clinical activities of the Virtual Clinical Pharmacy Service in Western NSW and Far West NSW Local Health District for the past 18 months. Brett was awarded Emerging Researcher Of The Year 2020 by the Western NSW Health Research Network and the Virtual Clinical Pharmacy Service was awarded the 2021 SHPA Hospital Team Innovation Award.

Deirdre D'Souza

Deirdre D'Souza is the Clinical Coordinator of Cancer Care Pharmacy services at Westmead Hospital. She obtained her Bachelor of Pharmacy from the University of Sydney and has over 30 years of experience in clinical pharmacy. Deirdre is passionate about the role of pharmacists in communicating with patients and caregivers to improve therapeutic outcomes and safety of cancer medications. She has experience in managing phase 1 to 4 pharmaceutical clinical trials in oncology and haematology and more recently has developed and led qualitative research projects. Deirdre is currently undertaking a Masters in Palliative Care at the University of Technology, Sydney.

Alicia Burgess Jessica Hawkins

Alicia Burgess is a Senior Podiatrist, Jessica Hawkins is a Dietitian and Diabetes Nurse Educator in the Illawarra Shoalhaven LHD High Risk Foot Service. Both clinicians are candidates of the Rural Research Capacity Building Program.

Working with members of the Dharawal and Yuin Nations, Alicia and Jessica are passionate about improving diabetes and podiatry services in the Aboriginal Community.

Implementation of Patient Reported Measures (PRMs) were required across ISLHD. Both clinicians identified Aboriginal patients had trouble completing PRMs which help to inform and support their diabetes management. Alicia and Jessica's strong relationship and eagerness to improve the quality of care with community prompted this research.

Bernadette Brady

Dr Bernadette Brady is a musculoskeletal and pain physiotherapist who holds a Clinical Specialist Physiotherapy position in SWSLHD and a Clinical Research Fellowship funded by SPHERE. Dr Brady completed her PhD through Western Sydney University investigating novel culturally responsive approaches to pain management. Bernadette holds a conjoint lecturer appointment with Western Sydney University and a Clinical Lecturer affiliation with The University of Sydney. Through these academic and clinical roles Bernadette is pursuing a program of research seeking to improve outcomes for culturally and linguistically diverse (CALD) communities with chronic conditions.

Cathryn Crowle

Cathryn Crowle is a Senior Occupational Therapist and Co-Lead of Research in the Grace Centre for Neonatal Intensive Care, The Children's Hospital Westmead.

Dr Crowle has over 25 years of experience as a paediatric occupational therapist. She completed her PhD in 2018 and now holds a conjoint appointment as Clinical Senior Lecturer at the University of Sydney. Dr Crowle has strong collaborations with the Cerebral Palsy Alliance and international researchers in the field of early detection for cerebral palsy. She is a NIDCAP Certified Professional, Advanced Rater in the General Movements assessment and a HINE Trainer (Hammersmith Infant Neurological Examination).

Presenter biography

Elizabeth Parker

Elizabeth Parker is a Senior Clinical Dietitian at Westmead Hospital, with 15 years experience working in eating disorders. Elizabeth is a PhD candidate at the Faculty of Medicine and Health, University of Sydney. Her research includes investigating safer ways of providing nutritional rehabilitation to patients hospitalised with eating disorders, and this work has received funding through the Ministry of Health Translational Research Grants Scheme.

Liana Chau

Liana Chau is a newly graduated Accredited Practising Dietitian at the University of Sydney (USYD). Liana is interested in clinical nutrition and she continues to be involved in critical care research projects under the supervision of Dr Suzie Ferrie (Critical Care Dietitian) at Royal Prince Alfred Hospital after graduation.

Geraldine Wallbank

Geraldine Wallbank is a physiotherapist and a PhD candidate at the Institute for Musculoskeletal Health (partnership with The University of Sydney and Sydney Local Health District), Sydney School of Public Health. Her work focuses on promoting independence and Preventing disability in older age by promoting physical activity in the middle age years.

Vanessa Nube

Vanessa Nube is the Director of Podiatry for Sydney Local Health District and her area of clinical expertise and research interest is the management of diabetes-related foot complications. She has a Masters of Science in Medicine and the current project has been conducted as part of her PhD and was supported by a NSW Health Translational Research Grant. Vanessa was instrumental in the development of the NSW Standards for High Risk Foot Services, was on the NSW Diabetes Taskforce and the working group for development of the National Standards for High Risk Foot Services as part of the National Association of Diabetes Centres (NADC). She plays an active role in service accreditation as part of the NADC and has recently co-authored the Australian Guidelines for pressure offloading therapy for management of Diabetes-related foot ulcers.

Jennifer Gibney

Jennifer Gibney is a Speech Pathologist at Nepean Hospital, Penrith, New South Wales. Her interest in the oral health of older people has arisen from her clinical practise over the last 10 years on acute aged care wards. She is particularly interested in the relationship between oral bacteria and aspiration pneumonia. Jenny completed her PhD to investigate the oral health of acute aged care patients whilst hospitalised at the Centre for Research on Ageing and the University of Sydney Medical School based at Concord Repatriation and General Hospital. She lives in Sydney with her husband and three children.

Karen Arblaster

Karen Arblaster is Director Allied Health, Research and Strategic Partnerships at Nepean Blue Mountains Local Health District. She is an occupational therapy leader and researcher who has held executive and senior executive roles encompassing all areas of public health. Karen has also worked as an occupational therapy educator.

Karen's research focuses on learning from lived experience perspectives to improve consumers' experiences of health services and to improve service quality and outcomes. In her doctoral research she worked in partnership with mental health consumers to co-produce recovery-oriented practice capabilities for occupational therapists and an outcome measure to evaluate these.

Carmen Amato Gemma Burridge

Carmen and Gemma are registered Occupational Therapists, working in the field of ageing for over 20 years. They are Conjoint Lecturers at Western Sydney University.

The project team has a strong history of productive collaboration, working together since 2015, including supervision for occupational therapy honours students, presenting their work at national and international conferences, and publishing a journal article. The team was also awarded the Western Sydney University School of Science and Health Partnership Grant in 2017 to support work on a previous study in collecting useful strategies from carers.

Presenter biography

Linda Johansson

Linda Johansson is a social worker in Hepatology and Palliative Care. She has 16 years of social work experience in areas including Women's health, Neonatal intensive care, HIV, and the Young Parent Network, HNELHD.

Linda is currently involved in a variety of quality improvement projects including the Enhanced Outreach Project which was developed to improve access to Hepatitis C treatment, on which she presented outcomes at the International Social Workers Conference in York UK, 2019. She is currently part of the project team delivering a supportive model of care to patients and carers living with advanced liver disease.

Lisa Pagano

Lisa Pagano is a PhD student at the University of Sydney. She is a qualified physiotherapist who has worked clinically since 2015 in the areas of acute care, rehabilitation and paediatrics. Lisa has a keen interest in cardiopulmonary physiotherapy, particularly in Chronic Obstructive Pulmonary Disease and postoperative care as well as prevention, diagnosis, and management of chronic disease in primary care. Lisa commenced her PhD in 2018 investigating the feasibility of a GP-physiotherapist model of care in the management of Chronic Obstructive Pulmonary Disease.

Leon Yu

Leon Yu is an occupational therapist working in a low secure mental health rehabilitation and recovery ward in SLHD. He completed a Master degree of Occupational Therapy from the University of Sydney. He is passionate about knowing how functional cognition impacts person's recovery journey and how occupational therapy can change the world of forensic mental health.

Yvette Black

Yvette Black is a Senior Occupational Therapist at the Bloomfield campus of the Orange Health Service. She completed a Bachelor of Applied Science (Occupational Therapy) at the University of Sydney in 2002, and graduated from the Masters of Forensic Mental Health program at UNSW in 2014. Yvette has over a decade of experience in mental health and has worked in various areas of occupational therapy in rural and metropolitan areas. Yvette has been a CIRCuiTS Therapist since 2017 and is currently completing training to become a supervisor.

Caroline Nicholls

Caroline Nicholls is the Senior Burns Dietitian at Concord Hospital. She has over 15 years of experience working with burn injured patients and is well recognised in the field of nutrition support and clinical research in severe burn injury.