

# DRUG WARNING

## Multiple high dose MDMA (ecstasy) tablets found in NSW

Multiple high dose MDMA (ecstasy) tablets have recently been found in NSW. They contain about twice the average amount of MDMA usually found in tablets circulating in NSW.

### Know the risks

- You are at **increased risk of harm** if you:
  - Take multiple MDMA (ecstasy) tablets or capsules
  - Take a higher-dose MDMA tablet or capsule
  - Use other stimulant drugs (e.g. amphetamines or cocaine) at the same time
  - Take MDMA in a hot environment like a music festival or indoor dance party
- MDMA (ecstasy) is often poorly manufactured and the amount of MDMA in a tablet or capsule can vary a lot, even within the same batch.
- The time from taking the drug to feeling any effect can vary significantly depending on the drug as well as the individual person. If it's not working, don't re-dose.
- High-dose MDMA use has been linked to death and other serious harms.

The skull shaped tablets are imprinted with 'MYBRAND' wording and logo on the reverse.



Pink-orange, contained 181 mg of MDMA



Blue, contained 216 mg of MDMA

Tablet appearance is not a reliable indicator of drug contents

### Effects to look out for

- Feeling really hot and sweaty
- Racing heart/pulse or lightheadedness
- Rigid muscles (e.g. difficulty walking), uncontrolled repetitive movements, seizures
- Confusion or agitation, feeling aggressive, difficult to rouse / unconscious
- Vomiting

If you or others experience these symptoms after taking MDMA, get help immediately.

### Support and advice

For free and confidential advice:

- Call [Alcohol and Drug Information Service](#) (ADIS) on 1800 250 015 at any time 24/7. Start a [Web Chat](#) with an ADIS counsellor Mon-Fri, 8.30am-5pm.
- Call [NUAA](#) on 1800 644 413 (Mon-Fri 9am-5pm) to speak to a peer or visit [NUAA](#) for a range of resources.
- Call the [NSW Poisons Information Centre](#) on 13 11 26 for information on adverse effects from drugs.
- Visit [Your Room](#) for fact sheets and other resources.

### Getting help

If you or your friends see the warning signs of overdose:

Seek help immediately from your nearest emergency department or call **Triple Zero (000)**. You won't get into trouble for seeking medical care.

Start **CPR** if someone is not breathing.



<https://www.health.nsw.gov.au/aod/public-drug-alerts/Pages/default.aspx>

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