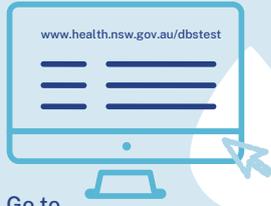




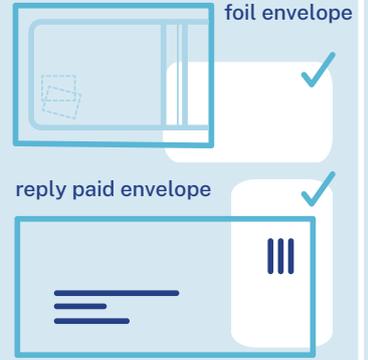
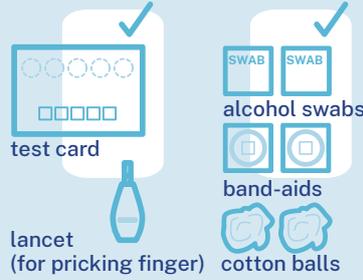
# DRIED BLOOD SPOT SAMPLE COLLECTION INSTRUCTIONS

## 1 Register online

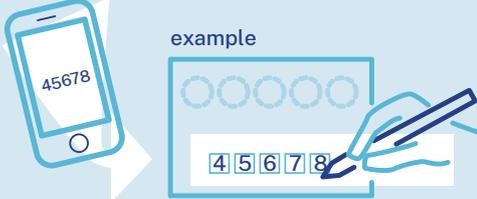


Go to [www.health.nsw.gov.au/dbstest](http://www.health.nsw.gov.au/dbstest) to get your validation code.

## 2 Check kit contents

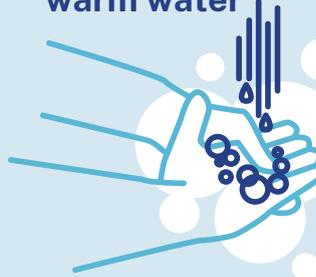


## 3 Write name, date of birth and validation code on test card



Your validation code was sent to your phone or email

## 4 Wash hands with warm water



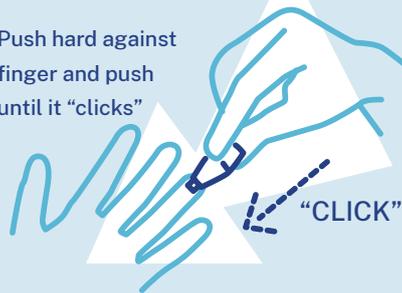
## 5 Wipe finger with alcohol swab and allow to dry



## 6 Prick finger with lancet



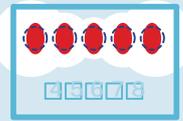
Push hard against finger and push until it "clicks"



## 7 Squeeze blood onto card

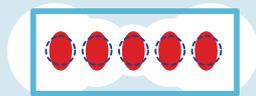


Large drop of blood into each circle



Minimum 3 full spots required

### Dried Blood Spot Collection Criteria



Perfect Collection



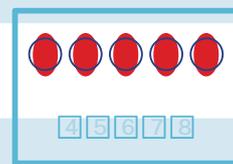
Rejected Collection



## 8 Wipe finger and apply band-aid



## 9 Allow test card to dry

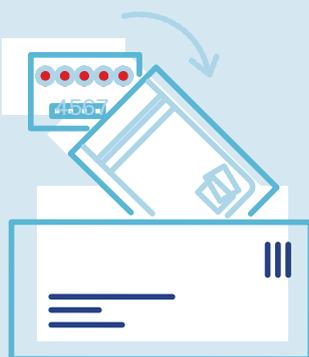


4+ HOURS

When dry, fold the flap of the test card over the blood spots

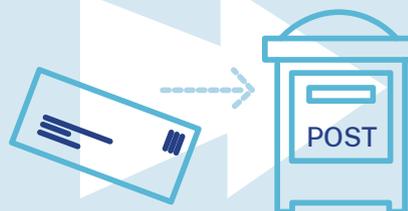
## 10

Pack test kit into foil envelope and reply paid envelope



## 11

Post test kit



Free postage – no stamp required

### Need help?

Watch the video at [www.health.nsw.gov.au/dbstest](http://www.health.nsw.gov.au/dbstest)  
Or call Sexual Health Infolink on 1800 451 624

