

NSW Health Influenza Surveillance Report

Week 38 Ending 22 September 2013

Influenza Surveillance Forecast (Update):

Influenza A(H1N1)pdm09 is currently the dominant circulating influenza A strain; younger people, including pregnant women, may be at greater risk of infection with this strain.

In 2012, influenza A(H3N2) A was the dominant circulating influenza A strain and people in older age groups were more at risk of infection.

While the currently circulating influenza A strains are well matched to the 2013 seasonal influenza vaccine there has been a slight drift in the circulating influenza B strains to B/Massachusetts/2/2012 –like viruses. The influenza B component of the 2013 seasonal influenza vaccine is a B/Wisconsin/1/2010 – like strain. Both the B/Massachusetts and B/Wisconsin strains are Yamagata-lineage viruses and it is expected that the 2013 seasonal influenza vaccine should provide some protection against the new strain.

Summary:

For the week ending 22 September 2013, influenza activity decreased further. Influenza surveillance measures appear to indicate that we have passed the peak (1 September) of influenza activity for the current influenza season.

- [Emergency Department surveillance](#) – the index of increase for influenza-like illness (ILI) presentations fell well below the seasonal threshold. The current level is consistent with the winter influenza season ending.
- [Laboratory surveillance](#) – the proportion of respiratory samples positive for influenza A and B continues to decrease but remains elevated (15.8%), predominantly influenza A(H1N1)pdm09. Other respiratory virus activity continues to remain high.
- [Community illness surveillance](#) – data collected from eGPS, ASPREN and FluTracking on ILI activity in NSW overall decreased further this week and for some returned to pre-season levels.
- [National and International influenza surveillance](#) – No new human cases of infection with the novel avian influenza A(H7N9) strain from China; otherwise low influenza activity worldwide.

About this report:

Health Protection NSW collects and analyses surveillance data on influenza and related respiratory pathogens, and produces regular surveillance reports for the community and health professionals. Surveillance reports are produced weekly reports commencing in May and continuing until the end of the influenza season. Monthly reports are produced throughout the rest of the year.

The influenza surveillance reports include data from a range of surveillance systems and sources concerned with Emergency Department illness surveillance, laboratory (virological) surveillance, and community illness surveillance. Pneumonia and influenza mortality data are also monitored and reported upon periodically. For further information see the [NSW Health Influenza website](#).

1. Emergency Department (ED) Surveillance

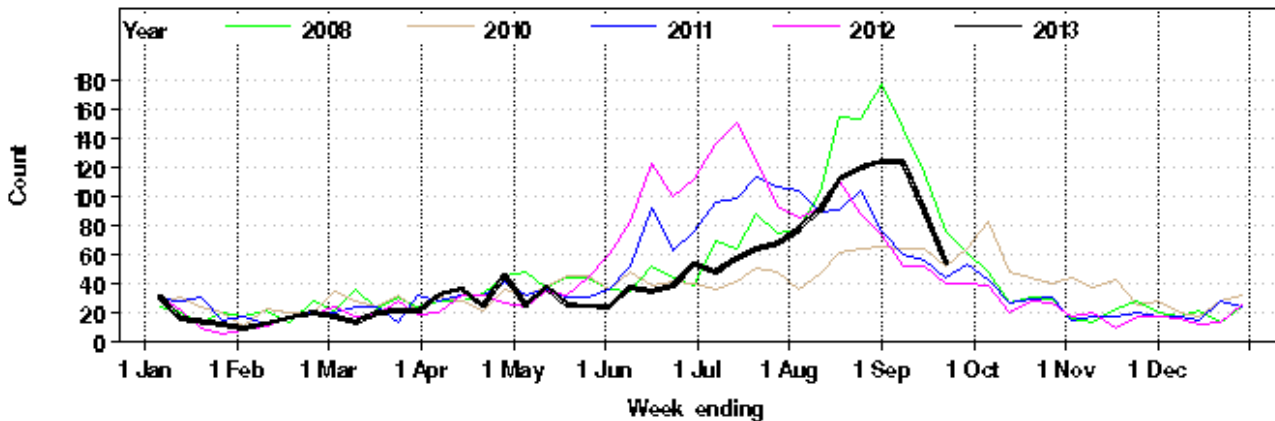
Source: NSW Health Public Health Real-time Emergency Department Surveillance System (PHREDSS) managed by the Centre for Epidemiology and Evidence, NSW Ministry of Health. Data from 59 NSW emergency departments (ED) are included. Comparisons are made with data for the preceding five years. Recent counts are subject to change.

Presentations for influenza-like illness (ILI) and other respiratory illness

The ED surveillance system uses a statistic called the ‘index of increase’ to indicate when presentations are increasing at a statistically significant rate. It accumulates the difference between the previous day’s count of presentations and the average for that weekday over the previous 12 months. An index of increase value of 15 is considered an important signal for the start of the influenza season in NSW as it suggests influenza is circulating widely in the community.

- On 22 September 2013, the index of increase for ILI presentations decreased to 8.9, well below the threshold and is consistent with the end of this year’s influenza season having first crossed in late June.
- ILI activity decreased this week to 1.4 cases per 1000 presentations. The total count for ILI presentations also decreased this week and was within the usual range. The number of presentations for 0-4 year olds and in Western Sydney LHD were slightly elevated for this time of year (Figure 1 and Table 1).
- Combined ILI and pneumonia admissions to critical care wards increased slightly this week but was within the usual range for this time of year (Figure 2 and Table 1).

Figure 1: Total weekly counts of ED visits for influenza-like illness, from January – 22 September 2013 (black line), compared with each of the 5 previous years (coloured lines).



*Note: Excludes 2009 data to enable comparison of 2013 data with data from previous non-pandemic years.

Figure 2: Total weekly counts of ED visits for pneumonia and ILI admitted to a critical care ward, from January –22 September 2013 (black line), compared with each of the 5 previous years (coloured lines).

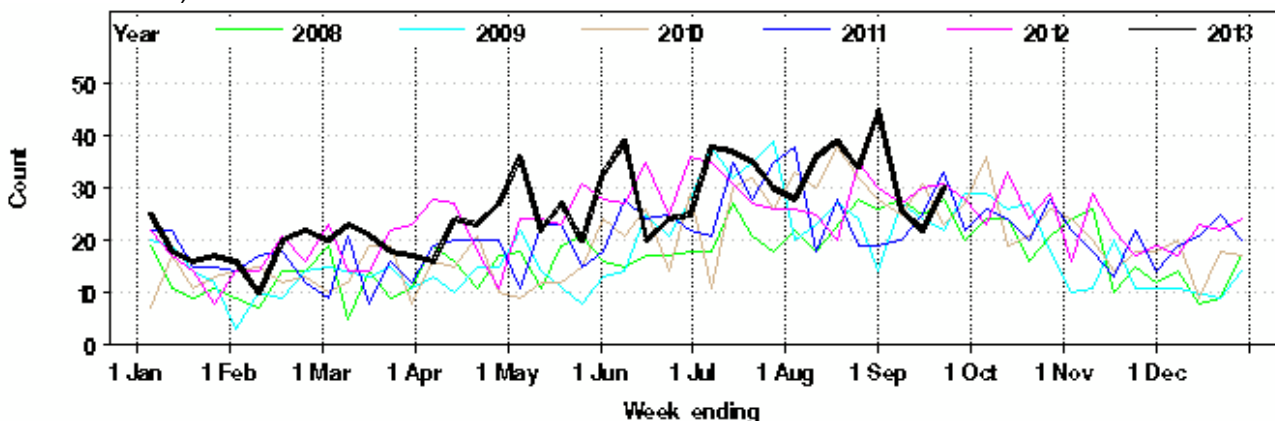


Table 1: Weekly ED and Ambulance Respiratory Activity Summary. Includes data from 59 NSW Emergency Departments and the Sydney Ambulance Division, up to 22 September 2013.

Data source	Diagnosis or problem category	Trend since last week	Overall comparison with usual range for time of year	Statistically significant age groups (if any)	Statistically significant local increase (if any)	Action other than this report (if any)	Comment
ED presentations, 59 NSW hospitals	Influenza like illness (ILI)	Decreased	Usual				The level in under-5 year-olds remained somewhat elevated.
	Pneumonia	Decreased	Usual				
	Pneumonia and IU admissions	Decreased	Usual				
	Pneumonia and IU critical care admissions	Increased	Usual				
	Bronchiolitis	Increased	Usual				
	Respiratory illness, fever or unspecified infections	Decreased	Usual				Critical care admissions in under-5 year-olds were somewhat elevated.
	Asthma	Increased	Usual		St George Hospital		
	Total presentations (compared with 2012 only)	Decreased	Similar				Total presentations were similar to the same week last year. Admissions from ED were 4.9% higher.
Ambulance calls, Sydney region	Breathing problems	Decreased	Above				Up 7% compared with usual for the time of year.

Notes on Table 1: Statistically significant increases are shown in **bold**. LHD = Local Health District. Recent activity counts are subject to change. This is a routine general report for information on respiratory activity and is additional to public health situation reports that advise of unusual increases in activity in particular provisional ED diagnosis groupings or Ambulance problem categories.

2. Laboratory Surveillance

For the week ending 22 September 2013, the number and proportion of respiratory specimens reported by NSW sentinel laboratories which tested positive for influenza decreased (Table 2 and Figure 3). Influenza was still the most common respiratory virus identified.

A total of 2072 tests for respiratory viruses were reported with 327 specimens (15.8%) testing positive for influenza viruses. Influenza A viruses were predominating, with A(H1N1)pdm09 circulating at higher levels than A(H3N2). Influenza B activity decreased further this week.

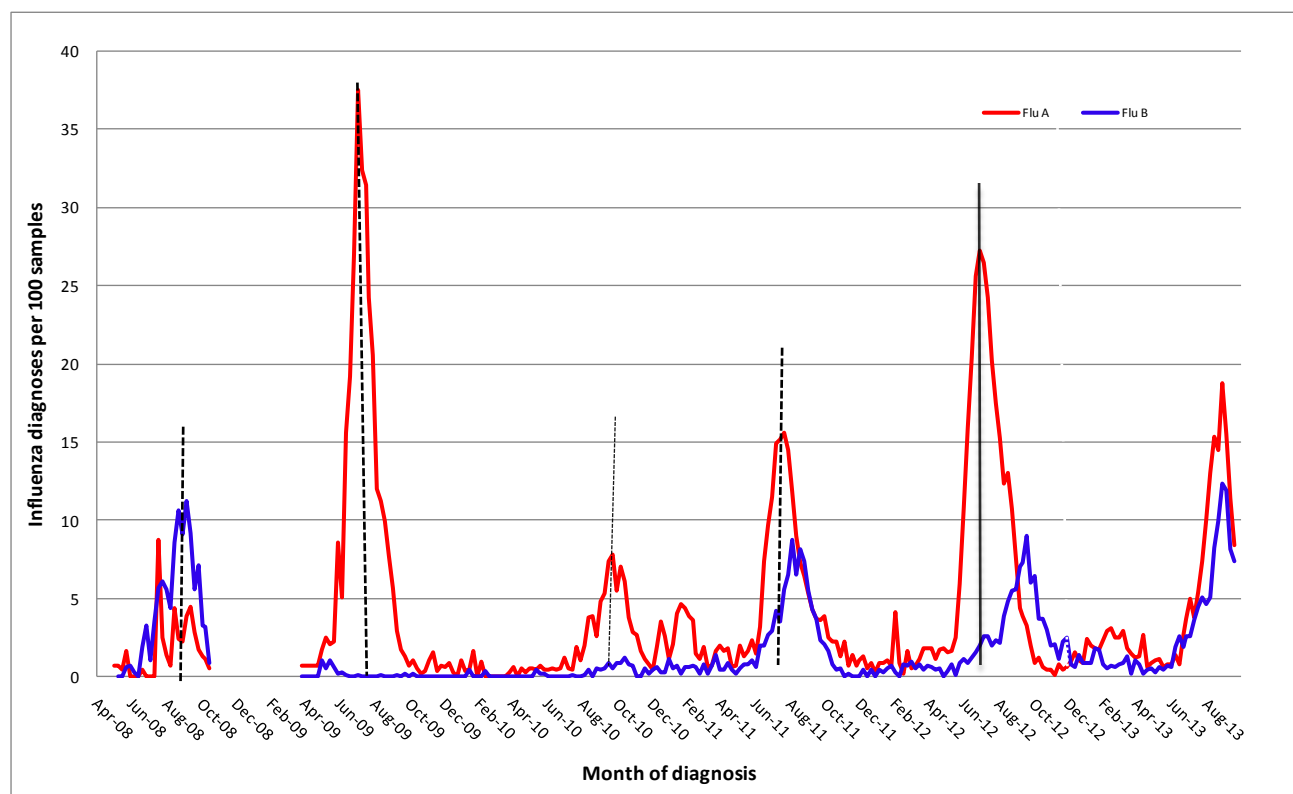
Table 2: Summary of tests and results for influenza and other respiratory viruses at NSW laboratories, 1 January to 22 September 2013.

Month ending	Total Tests	TEST RESULTS *													
		Influenza A						Influenza B		Adeno	Parainf 1, 2 & 3	RSV	Rhino	Entero	HMPV
		Total		H3N2 **		H1N1 pdm09		A (Not typed)							
Total	(%)	Total	(%A) **	Total	(%A)	Total	(%A)	Total	(%)						
01/02/2013*	2199	44 (2.0%)	13 (29.5%)	14 (31.8%)	17 (38.6%)	26 (1.2%)	68	87	81	328	37	59			
1/03/2013	2263	60 (2.7%)	17 (28.3%)	20 (33.3%)	23 (38.3%)	15 (0.7%)	55	41	119	452	29	31			
29/03/2013	2595	47 (1.8%)	9 (19.1%)	12 (25.5%)	26 (55.3%)	21 (0.8%)	82	59	333	488	53	33			
26/04/2013	3165	39 (1.2%)	13 (33.3%)	11 (28.2%)	15 (38.5%)	10 (0.3%)	92	188	599	586	61	54			
02/06/2013*	4885	38 (0.8%)	14 (36.8%)	12 (31.6%)	12 (31.6%)	23 (0.5%)	116	115	742	812	41	62			
30/06/2013	4855	106 (2.2%)	21 (19.8%)	45 (42.5%)	40 (37.7%)	108 (2.2%)	109	105	663	685	44	94			
28/07/2013	6051	397 (6.6%)	30 (7.6%)	151 (38.0%)	216 (54.4%)	240 (4.0%)	164	131	714	672	49	206			
01/09/2013*	10305	1505 (14.6%)	94 (6.2%)	917 (60.9%)	494 (32.8%)	873 (8.5%)	244	218	458	813	30	349			
Week ending															
8/09/2013	2726	423 (15.5%)	27 (6.4%)	279 (66.0%)	117 (27.7%)	324 (11.9%)	53	39	132	119	1	59			
15/09/2013	2381	271 (11.4%)	18 (6.6%)	134 (49.4%)	119 (43.9%)	192 (8.1%)	57	60	60	155	5	48			
22/09/2013	2072	174 (8.4%)	22 (12.6%)	75 (43.1%)	77 (44.3%)	153 (7.4%)	64	60	53	152	7	39			

* All samples are tested for influenza viruses. Not all samples are tested for all of the other viruses listed.

** Samples that test negative for A(H1N1)pdm09 are assumed to be A(H3N2).

Figure 3: Percent of respiratory samples positive for influenza A or influenza B, 1 January 2008 – 22 September 2013, New South Wales.



Note: Laboratory surveillance data is provided by laboratories on a weekly basis and includes point-of-care tests since 10 August 2012. Serological diagnoses are not included.

Source: Participating sentinel laboratories include the following: South Eastern Area Laboratory Services, Institute of Clinical Pathology and Medical Research, The Children’s Hospital at Westmead, Sydney South West Pathology Service, Pacific Laboratory Medicine Service, Royal Prince Alfred Hospital, Hunter Area Pathology Service, Nepean Hospital Pathology [no data from Oct 2010 to June 2011], Douglas Hanley Moir Pathology, VDRLab [data from 5 March 2010], Laverty Pathology [data from 1 April 2010 to February 2011], SydPath (St Vincent’s) Pathology [data from Nov 2010], Medlab and Laverty [data from September 2013].

Laboratory-confirmed influenza outbreaks in residential care facilities

One new laboratory-confirmed influenza outbreak was reported in an aged care facility in Southern NSW this week. A different section of the same facility also reported an outbreak of human metapneumo virus (HMPV).

In the year to date (up to week 38), there have been seven laboratory-confirmed influenza outbreaks in institutions reported to NSW Public Health Units (Table 3): four influenza A, two influenza B and one mixed influenza A and B outbreak. At least 85 residents were reported to have had ILI symptoms and five have required hospitalisation. No deaths in residents linked to the outbreaks have been reported.

Table 3. Reported influenza outbreaks in NSW institutions, 2005-2013.

Year	2005	2006	2007	2008	2009	2010	2011	2012	2013*
No. of outbreaks	5	2	25	9	1	2	4	39	7

* Up to 22 September 2013.

Influenza outbreak reports increased dramatically in 2012 when the influenza A(H3N2) strain predominated.

3. Community Illness Surveillance

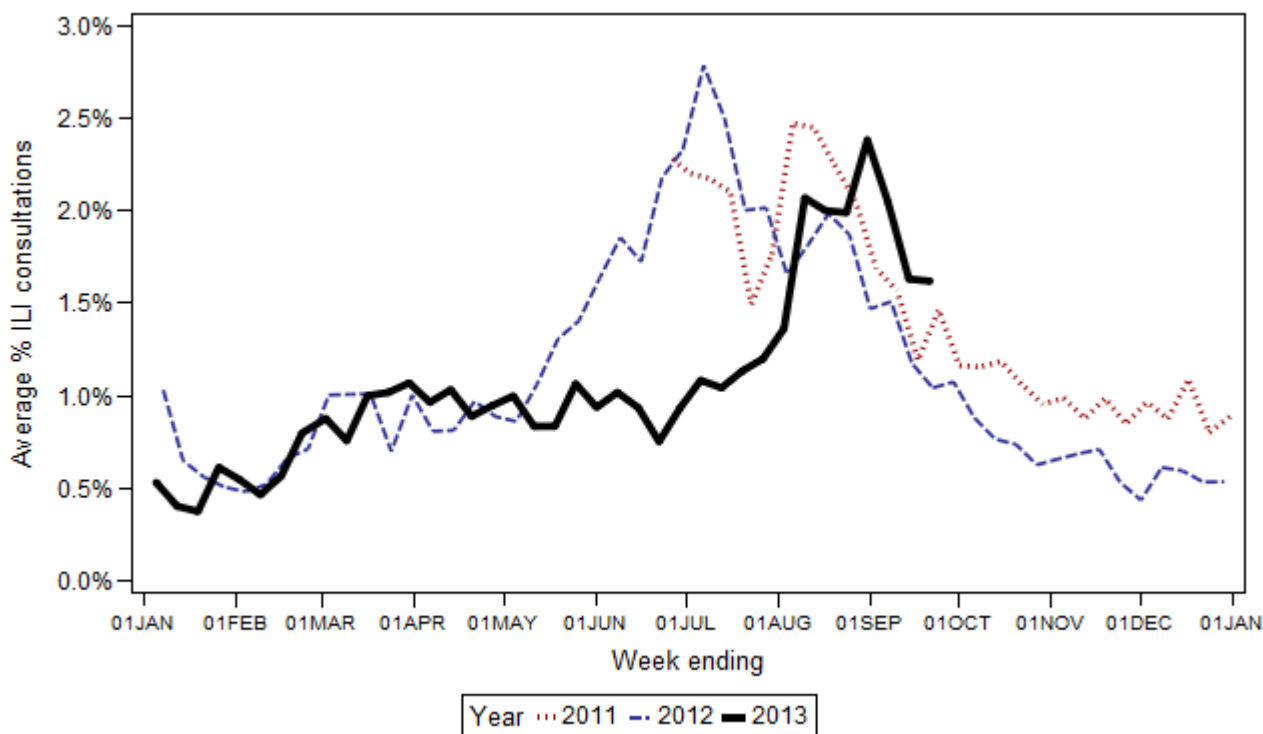
Electronic General Practice Surveillance (eGPS)

eGPS is a primary care influenza surveillance system involving sentinel General Practices within three NSW Local Health Districts (LHDs): Northern Sydney (NS), South Eastern Sydney (SES) and Illawarra Shoalhaven (IS). The system monitors patient consultations for influenza-like illness (ILI) as an indicator of influenza activity. Consultations for ILI are identified each week by an automatic search of electronic records for validated combinations of ILI terms rather than diagnosis codes.

Data generated from eGPS should be interpreted with caution as it is not representative of all practices within the participating LHDs or across NSW.

- For week 38 (ending 19 September), reports were received from 19 sentinel practices.
- The average rate for patient consultations with ILI remained steady at 1.6% (range 0.0 – 4.4%). This is the same as the previous week (Figure 4) however the rate is above activity seen at this time in the two previous years.

Figure 4. Average rate of influenza-like-presentations to sentinel General Practices, by week of consultation, 2011-2013.



Note: The number of practices reporting may vary from week to week. Data available from Week 29, 2011.

The Australian Sentinel Practices Research Network (ASPREN)

ASPREN is a network of sentinel general practitioners (GPs) run through the RACGP and University of Adelaide that has collected de-identified information on influenza like illness and other conditions seen in general practice since 1991. GP's participating in the program report on the proportion of patients presenting with an ILI. The number of GP's participating on a weekly basis may vary.

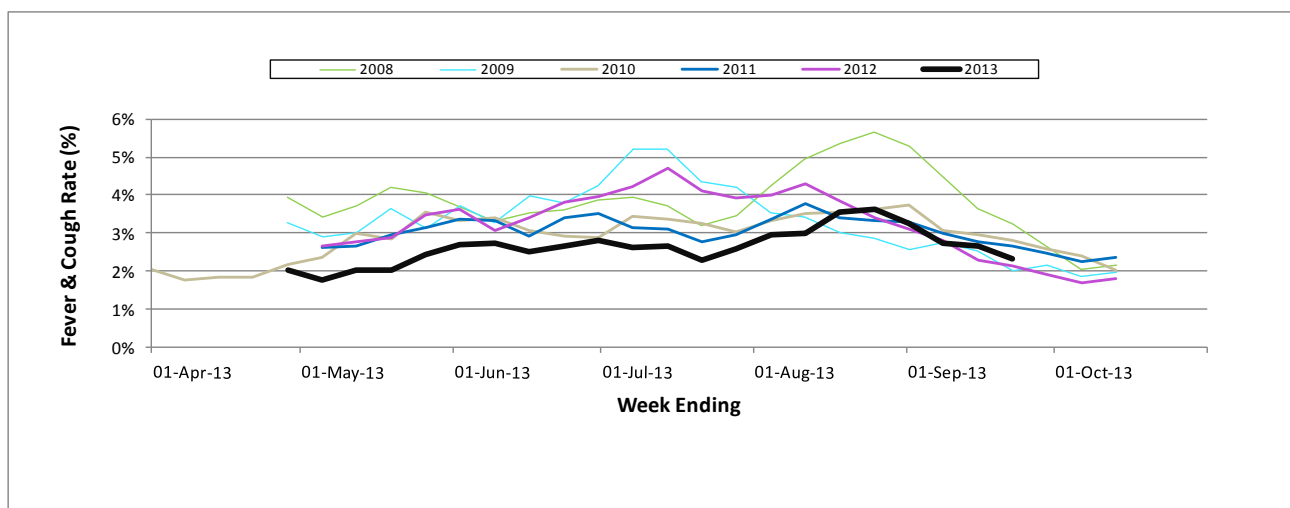
- Data from ASPREN is not included in this week's report due to the low number of practices providing reports. For further information please see the [ASPREN](#) website.

FluTracking.net

FluTracking.net is an online health surveillance system to detect epidemics of influenza. It involves participants from around Australia completing a simple online weekly survey which is used to generate data on the rate of ILI symptoms in communities.

- For the week ending 22 September, FluTracking received reports for 4516 people in NSW. The number of respondents reporting fever and cough this week was 2.2%; this was within the usual range for this time of year (Figure 5). Overall, 1.5% of respondents reported fever, cough and absence from normal duties.

Figure 5: FluTracking – Weekly influenza like illness reporting rate, NSW, 2008 – 2013.



For further information please see the [FluTracking](#) website.

4. National and International Influenza Surveillance

National Influenza Surveillance

Nationally the 2013 influenza season appears to have peaked. Overall influenza activity has been relatively low compared to 2011 and 2012.

- Whilst influenza A remains the predominant influenza virus type, the proportion of influenza B this season has been higher than in recent years. Influenza A(H1N1)pdm09 has also re-emerged this season with approximately 15% of overall notifications have been reported as influenza A(H1N1)pdm09 compared to less than 1% of notifications in 2012.
- Across jurisdictions, the distribution of influenza types and subtypes is variable. In Western Australia, influenza A(H3N2) remains the predominant subtype, however the proportion of A(H1N1)pdm09 is increasing. Influenza type B continues to represent over half of Victoria's influenza notifications. In recent weeks there have been increasing proportions of influenza B in South Australia and Queensland.
- Notification data show that there is a predominance of influenza B infections in those aged less than 15 years, with influenza A infections peaking in the 0-4 and 30-34 years age groups. Consistent with A(H1N1)pdm09 dominant years, there are very few notifications of this subtype in those aged 65 years and over.

Avian influenza A(H7N9) in China

The World Health Organization (WHO) has reported no new cases this week. To date, WHO has been informed of a total of 135 laboratory-confirmed cases, including 44 deaths.

Influenza activity worldwide

In summary during weeks 34 and 35, WHO has reported:

- Influenza activity in the northern hemisphere temperate zones remained at inter-seasonal levels. The United States of America reported 18 cases of human infection with influenza A(H3N2)v this year, with the first case reported in June. More details can be found at <http://www.cdc.gov/flu/swineflu/h3n2v-cases.htm>.
- In most regions of tropical Asia influenza activity decreased. In the Caribbean region of Central America and in tropical South America the influenza seasons appeared to have come to an end. Respiratory Syncytial Virus, influenza A(H1N1)pdm09 and influenza A(H3N2) were the main respiratory viruses reported since May of this year.
- Influenza activity peaked in the temperate countries of South America and in South Africa in late June. Influenza activity in these areas was primarily associated with influenza A(H1N1)pdm09 throughout the season, but since July greater numbers of influenza A(H3N2) and influenza B viruses were observed.
- In Australia and New Zealand, numbers of influenza viruses detected and rates of influenza-like illness were lower than those at same time in previous years, but showed an increasing trend since early August. Influenza A(H3N2) and B were much more commonly detected than A(H1N1)pdm09 in both countries. [WHO influenza update No194](#).

Useful influenza surveillance links

- Follow the link for the [Australian Influenza Surveillance Reports](#) which provide the latest information on national influenza activity.
- Follow the link for the [World Health Organization Global Influenza Programme](#).
- Follow the link for Australia's [WHO Collaborating Centre for Reference and Research on Influenza](#), part of an international network of centres analysing influenza viruses currently circulating in the human population in different countries around the world. The centre also provides information on the [current vaccine recommendations](#) for influenza.