


# Future Health Worldbuilding Competition 2025



## Teacher Info Pack

A Creative, Student-Led Competition That Connects Learning to Life



What will healthcare  
feel like in 2040?  
Who will care for us... and how?

This year, NSW Health is inviting students across the state to take on a  
unique and imaginative competition:  
to step into the future as designers of what comes next.

The Future Health Worldbuilding Competition 2025 is a call to action for young people to explore their creativity, critical thinking, and sense of social responsibility. Worldbuilding is the practice of imagining, designing, and communicating the systems, values, and environments of an alternative or future world. It draws on skills in storytelling, systems thinking, ethics, and innovation which are all essential for thinking critically and creatively about change.

Students in Years 7-10 are invited to imagine and create a vision of a future healthcare system. Through art, writing, video, storytelling, design, or prototypes, they'll craft their own future world where care is reimaged for people, communities, and the planet.

Their ideas won't be graded but they'll be taken seriously. Submissions will help inform NSW Health's strategic planning. Finalists will attend a Future Health Symposium at Westmead in Term 4, and winners will be offered a bespoke, behind-the-scenes tour of an innovative health care space and other great prizes.

## Why this matters for students – and teachers

This competition is designed to spark deep engagement without adding to the classroom load. It's a student-led experience supported by parents, teachers, or mentors as needed –but powered by students' own curiosity and creativity.

At its heart, this competition builds:

- 1 Future-focused capabilities like systems thinking, foresight, ethical reasoning, and collaboration
- 2 Personal agency, helping students feel heard and empowered
- 3 Connections to careers, with real pathways into health and care futures

## What it is – and what it's not

This competition is:

- Open to all NSW students in Years 7-10
- Free to enter, with support materials and prompts provided
- Flexible in format – from videos and drawings to podcasts or prototypes
- Designed to be completed outside school hours
- Supported by teachers and parents, but not classroom-assessed



## Where it links to learning

Students will naturally draw on knowledge and skills from:

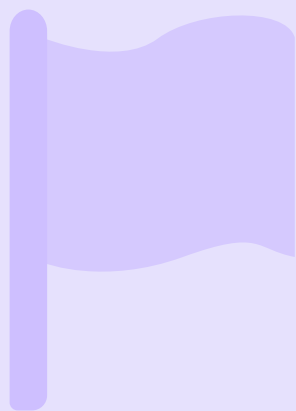
- **Science** – understanding systems, health, and the role of innovation
- **PDHPE** – exploring wellbeing, care equity, and community health
- **Technology** – applying design thinking and digital creativity
- **English** – crafting compelling narratives and persuasive ideas
- **Careers & Civics** – imagining their future role in public life and shared systems

It's also tightly aligned with NSW General Capabilities and IB Approaches to Learning, from creative and critical thinking to communication and intercultural understanding.

## Why teachers are saying “yes” to this

Teachers have told us they love this competition because it has the potential to:

- Engage students who thrive on big ideas and creativity
- Make learning authentic and purposeful
- Offer a way to connect with health careers in a practical, accessible way
- Encourage student-led initiative without requiring classroom time



## Four choices from here...

1. Share the opportunity with your students or staff
2. Support interested students as a mentor, checkpoint, or cheer squad
3. Celebrate their submissions and reflections
4. Reconnect when we invite schools to future years of the competition



## Get Involved

Learn more, access inspiration and resources, or register to receive updates:  
[health.nsw.gov.au/futurehealthcomp](https://health.nsw.gov.au/futurehealthcomp)