

# DRUG WARNING

**High dose MDMA (ecstasy) tablets – pink irregular shaped tablets with an Audi logo**

## Know the risks

- You are at increased risk of harm if you:
  - take multiple MDMA (ecstasy) tablets or capsules
  - take a higher-dose MDMA (ecstasy) tablet or capsule
  - use other stimulant drugs (e.g. methamphetamine, cocaine or caffeine) at the same time
  - use alcohol, certain medicines, or illicit drugs at the same time
- MDMA (ecstasy) is often poorly manufactured and the amount of MDMA in a tablet or capsule can vary a lot, even within the same batch. The dose of MDMA tablets recently circulating in NSW varied by up to six-fold.
- The time from taking the drug to feeling any effect can vary significantly depending on the drug as well as the individual person.
- MDMA (ecstasy) has been linked to death, serious harm and life-long complications.

## Effects to look out for

- Feeling really hot and sweaty, light headedness, rigid muscles (e.g. difficulty walking), confusion or agitation, racing pulse/heart, feeling aggressive, uncontrolled repetitive movements, vomiting, seizures, difficult to rouse / unconscious

## Getting help

Seek help immediately from your nearest emergency department or call **Triple Zero (000)**.

Start **CPR** if someone is not breathing.



High dose MDMA tablets have recently been found in NSW (average dose of 196 mg). This is more than twice the amount usually contained in MDMA tablets circulating in NSW.



Please note: the images are representative only and may vary in colour or logo

## Support and advice

For free and confidential advice:

- Call [Alcohol and Drug Information Service](https://www.health.nsw.gov.au/aod/public-drug-alerts/Pages/default.aspx) (ADIS) on 1800 250 015 at any time 24/7. Start a [Web Chat](#) with an ADIS counsellor Mon-Fri, 8.30am-5pm.
- Call [NUAA](#) on 1800 644 413 (Mon-Fri 9am-5pm) to speak to a peer or visit [NUAA](#) for a range of resources.
- Call the [NSW Poisons Information Centre](#) on 13 11 26 for information on adverse effects from drugs.
- Visit [Your Room](#) for fact sheets and other resources.



<https://www.health.nsw.gov.au/aod/public-drug-alerts/Pages/default.aspx>

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