

OPIOID TREATMENT PROGRAM (OTP) PRESCRIBING SELF-AUDIT

NSW Health Centre for Alcohol and Other Drugs

Module 1: Treatment planning and assessment

Module 2: Induction and stabilisation

Module 3: Treatment monitoring and unsupervised dosing

Module 4: Prescription writing, regulation and other protocols



MODULE 1: ASSESSMENT AND TREATMENT PLANNING

Indicators of best practice

- 1. Comprehensive assessment of patient undertaken
- 2. Treatment choice and setting was informed by clinical factors, including patient safety and patient preferences/goals
- 3. Comprehensive individualised treatment plan developed, in collaboration with the patient
- 4. Discussed driving risk during induction and stabilisation
- 5. Discussed risks with using multiple sedating medicines / substances
- 6. Provided education about minimising risk of overdose and use of take-home naloxone
- 7. Obtained patient consent after informing the patient of side effects, the risks associated with the OTP and the challenges associated with withdrawal off the OTP.

- Complete the self-audit for a random 10% sample (or at least 5 patients) being prescribed opioid agonist treatment.
- Use one audit form per patient record.
- Select the most appropriate options on the audit form based on what is **documented** in the patient records.
- Set targets to reach for each indicator (best practice is 100%)
- Calculate the results of the self-audit and develop an action plan to address identified gaps.
- Complete a follow up self-audit to measure the impact of the action plan.

Module 1: Assessment and treatment planning

Complete self-audit questions based on what is documented on the patient records, usually within the first 4 weeks of initiation of treatment. While treatment planning occurs at the start of a therapeutic relationship, it should be undertaken at every opportunity, as patient needs and goals will change during treatment.

Patient initials:			Date of Birth: / _	_/		
Prescriber name:			Audit date: / /			
Auditor name/s:						
1.1 Prior to initiation of treatment, case fo	ormulation	included	d documented assessment of:			
1.1.1 Reason for presenting	Yes	No	1.1.7 Medication review		Yes	No
1.1.2 Substance use history ^A	Yes	No	1.1.8 Physical state examination ^C		Yes	No
1.1.3 Prior treatments for substance use	Yes	No	1.1.9 Mental state examination ^D		Yes	No
1.1.4 Comorbid medical conditions	Yes	No	1.1.10 Initial treatment plan		Yes	No
1.1.5 Comorbid mental health conditions	Yes	No	1.1.11 Investigations (inc. baseline	UDS)	Yes	No
1.1.6 Comorbid psychosocial conditions ^B	Yes	No				
A including current substance use, route of a overdoses	dministratio	n, and tir	me of last use, and history of harm	s from subs	stance use	including
B including social problems and high-risk below concluding injection sites, intoxication and word including risk of harm to self/others						
1.2 Treatment planning considered						
1.2.1 Use of other substances, and risks and of (including dependence, overdose, psych	•	ns of use		Yes	No	N/A
1.2.2 Medical conditions (e.g. chronic pain, HI	V, acute and	d chronic	medical conditions)	Yes	No	N/A
1.2.3 Psychiatric conditions				Yes	No	N/A
1.2.4 Pregnancy				Yes	No	N/A
1.2.5 Cognitive impairment				Yes	No	N/A
1.2.6 Social circumstances ^E				Yes	No	N/A
^E consider housing, domestic and family viol children living with them and / or Dept. of C				sidential loc	ation.	
1.3 A detailed treatment plan was:						
1.3.1 Documented					Yes	No
1.3.2 Developed in collaboration with the patie	ent				Yes	No

1.4 Documented discussion and review of risks associated with the opioid agonist treatment (OAT) included:

1.4.1 Challenges associated with withdrawing from treatment	Yes	No	
1.4.2 Side effects of treatment	Yes	No	
1.4.3 Impairment of driving ability during induction or switching treatment	Yes	No	
1.5 Education about overdose risk included documented discussions about:			
1.5.1 Intentional or accidental use of OAT by a person for whom not prescribed (e.g. children)	Yes	No	
1.5.2 Increased risks of overdose following withdrawal	Yes	No	

1.6 Has patient consent been documented following a discussion about risks and treatment expectations?

1.5.4 When and how to use naloxone and provision of prescription or referral to obtain take home naloxone

1.5.3 Increased risk of overdose if combining OAT with other sedating substances

Yes No

No

No

Yes

Yes

Results table (use this template to record results following data of	collection)						
Indicator	Meets the indicator if	Y/N Pt 1	Y/N Pt 2	Y/N Pt 3	Y/N Pt 4	Y/N Pt 5	Total Y (%)
Comprehensive assessment of patient undertaken	Q1.1 all 'Yes'						
Treatment choice (and setting) was informed by clinical factors, including patient safety and patient preferences/goals	Q1.2 all 'Yes' or 'N/A'						
Comprehensive individualised treatment plan developed, in collaboration with the patient	Q1.3 all 'Yes'						
4. Discussed driving risk during induction and stabilisation	Q1.4.3 is 'Yes'						
5. Discussed risks with using multiple sedating medicines / substances	Q1.5.3 is 'Yes'						
Provided education about minimising risk of overdose and use of take-home naloxone	Q1.5 all 'Yes'						
7. Obtained patient consent after informing patient of side effects, challenges associated with withdrawal off OTP and risks associated with OTP	Q1.6 is 'Yes'						

Action plan (use this template to plan actions to address gaps and record dates of completion)						
Indicators where less than target 100% achieved	Planned actions to address gap	Date actions completed				



MODULE 2: INDUCTION AND STABILISATION

Indicators of best practice

- 1. Authority to prescribe the specific OAT obtained from NSW Health
- 2. Starting doses prescribed within guideline recommendations*
- 3. Dose increases were gradual and followed guideline recommendations*
- 4. Supervised dosing undertaken during induction and switching of OAT*
- 5. Adequate monitoring during induction and stabilisation, including for intoxication and withdrawal
- 6. Frequency of clinical review during induction reflected clinical need
- 7. Evidence of AOD specialist input where required, i.e. complex needs

- Complete the self-audit for a random 10% sample (or at least 5 patients) being prescribed opioid agonist treatment.
- Use one audit form per patient record.
- Select the most appropriate options on the audit form based on what is documented in the patient records.
- Set targets to reach for each indicator (best practice is 100%)
- Calculate the results of the self-audit and develop an action plan to address identified gaps. Only one results sheet is required per self-audit cycle.
- Complete a follow up self-audit to measure the impacts of your action plan.

^{*}variations must be clinically justified and documented in patient notes

Module 2: Induction and stabilisation

Along with assessment, treatment planning, and the provision of health care and social support, the main goal in the first 1-3 months is to safely achieve an adequate dose to assist in stabilising the patient's opioid use. Complete the following questions based on the period where the dose of treatment is being titrated.

Patient initials:	_Date of Birth: / /			
Prescriber name:	Audit date: / /			
Auditor name/s:				
2.1 Has the NSW Health authority to prescribe the selected agonist trea Pharmaceutical Regulatory Unit (PRU)?	atment has been obtaine	ed through	the	
Yes No				
2.2 The starting dose (day 1) for sublingual buprenorphine or methado	ne at initiation based on	clinical as	sessment	was:
2.2.1 ≤ 8mg s/l buprenorphine		Yes	No	N/A
2.2.2 ≤ 40mg oral methadone		Yes	No	N/A
2.2.3 Higher than recommended dose with addiction specialist consultation		Yes	No	N/A
2.2.4 Higher than recommended dose without addiction specialist consultation	on	Yes	No	N/A
2.3 Dose increases for s/I buprenorphine or methadone were:				
2.3.1 s/l buprenorphine: ≤ 8mg per day		Yes	No	N/A
2.3.2 Methadone: 5-10mg every 3-5 days based on clinical assessment		Yes	No	N/A
2.3.3 More rapidly than recommended with addiction specialist consultation		Yes	No	N/A
2.3.4 More rapidly than recommended without addiction specialist consultation	n	Yes	No	N/A
2.4 If the patient was commenced on depot buprenorphine, were regula titration?	ar clinical reviews docui	nented dur	ing dose	
Yes No N/A				
2.5 During induction and stabilisation, all doses were supervised (i.e. r	no 'take away' doses)			
Yes				
No (but with documented specialist consultation)				
No				
2.6 Frequency of reviews during induction reflected clinical need				
Yes No				

2.7 During induction and titration of OAT, there was regular review of the following:		
2.7.1 Intoxicated presentations	Yes	No
2.7.2 Symptoms of withdrawal	Yes	No
2.7.3 Ongoing cravings	Yes	No
2.7.4 Other substance use	Yes	No
2.7.5 Patient goals ^A	Yes	No
2.7.6 Patient wellbeing and satisfaction with treatment	Yes	No
2.7.7 Evidence of injected or other drug use	Yes	No
2.7.8 Adherence to treatment ^B	Yes	No
^A e.g. reduction in medical use, reduction in high-risk activity, progress towards abstinence		
^B e.g. checking with pharmacy dosing point		

2.8 Addiction specialist consultation is documented for patients with more complex clinical presentations including:

2.8.1 Rapid dose increases required	Yes	No	N/A
2.8.2 The patient must suddenly discontinue prescribed opioids	Yes	No	N/A
2.8.3 The patient has an unclear level of opioid tolerance	Yes	No	N/A
2.8.4 The patient engages in high-risk polydrug use	Yes	No	N/A
2.8.5 The patient has concomitant physical conditions and/or uses other medicines that may affect the metabolism of methadone	Yes	No	N/A
2.8.6 The patient has already discontinued their opioids (e.g. disrupted supply / treatment)	Yes	No	N/A
2.8.7 Difficulty stabilising on a dose of methadone due to continued substance use, side effects and poor adherence (e.g. frequent missed doses, dose diversion)	Yes	No	N/A

Results table (use this template to record results foll	owing data collection)						
Indicator	Meets the indicator if	Y/N Pt 1	Y/N Pt 2	Y/N Pt 3	Y/N Pt 4	Y/N Pt 5	Total Y (%)
Authority to prescribe the specific OAT obtained from NSW Health	Q2.1 is 'Yes'						
Starting doses prescribed within guideline recommendations*	Q2.2						
Dose increases were gradual and followed guideline recommendations*	Q2.3						
Supervised dosing undertaken during induction and switching of OAT*	Q2.5 if 'Yes' or 'No (but with documented specialist consultation)'						
Adequate monitoring during induction and stabilisation, including for intoxication and withdrawal	Q2.7 is all 'Yes'						
Frequency of clinical review during induction reflected clinical need	Q2.6 is 'Yes'						
7. Evidence of AOD specialist input where required, i.e. complex needs	Q2.8 if all questions answered with 'Yes' or 'N/A'						

Action plan (use this template to plan actions to address gaps and record dates of completion)					
Planned actions to address gap	Date actions completed				



MODULE 3: TREATMENT MONITORING AND UNSUPERVISED DOSING

Indicators of best practice

- 1. Regular clinical review based on treatment needs (by prescriber, nurse or allied health)
- 2. Regular medical review based on treatment needs
- 3. Reviewed at least every 3 months (following induction)
- 4. There is evidence of multidisciplinary team involvement in patient care, including regular contact with dosing points, and other treatment providers e.g. medical practitioners, case workers and pharmacists
- 5. When switching therapies, followed guideline recommendations for doses
- 6. Acted on evidence of intoxication, or missed doses to ensure safety
- 7. Unsupervised (takeaway) doses prescribed in accordance with guideline recommendations* and regularly reviewed to ensure continued safety
- 8. Tailored and coordinated psychosocial support including interventions to address use of other drugs and alcohol, and/or mental health problems if applicable
- 9. Discussed long-term goals of OTP and provided information and planning if goal is to withdraw from OTP
- 10. Cessation of OAT involved psychosocial support, gradual reduction in dose and continuing support, noting the risk of relapse or overdose
- 11. Regular discussions concerning safety, including driving safety and secure storage of any unsupervised doses and responding to an overdose

- Complete the self-audit for a random 10% sample (or at least 5 patients) being prescribed opioid agonist treatment.
- Use one audit form per patient record.
- Select the most appropriate options on the audit form based on what is documented in the patient records.
- Set targets to reach for each indicator (best practice is 100%)
- Calculate the results of the self-audit and develop an action plan to address identified gaps. Only one results sheet is required per self-audit cycle.
- Complete a follow up self-audit to measure the impacts of your action plan.

^{*}variations must be clinically justified and documented in patient notes

Module 3: Treatment monitoring and unsupervised dosing

Complete the questions based on patient records once a relatively stable dose has been achieved (usually after 3 months). This module focusses on ongoing treatment monitoring, prescriber reviews, and prescribing of unsupervised doses.

Patient initials:	Date of Birth://		
Prescriber name:	Audit date: / /		
Auditor name/s:	-		
3.1 According to clinical complexity, this patient has:			
High treatment needs [go to 3.2]			
Moderate treatment needs [go to 3.3]			
Low treatment needs [go to 3.4]			
3.2 You consider this patient to have high treatment need. Documente	d reviews included:		
3.2.1 Clinical review at least once a month		Yes	No
3.2.2 Medical review at least every 2 months		Yes	No
3.2.3 Comprehensive treatment review at least every 3 months [go to 3.5]		Yes	No
3.3 You consider this patient to have moderate treatment needs. Docu	imented reviews included:		
3.3.1 Clinical review at least every 2 months		Yes	No
3.3.2 Medical review at least every 3 months		Yes	No
3.3.3 Comprehensive treatment review at least every 6 months [go to 3.5]		Yes	No
3.4 You consider this patient to have low treatment needs. Documente	ed reviews included:		
3.4.1 Clinical review at least every 3 months		Yes	No
3.4.2 Medical review at least every 6 months		Yes	No
3.4.3 Comprehensive treatment review at least every 6 months [go to 3.5]		Yes	No
3.5 During reviews, is there documented discussions about the patient the patient's goal is to withdraw from OTP?	nt's long-term goals, including p	roviding ad	vice if
Yes No			
3.6 The following multidisciplinary team members were engaged proa	ctively in coordinating patient c	are:	
3.6.1 Nurse practitioners / Clinical Nurse Consultants	Yes	No	N/A
3.6.2 Dosing point / pharmacy	Yes	No	N/A
3.6.3 Other medical practitioners involved in the care of the patient, eg, GP at		No	N/A
3.6.4 Allied health services	Yes	No	N/A

	3.7 Is there evidence of assessment and coordination of psychosocial support to address the individual needs of the patient?							
	Yes	No	N/A					
		red betwe cal guideli	en methadone, s/I buprenorphine and depot buprenorphine, was nes?	it done in accordance with	NSW			
	Yes	No	N/A					
3.9 V	Vhere the	ere was do	cumentation of intoxicated presentations, were there actions tal	ken to ensure safety?				
	Yes	No	N/A					
		-	sessment concerning unsupervised ('take away') doses, includin atient's risk was documented as:	ng the ability to store				
3.10.1	Hi	gh risk <i>[go</i>	to 3.11]					
3.10.2	М	oderate risl	([go to 3.12]					
3.10.3	Lo	ow risk [go i	o 3.13]					
3.10.4	N	o documen	ted risk [go to 3.14]					
		es recomn ecord refle	nend no takeaway doses for patients at high risk except in specia ct this?	al circumstances. Does the				
	Yes	No	No, but addiction specialist consulted [go to 3.14]					
			nend up to 2 unsupervised methadone doses or up to 4 unsuper oxone doses a week for patients at moderate risk. Does the patio					
	Yes	No	No, but addiction specialist consulted [go to 3.14]					
			nend up to 4 unsupervised doses of methadone or buprenorphin oxone for patients at low risk. Does the patient record reflect this	-	ks of			
	Yes	No	No, but addiction specialist consulted					
			ntion of a structured safety review at least every 3 months and in nts (inc. secure storage), UDS, responding to overdose and driving	•	ed			
	Yes	No						
3.15	When pla	anning for	the cessation of \mathbf{OAT}^{A} , there was documented discussions about	ıt:				
3.15.1	The proce	ess for with	drawal and patient engagement in decision-making	Yes No	N/A			
3.15.2	Gradual o	lose taper	over months, vs rapid reductions (days/weeks) or sudden cessation	Yes No	N/A			
3.15.3	Psychoso	cial suppor	t addressing coping strategies, risk behaviours, support systems	Yes No	N/A			
	_	·	rogress & plans	Yes No	N/A			
		g care / mo nce decrea	onitoring after ceasing OAT, due to risk of relapse and overdose risk ses)	Yes No	N/A			
^A mos	t patients tal	ke at least 1-2	years to achieve stability that optimises the chances of successful cessation					

Results table (use this template to record results following data collection)									
Inc	licator	Meets the indicator if	Y/N Pt 1	Y/N Pt 2	Y/N Pt 3	Y/N Pt 4	Y/N Pt 5	Total Y (%)	
1.	Regular clinical review based on treatment needs (by prescriber, nurse or allied health)	Q3.2.1, Q3.3.1 or Q3.4.1 is 'Yes'							
2.	Regular medical review based on treatment needs	Q3.2.2, Q3.3.2 or Q3.4.2 is 'Yes'							
3.	Reviewed at least every 3 months (following induction)	'Yes' to ANY for Q3.2							
		Q3.3.1 or Q3.3.2 is 'Yes' Q3.4.1 is 'Yes'							
4.	There is evidence of multidisciplinary team involvement in patient care, including regular contact with dosing points, and other treatment providers e.g. medical practitioners, case workers and pharmacists	Q3.6 all 'Yes' or 'N/A'							
5.	When switching therapies, followed guideline recommendations for doses	Q3.8 is 'Yes' or 'N/A'							
6.	Acted on evidence of intoxication, or missed doses to ensure safety	Q3.9 is 'Yes' or 'N/A'							
7.	Unsupervised (takeaway) doses prescribed in accordance with guideline recommendations* and regularly reviewed to ensure continued safety	Q3.10.1 or Q3.10.2 or Q3,10.3 AND Q3.11 or Q3.12 or Q3.13 is 'Yes' or 'No, but addiction specialist consulted'							
8.	Tailored and coordinated psychosocial support including interventions to address use of other drugs and alcohol, and/or mental health problems if applicable	Q3.7 is 'Yes' or 'N/A'							
9.	Discussed long-term goals of OTP and provided information and planning if goal is to withdraw from OTP	Q3.5 is 'Yes'							
10.	Cessation of OAT involved psychosocial support, gradual reduction in dose and continuing support, noting the risk of relapse or overdose	Q3.15 all 'Yes' or 'N/A'							
11.	Regular discussions concerning safety, including driving safety and secure storage of any unsupervised doses and responding to an overdose	Q3.14 is 'Yes'							

Action plan (use this template to plan actions to address gaps and record dates of completion)					
Indicators where less than target 100% achieved	Planned actions to address gap	Date actions completed			



MODULE 4: PRESCRIPTION WRITING, REGULATION AND OTHER PROTOCOLS

Indicators of best practice

- 1. Adequate discussion of dosing arrangements, clinical documentation and valid prescription provided to dosing point / pharmacy at commencement of and regularly during treatment
- 2. All prescriptions were valid / legal *
- 3. All phone ordered or 'owing' prescriptions followed up with original prescription forwarded within 24 hours **
- 4. All prescriptions sent directly to dosing point pharmacy
- 5. If prescribing depot buprenorphine, protocol followed for direct receipt of product (without patient handling)
- 6. Locum arrangements made and communicated to care team prior to taking leave
- 7. Where transfer of care is required, adequate communication, clinical handover and fulfilment of authority requirements occurred
- 8. Current NSW Health authority reflects current treatment
- Where takeaway doses authorised, prescription has clear instructions and guideline recommendations not exceeded ***
- * in accordance with clause 80 of the Poisons and Therapeutic Goods Regulation
- ** in accordance with clause 81 of the Poisons and Therapeutic Goods Regulation
- *** variations must be clinically justified and documented in patient notes

- Complete the self-audit for a random 10% sample (or at least 5 patients) being prescribed opioid agonist treatment.
- Use one audit form per patient record.
- Select the most appropriate options on the audit form based on what is **documented** in the patient records.
- Set targets to reach for each indicator (best practice is 100%)
- Calculate the results of the self-audit and develop an action plan to address identified gaps. Only one results sheet is required per self-audit cycle.
- Complete a follow up self-audit to measure the impacts of your action plan.

Module 4: Prescription writing, regulation & other protocols

Methadone and buprenorphine are Schedule 8 (S8) drugs of addiction, and when prescribing such medicines, due care should be taken to ensure compliance with the Poisons and Therapeutic Goods legislation.

Patient initials:	Date of Birth: //					
Prescriber name:_	Audit date: / /					
Auditor name/s:						
4.1 Prior to refer	ring the patient to a community pharmacy dosing site:					
	int pharmacy was contacted to discuss dosing arrangements	Yes	No	N/A		
	umentation including patient ID was provided	Yes	No	N/A		
·	ption was provided directly to the pharmacy (not given to the patient)	Yes	No	N/A		
	, , , , , , , , , , , , , , , , , , , ,	165	NO	IN/A		
4.2 All prescript	ons are written in accordance with clause 80 of the Poisons and Therapeutic	Goods Reg	ulation (P	TGR) ^A		
Yes	No					
	e of issue; name and address of the patient; name, strength and quantity (expressed e directions; maximum number of times the drug may be supplied on the prescription		ds and figu	ıres) of		
-	ne ordered or 'owing' prescriptions followed up by forwarding the original pre e with clause 81 of the PTGR?	scription w	ithin 24 ho	ours,		
Yes	No N/A					
4.4 All prescript	ons are forwarded directly to the dosing point/pharmacy and not given to the	patient				
Yes	No					
4.5 If prescribing depot buprenorphine, a protocol is followed to ensure the product is received at the practice directly from the supplying pharmacy or from the wholesaler / distributor						
Yes	No N/A					
4.6 Prior to takin	g leave, locum arrangements were made and:					
	as performed and scripts were checked to be up to date	Yes	No	N/A		
4.6.2 Communicate	d to the care team (including dosing point / pharmacy)	Yes	No	N/A		
4.6.3 PRU was not	fied in writing	Yes	No	N/A		
	n of locum arrangements	Yes	No	N/A		
		.00	110	,,		

4.7 If the patient has been transferred into your care or out of your care, there is documentation of

4.7.1 Clinical handover and communication with other prescriber	Yes	No	N/A
4.7.2 Regulatory requirements and mandatory notifications met in a timely way (including notification of transfer of doing site, exit forms if applicable)	Yes	No	N/A
4.7.3 Documentation of handover	Yes	No	N/A

4.8 Does the current NSW Health Authority in the patient records reflect the current treatment being provided?

Yes, the authority matches the treatment

No, the current authority does not match the treatment

There is no documented authority

4.9 If unsupervised ('take away') doses were prescribed:

4.9.1 Directions are clearly included on the prescription	Yes	No	N/A
4.9.2 Where guideline recommendations are exceeded, there is documentation of clinical justification in patient notes	Yes	No	N/A

Results table (use this template to record results follows:	owing data collection)						
Indicator	Meets the indicator if	Y/N Pt 1	Y/N Pt 2	Y/N Pt 3	Y/N Pt 4	Y/N Pt 5	Total Y (%)
 Adequate discussion of dosing arrangements, clinical documentation and valid prescription provided to dosing point / pharmacy at commencement of treatment 	Q4.1 all are 'Yes' or 'N/A'						
2. All prescriptions were valid / legal	Q4.2 is 'Yes'						
All phone ordered or 'owing' prescriptions followed up with original prescription mailed within 24 hours	Q4.3 is 'Yes' or 'N/A'						
All prescriptions sent directly to dosing point pharmacy	Q4.4 is 'Yes'						
If prescribing depot buprenorphine, protocol followed for direct receipt of product (without patient handling)	Q4.5 is 'Yes' or 'N/A'						
6. Locum arrangements made and communicated to care team prior to taking leave	Q4.6 all are 'Yes' or 'N/A'						
7. Where transfer of care is required, adequate communication, clinical handover and fulfilment of authority requirements occurred	Q4.7 all are 'Yes' or 'N/A'						
Current NSW Health authority reflects current treatment	Q4.8 is 'Yes'						
Where takeaway doses authorised, prescription has clear instructions and guideline recommendations not exceeded	Q4.9 are all 'Yes' or 'N/A'						

Action plan (use this template to plan	n actions to address gaps and record dates of completion)	
Indicators where less than target 100% achieved	Planned actions to address gap	Date actions completed