

Baaritaanka Haragga Tubarkulin Tuberculin Skin Test

Tiibisho maxay tahay?

- Tiibishadu (TB) waa cudur ka dhasha bakteeriyada *Mycobacterium tuberculosis*. TB way dhaawici kartaa sambabada ama xubnaha kale ee jirka iyadoo sababaysa jirro xun.

Muxuu yahay Baaritaanka Haragga Tubarkulin?

- Baaritaanka Haragga Tubarkulin (BHT), loona yaqaan baaritaanka Mantoux, waxaa loo adeegsadaa in lagu hubiyo inaad qabtid TB iyo in kale.
- Haragga hoostiisa ayaa lagaa mudayaa, badanaaba gacanta bidix, 48-72 saacadood dabadeed ayaa la eegayaa inay kuusantay halkii la muday.
- Way kuusmaysaa haddii aad qabtay TB ama lagaa tallaalay BCG. Haddii ay soo kuusanto way baabi' doontaa.
- Boqolkiiba inyar ayaa bulshada laga helaa BHT **balse dadka qaba TB inta badan kama muuqdo.**

Inta aan lagu baarin:

Waxaa habboon inaad kal-kaaliyaha caafimaad u sheegto haddii:

- Aad qabto nooc kastoo kansar ah ooy ku jiraan lymphoma ama cudurka Hodgkin
- Ay kuu socoto dawo wax u dhinta difaaca jirka, tusaale cortico-steroids (prednisone), cyclosporin ama dawooyinka kimikada (kansarka lagu daweyyo)
- Aad dhawaan qaadday jeermiga (bishii hore) tusaale, duray, jadeeco, ama xiiqley
- Lagaa tallaalay (bishii hore) qaamo-qashiir, jadeeco iyo qix-dheer, ama busbus
- Qabtid cudurka HIV/AIDS
- Xaaladahani waxay wax u dhimi karaan micnaha iyo maaraynta BHT.

Dhawrida halkii la muday

- Ha xoqin halkaas
- Faashad iyo wax la mid ah ha ku daboolin, hana marin burcad iyo dufan
- Haddii ay biya gashato ha dillaacin
- Iska wado hawlahaaga, ciyaaraha iyo qubayskaba.

Maxaa dhacaya baaritaanka ka dib?

- Baaritaanka BHT kadib **waa inaad kusoo noqotaa bukaan-socod eegtada 48-72 saac ka dib** si loo eego falgalka loona diiwaan galiyo.
- Dadka baaritaankoodu saliimka noqdo BHT ayaa suurowda in lagu celiyo baaritaanka BHT kale.

Maxaa loogu celiyaa Baaritaanka Haragga Tuberculin?

- BHT-da hore ayaa saliim noqon karta sababtoo ah falgalkiisa ayaa yaraada ama baaba'a muddo ka dib.
- BHT-da labaad (2-tallaabo BHT) ayaa la sameeyaa si loo kiciyo nidaamka difaaca jirka oo dhalin doona falgalkii yaraaday.
- Falgallo been ama run ah ayaa wax u dhimi kara go'aannada qiimaynta iyo daweyntaba. Tallaabadan labaad ee BHT ayaa kala caddeysa arrintaas.

**Haddii aad ka walaacdid arrintan markii aad goobta ka tagtid,
fadlan soo wac bukaan-socod eegtada feeraha.**

Bukaan–socod eegtada xabadka NSW**Bukaan-socod eegtada Magaallada iyo nawaaxigeeda:
Metropolitan Clinics:****Talefoonka.
Telephone No.**

Central Sydney	Canterbury Hospital	9787 0162
	Concord Hospital	9767 5675
	Royal Prince Alfred Hospital	9515 8846
Northern Sydney	Hornsby Hospital	9477 9317
	Manly Hospital	9976 9542
	Royal North Shore Hospital	9926 7905
South Eastern Sydney	Prince of Wales Hospital	9382 4636
	St George Hospital	9350 2503
	St Vincent's Hospital	8382 3876
	Sydney Hospital	9382 7535
South Western Sydney	Liverpool Hospital	9829 4888
Wentworth	Nepean Hospital	4734 2536
Western Sydney	Parramatta Health Services	9843 3110

**Bukaan-socod eegtada Miyiga:
Rural Clinics:**

Central Coast	Gosford Hospital	4320 3388
Far West	Broken Hill Hospital	(08) 8080 1317
Greater Murray	Wagga Wagga Centre of Public Health	6933 9125
	Griffith Community Health Centre	6966 9900
Hunter	John Hunter Hospital	4921 3372
Illawarra	Wollongong Hospital	4253 4138
Macquarie	Dubbo Centre of Population Health	6841 2345
Mid Western	Orange Base Hospital	6393 3480
Mid North Coast	Coffs Harbour Health Campus	6656 7855
	Port Macquarie Health Centre	6588 2755
	Taree Health Centre	6592 9625
New England	Tamworth Base Hospital	6768 3392
Northern Rivers	Lismore Base Hospital	6620 2280
Southern	Bega Community Health Centre	6492 9620
	Cooma Community Health Centre	6455 3201
	Goulburn Community Health Centre	4827 3913
	Narooma Community Health Centre	4476 2344
	Queanbeyan Community Health Centre	6298 9233
	Young Mercy Care Centre	6382 1111

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