# **IDENTIFY**

### The infection can be deadly in babies but anyone can get whooping cough

- Babies and young children can stop breathing or develop severe coughing bouts that end with vomiting or gasping for breath.
- People of all ages can get whooping cough and can spread it to babies.
- Adults often just have a mild cough that lingers.

## PROTECT

### Immunise your baby on time to get the best protection

- Keep anyone with a cough away from your newborn especially until your baby has had 3 whooping cough vaccines.
- Booster vaccines for children and adults stop whooping cough spreading to babies.
- Immunity fades. You can still get whooping cough, even if you've been immunised.

Whooping cough spreads quickly when people cough in the early stages of the infection

- If you have symptoms, see a doctor fast and get tested.
- Early detection and early treatment prevents spread to others.
- Stay home until no longer infectious. Ask your doctor when it's safe to return to work, school or childcare.

For further information visit the NSW Health website *www.health.nsw.gov.au* 

