

Support for nurses and midwives is only a phone call or a click away, no matter where you are in Australia.

We understand that nurses, midwives and students can have health issues that could affect their capacity to work.

When you need support we offer confidential advice, assistance and referral.

This service assists, supports and cares for nurses and midwives.



Nurse & Midwife Support contributes to better health and wellbeing for nurses and midwives, and safer care for the public.

It is the first national telephone and online service of its kind in Australia.

Nurses and midwives who call the telephone service will have 24/7 access to an experienced team who can assist with a wide range of health and wellbeing related issues that may be affecting their practice.

The website has been designed specifically for nurses and midwives so that they can easily find health services, information and access online support.

The service also provides support to nursing and midwifery students, educators, employers and concerned family members.

Nurse & Midwife Support is a Nursing and Midwifery Board of Australia initiative run independently by Turning Point, a leading addiction treatment, research and education organisation.

Nurse & Midwife Support does not

- Activate formal processes such as reporting complaints and/or concerns to AHPRA/NMBA.
- Provide ongoing crisis management, case management or ongoing counselling treatment.
- Manage formal referrals or face-to-face services.



Nurse & Midwife Support

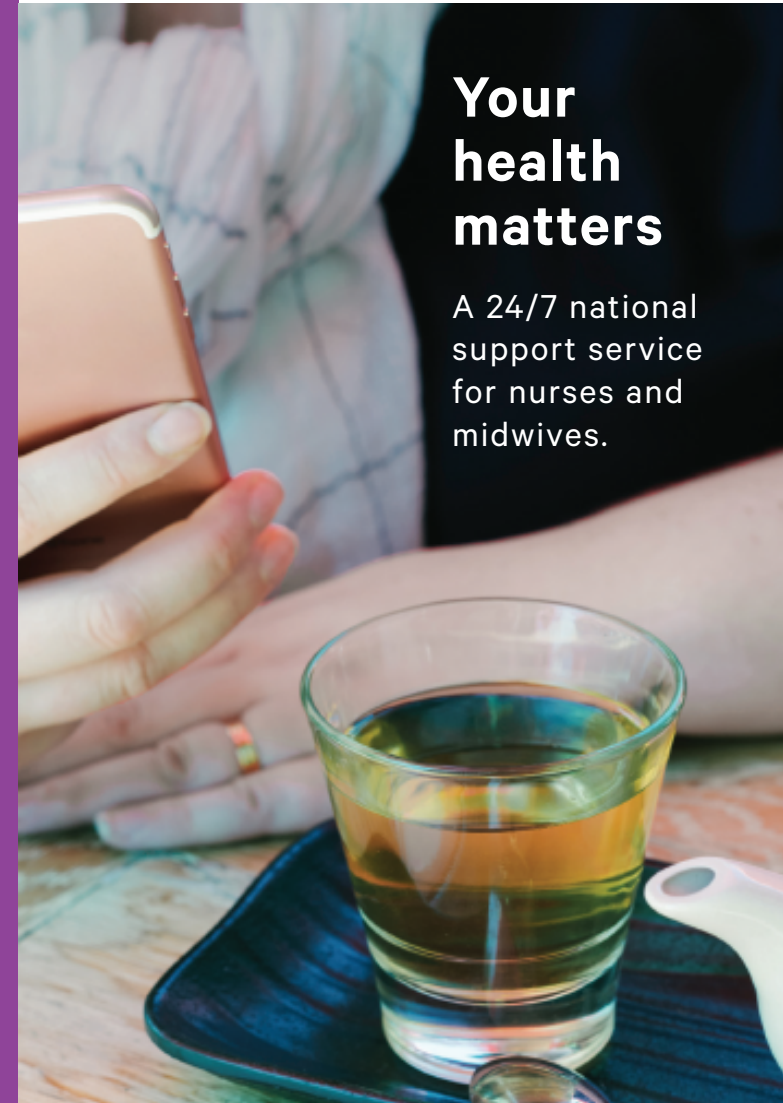
Your health matters

1800 667 877

nmsupport.org.au



Nurse & Midwife Support



Your health matters

A 24/7 national support service for nurses and midwives.

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Nurse & Midwife Support

- **Professional**, anonymous, compassionate and flexible
- **Addresses health issues** from a nursing and midwifery perspective
- **Promotes support and understanding** and normalises help-seeking
- **Supports the individual with a health issue or potential issue**, and those seeking advice on behalf of others
- **Assists employers** by providing information and support
- **Promotes safe practice** and workforce retention

We provide

- Telephone and online help
- **Telephone** consultations can provide brief intervention counselling and referral to appropriate services.
- **Interactive website** with:
 - self-help resources, including self-assessment tools;
 - educational materials and information about treatment options;
 - directory of services for referral; and
 - information on the responsibilities for nurses and midwives with health related issues at work.



Service Access

- Available to regional, rural, remote and urban colleagues.
- Operates 24 hours a day, 7 days a week, nationwide.
- An experienced clinician will listen to your concerns and support you to initiate the next steps in addressing your health issue.

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