

Future Health Worldbuilding Competition 2025



Parent Info Pack

An exciting opportunity for NSW young people aged 12-16 or in Years 7-10.



What is this?

**What will healthcare feel like in 2040?
Who will care for us – and how?**

The Future Health Worldbuilding Competition 2025 invites young people across NSW to step into the future – not as spectators, but as designers of what comes next.

It's a creative, young person-led competition where your child will imagine, design, and tell the story of a future healthcare system that works better for everyone – people, communities, and the planet.

This competition builds on a concept called worldbuilding which is the skill of imagining and designing alternative futures using storytelling, systems thinking, creativity, and ethics.



Why is this good for my child?

This is a unique chance for your child to step into the future.

Through this competition, they'll build the kinds of real-world skills that truly matter: creativity, foresight, ethical thinking, and problem-solving.

It's an opportunity for them to be curious, to speak up, and to lead, all in a format that's designed for students to take charge.

They'll explore what a career in health might look like in the evolving world of care, technology, and wellbeing. And they won't be doing it alone. Their ideas will become part of a broader conversation, helping shape NSW Health's vision for 2040 and beyond.

It's learning that connects the classroom to the world, sparking independence, building confidence, and encouraging young people to think big about real issues that matter to them, their communities, and their future.



What will they do?

Young people will imagine what healthcare could look like in the year 2040.

They'll explore big ideas – from climate change and AI to inclusion and mental health – and how these intersect with the future of care.

Then, they'll create their own vision: a story, a video, a drawing, a prototype, a podcast – whatever medium suits their message.

Every idea will be submitted for consideration, and some young people will be invited to share their vision at the Future Health Symposium at Westmead in Term 4.

Top entries will also be offered a bespoke, behind-the-scenes tour of an innovative health care space and other great prizes, in recognition of their bold thinking and creativity.

Who is it for?

- Young people aged 12-16 years old
- All NSW students in Years 7-10
- Public, Catholic, and Independent schools
- Students can enter on their own or in a team of 3
- No cost to participate, the competition is free to enter
- Projects are completed outside of school time
- Parents, carers, or teachers can provide light-touch support if young people want it

What support might I need to give?

Your child might ask for help:

- Talking through ideas
- Filming or editing a video
- Gathering feedback or refining a design
- Uploading their submission online

You don't need to have expertise, just being a curious, encouraging adult in their corner is enough.

How do we get started?

More information, registration links, and inspiration will be shared via health.nsw.gov.au/futurehealthcomp

You can also check in with your child's school to see if teachers are sharing the opportunity.

In summary

This is an invitation to think big, create boldly, and contribute meaningfully to the future of health in NSW. Encourage your child to get involved. It could shape how they see themselves and the world.

Questions?

Please visit the Frequently Asked Questions on our competition website below or send us a new question using the form there.



Get Involved

Learn more, access inspiration and resources, or register to receive updates: health.nsw.gov.au/futurehealthcomp