

# Influenza Monthly Epidemiology Report, NSW

28 April to 4 May 2012

Produced by: Population Health Division, NSW Health.

This report describes the surveillance for influenza and other respiratory pathogens, undertaken by NSW Health to date. This includes data from a range of surveillance systems.

For weekly communicable disease surveillance updates refer to the Communicable Disease Weekly Report at <http://www.health.nsw.gov.au/publichealth/infectious/index.asp>.

## 1. Summary

For the week ending 4 May 2012:

- The rate of influenza-like illness (ILI) presentations to selected emergency departments (EDs) was low and within the usual range for this time of year
- Laboratory testing data indicated overall influenza activity was low this week
- Respiratory syncytial virus (RSV) was the most common respiratory virus identified by sentinel laboratories
- Bronchiolitis activity in selected emergency departments continued to increase
- The rate of deaths due to pneumonia or influenza remained below the seasonal threshold

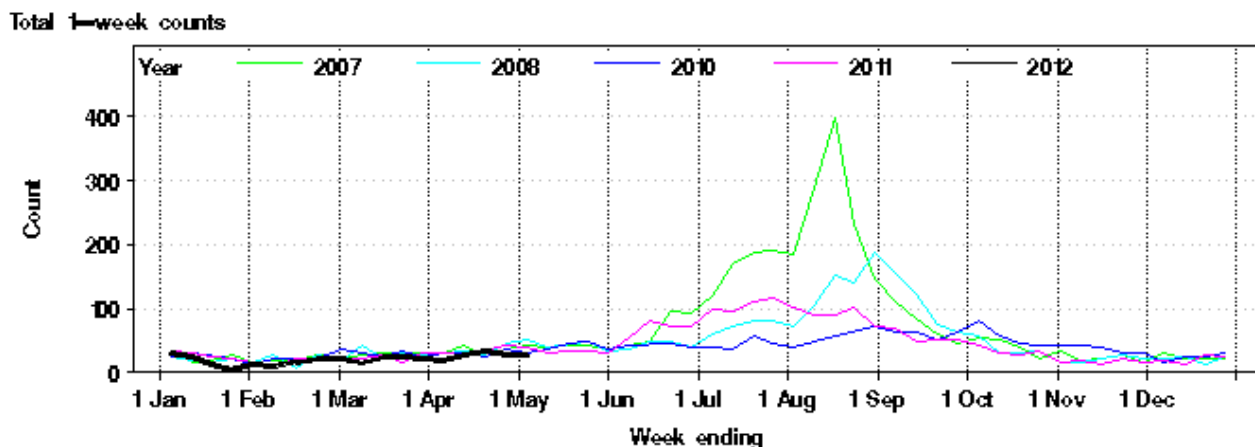
## 2. Emergency Department (ED) presentations

Data from 59 NSW emergency departments are included. Comparisons are made with data for the preceding six years. Recent counts are subject to change.

### Presentations for influenza-like illness

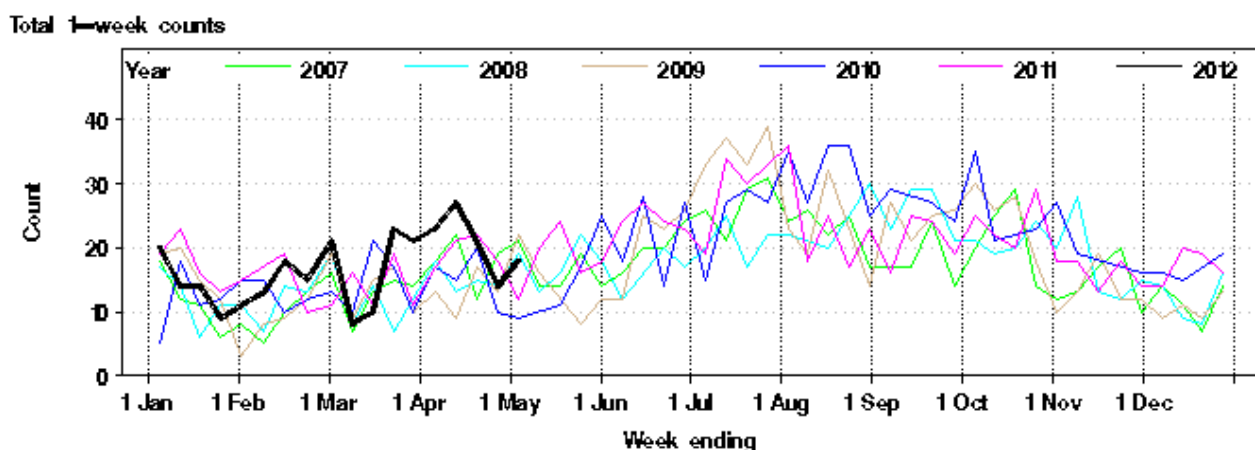
- The total number of patients presenting to EDs with influenza-like illness (ILI) was low this week (rate of 0.7 cases per 1000 presentations) and was below the usual range for this time of year (Figure 1 and Table 1).
- The majority (79%) of ILI presentations were reported in people aged 15 to 54 years of age.
- Total admissions from ED to critical care units for influenza-like illness and pneumonia increased this week but remained within the usual range for this time of year (Figure 2).
- Total ED presentations for bronchiolitis increased this week and was above the usual range for this time of year (Figure 3). Bronchiolitis presentations to EDs tend to increase around this time each year, and usually reflect increasing circulation of respiratory syncytial virus (RSV) infection in the community

**Figure 1:** Comparison of weekly influenza-like illness presentations to NSW EDs, 2007-2012.\*



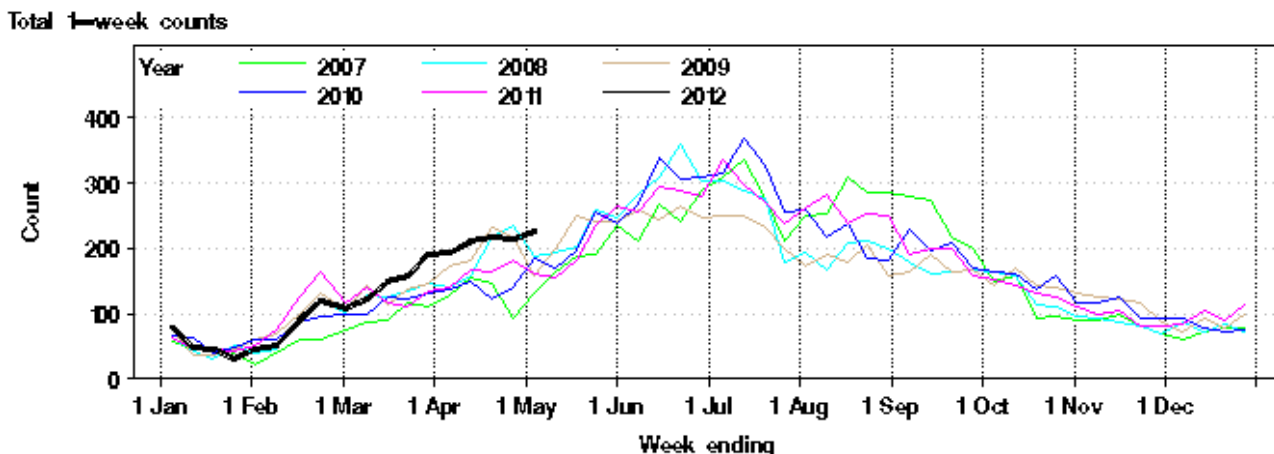
**Note:** Excludes data from 2009 to enable easier comparison of 2011 data with data from previous non-pandemic years. Includes data from 59 emergency departments. Source: NSW Health Public Health Real-time Emergency Department Surveillance System (PHREDSS) and the Centre for Epidemiology and Research, NSW Health Department.

**Figure 2:** Comparison of weekly admissions to hospital critical care units for ILI and pneumonia, 2007-2012.



**Note:** As for Figure 1, although includes 2009

**Figure 3:** Comparison of weekly bronchiolitis presentations to NSW EDs, 2007-2012.



**Note:** As for Figure 1, although includes 2009

**Table 1: Weekly Emergency Department and Ambulance Respiratory Activity Summary**

Data source	Diagnosis or problem category	Trend since last week	Overall comparison with usual range for time of year	Statistically significant age groups (if any)	Statistically significant local increase (if any)	Action other than this report (if any)	Comment
ED presentations, 59 NSW hospitals*	Influenza like illness (ILI)	Steady	Below				
	Pneumonia	Decreased	Usual		<b>South Western Sydney LHD</b>	Situation report for South Western Sydney LHD sent on 3/5/2012.	
	Pneumonia and ILI admissions	Decreased	Slightly above				
	Pneumonia and ILI critical care admissions	Increased	Usual				
	Bronchiolitis	Increased	Above				
	Respiratory, fever and unspecified infections	<b>Increased</b>	Usual	<b>0 – 4 years</b>	<b>Western Sydney LHD</b>		Increases reflect somewhat higher than usual levels of asthma and bronchiolitis for this time of year.
	Total presentations	Decreased	6% above 2011				
Ambulance calls, Sydney region	Breathing problems	Increased	Usual				

**Notes on Table 1.**

- (1) Statistically significant increases are shown in **bold**.
- (2) This report summarises activity from 59 Emergency Departments (EDs) across NSW and the Sydney Ambulance Operations Region. It provides information on general respiratory activity. Recent activity counts are subject to change.
- (3) This is a routine general report for information on respiratory activity, and is additional to public health situation reports that advise of unusual increases in activity in particular provisional ED diagnosis groupings or Ambulance problem categories. It is prepared by the Centre for Epidemiology and Research.

### 3. Laboratory testing summary for influenza

Week ending 4 May:

- 723 tests for respiratory viruses were performed at sentinel NSW laboratories (Table 2).
- 12 specimens tested positive for influenza A – 8 tested positive for influenza A (H3N2). The remainder tested negative to influenza A (pH1N1) and are assumed to be A (H3N2) (Table 2, Figure 4).
- 4 cases of influenza B were reported (Table 2, Figure 4).
- The proportion of respiratory samples that tested positive for influenza was slightly higher than the historical average for the same historical period.

Laboratory testing suggests influenza has occurred at low levels. Respiratory syncytial virus was the most common respiratory virus identified by laboratories.

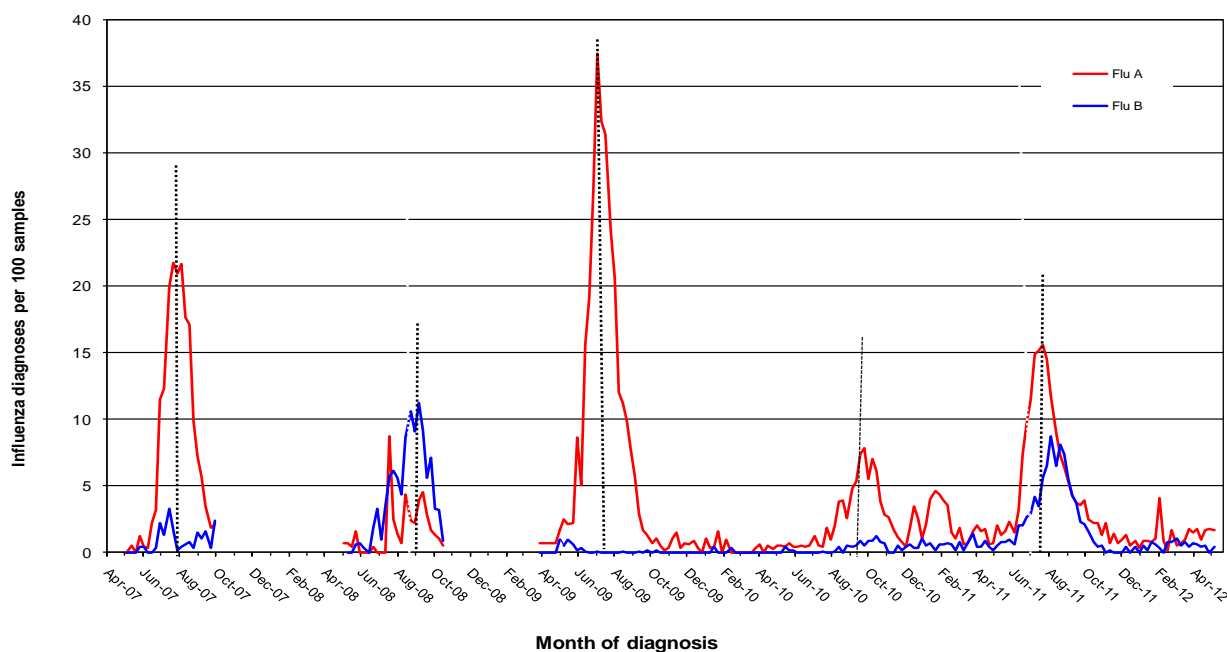
**Table 2:** Summary of testing for respiratory viruses and influenza at NSW laboratories 1 January to 4 May 2012.

W/E	Virology specimens tested	Influenza A (total pos) (%)	Influenza A (H3) (total pos) (%)	H1N1** influenza 09 (total pos) (%)	Influenza B (total pos) (%)	Adenovirus	Parainfluenza 1, 2 & 3	RSV	Rhinovirus	Enterovirus	HMPV***
27/01/2012	1617	14 (0.9%)	4 (29%)	4 (29%)	7 (0.4%)	37	60	38	119	64	36
02/03/2012*	2520	30 (1.2%)	9 (30%)	1 (3%)	15 (0.6%)	44	65	156	224	128	30
30/03/2012	2573	33 (1.3%)	20 (61%)	3 (9%)	16 (0.6%)	59	79	269	263	114	40
27/04/2012	2857	45 (1.6%)	19 (42%)	4 (9%)	11 (0.4%)	65	63	422 (14.7%)	231	114	28
<b>Week ending</b>											
04/05/2012	723	12 (1.7%)	8 (67%)	0	4 (0.4%)	19	15	123	45	32	2

\*\* Subset of influenza A cases \*\*\* HMPV = Human metapneumovirus

**Note:** Data is provided by laboratories on a weekly basis. Excludes point of care tests. Influenza laboratory diagnoses using virology are reported by South Eastern Area Laboratory Services (SEALS), Institute of Clinical Pathology and Medical Research (ICPMR), The Children's Hospital at Westmead (CHW), South West Area Pathology Services (SWAPS), Pacific Laboratory Medicine Services (PaLMS), Royal Prince Alfred Hospital (RPAH), Hunter Area Pathology Service (HAPS), St Vincent's (SydPath), Nepean, Douglas Hanley Moir (DHM), VDRLab.

**Figure 4:** Percent of laboratory tests positive for influenza A and influenza B, 1 January 2007 – 4 May 2012, New South Wales.



**Note:** Data is provided by laboratories on a weekly basis. Excludes point of care tests. Influenza laboratory diagnoses using virology are reported by South Eastern Area Laboratory Services (SEALS), Institute of Clinical Pathology and Medical Research (ICPMR), The Children's Hospital at Westmead (CHW), South West Area Pathology Services (SWAPS), Pacific Laboratory Medicine Services (PaLMS), Royal Prince Alfred Hospital (RPAH), Hunter Area Pathology Services (HAPS), St Vincent's (SydPath), Nepean (no data between Oct 2010 to June 2011), Douglas Hanley Moir (DHM), VDRLab from 5 March 2010, Laverty (data from 1 April 2010 to February 2011) and St Vincent's (data since November 2010).

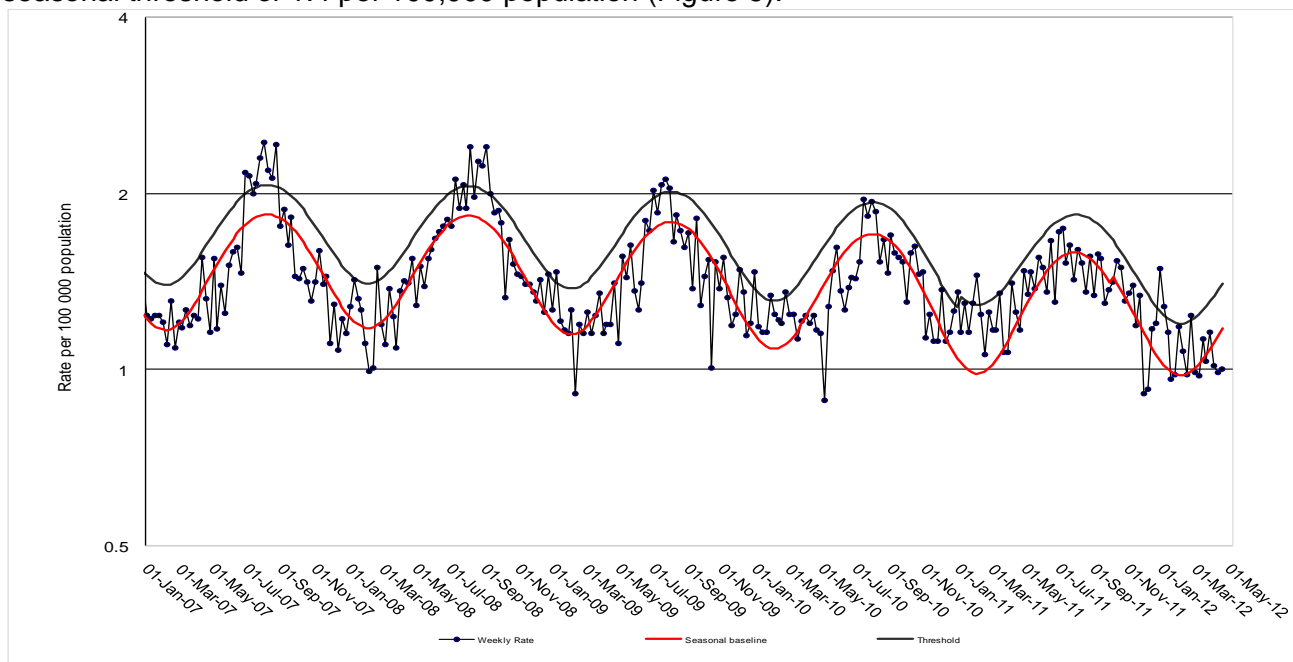
#### 4. Deaths with pneumonia or influenza reported on the death certificate

Deaths registration data is routinely reviewed for deaths attributed to pneumonia or influenza. While pneumonia has many causes, a well-known indicator of seasonal and pandemic influenza activity is an increase in the number of death certificates that mention pneumonia or influenza as a cause of death.

The predicted seasonal baseline estimates the predicted rate of influenza or pneumonia deaths in the absence of influenza epidemics. If deaths exceed the epidemic threshold, then it may be an indication that influenza is beginning to circulate widely.

For the week ending 20 April:

- There were 1.0 pneumonia or influenza deaths per 100,000 NSW population, below the seasonal threshold of 1.4 per 100,000 population (Figure 5).\*



**Figure 5:** Rate of deaths classified as influenza and pneumonia (by NSW Registered Death Certificates) per 100,000 NSW population, 2007-2012

Source: NSW Registry of Births, Deaths and Marriages.

**\* Notes on interpreting death data:**

- (1) The number of deaths mentioning "Pneumonia or influenza" is reported as a rate per 100,000 NSW population. Using the NSW population provides a more stable and reliable denominator than deaths from all causes. This is because pneumonia and influenza are known to contribute to increases in deaths from non-respiratory illnesses, such as deaths due to ischaemic heart disease. As the number of these deaths will increase with rises in influenza activity, the actual effect of influenza on mortality rates will be obscured if all-cause mortality is used as the denominator. This limitation is avoided by using the NSW population, which is relatively constant throughout the year, as the denominator.
- (2) Deaths referred to a coroner during the reporting period may not be available for analysis. Deaths in younger people may be more likely to require a coronial inquest. Therefore influenza-related deaths in younger people may be under-represented in these data.
- (3) The interval between death and death data availability is usually at least 7 days, and so these data are one week behind reports from emergency departments and laboratories. In addition, previous weekly rates may also change due to longer delays in reporting some deaths.

## 5. National and International Influenza Surveillance Links

For the latest information on national influenza activity please see the Australian Influenza Surveillance Reports at the following website:

<http://www.health.gov.au/internet/main/publishing.nsf/Content/cda-ozflu-2011.htm>

For the latest information on international influenza activity please see the World Health Organization Influenza Updates at the following website:

<http://www.who.int/csr/disease/influenza/en/index.html>

For the information on current strains covered in this year's influenza vaccine see WHO Collaborating Centre for Reference and Research on Influenza at the following website:

[http://www.influenzacentre.org/centre\\_vaccines.htm](http://www.influenzacentre.org/centre_vaccines.htm)