



Get active



7. Skip

For the supervisor and the student

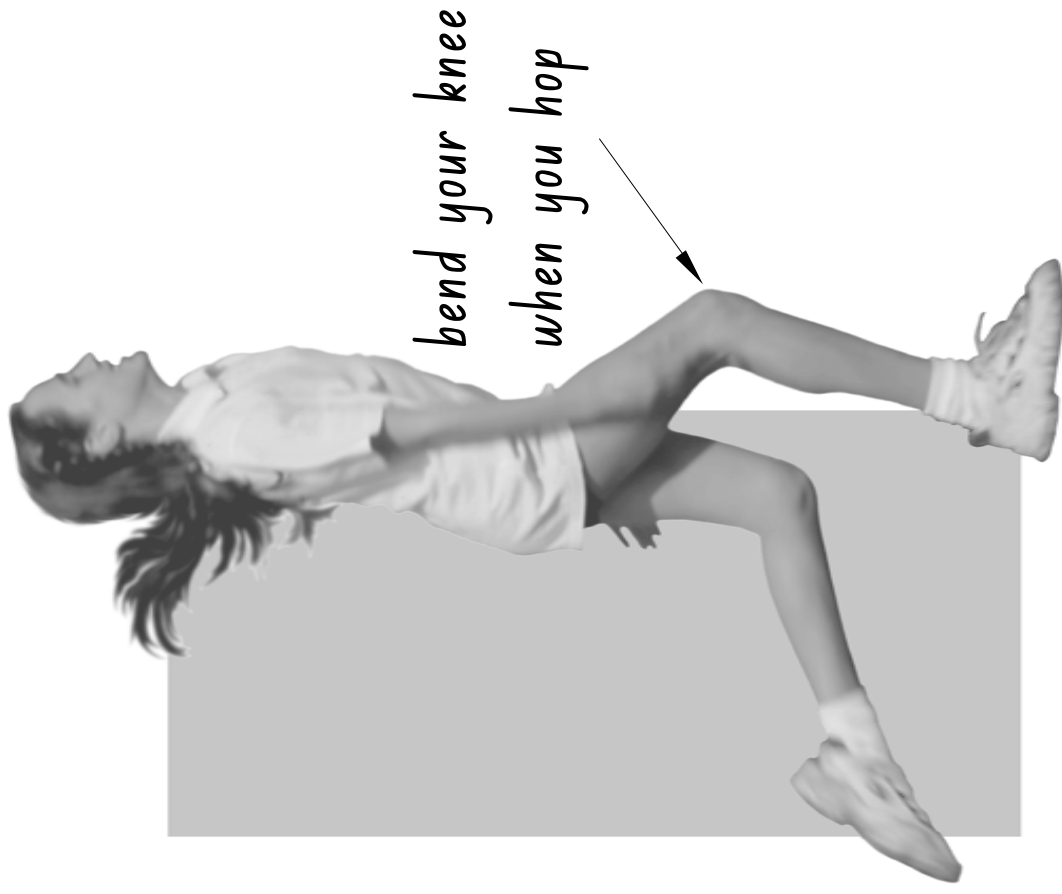


*step onto
your front
foot then
hop on it*



Show me how to ... skip

1

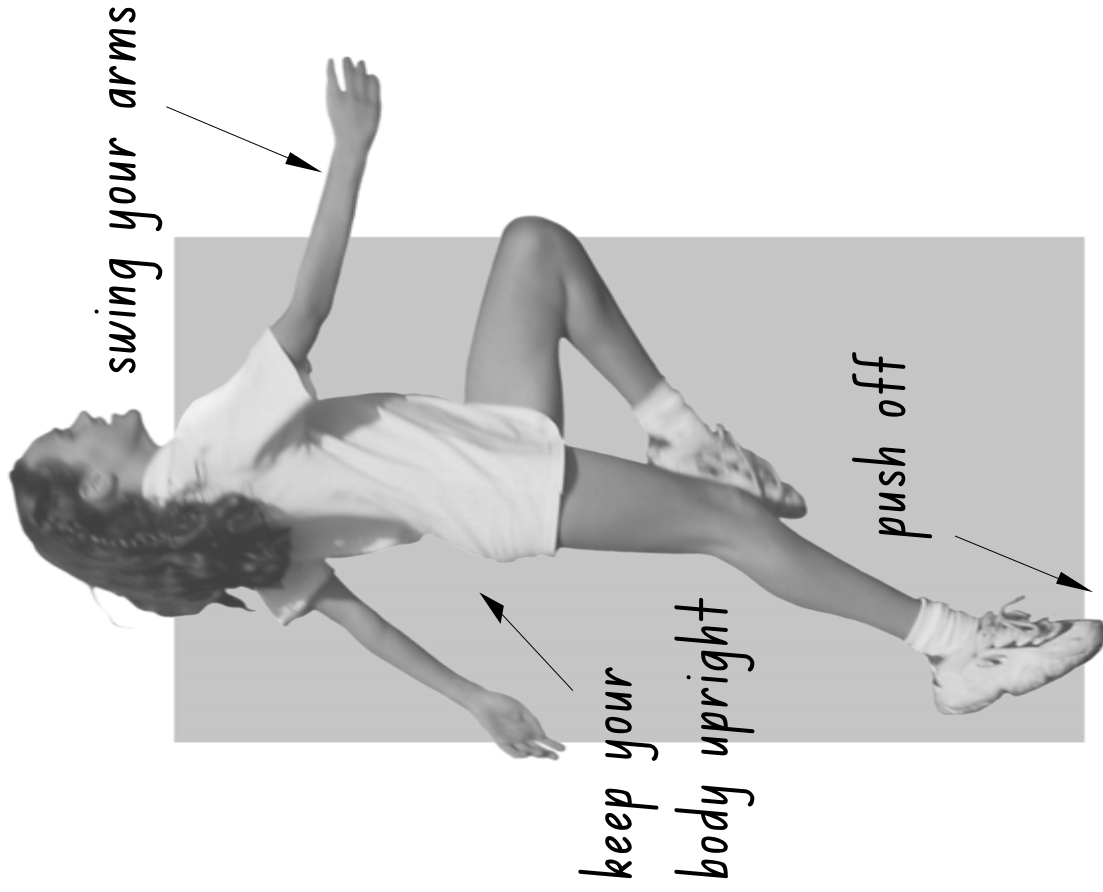


*bend your knee
when you hop*



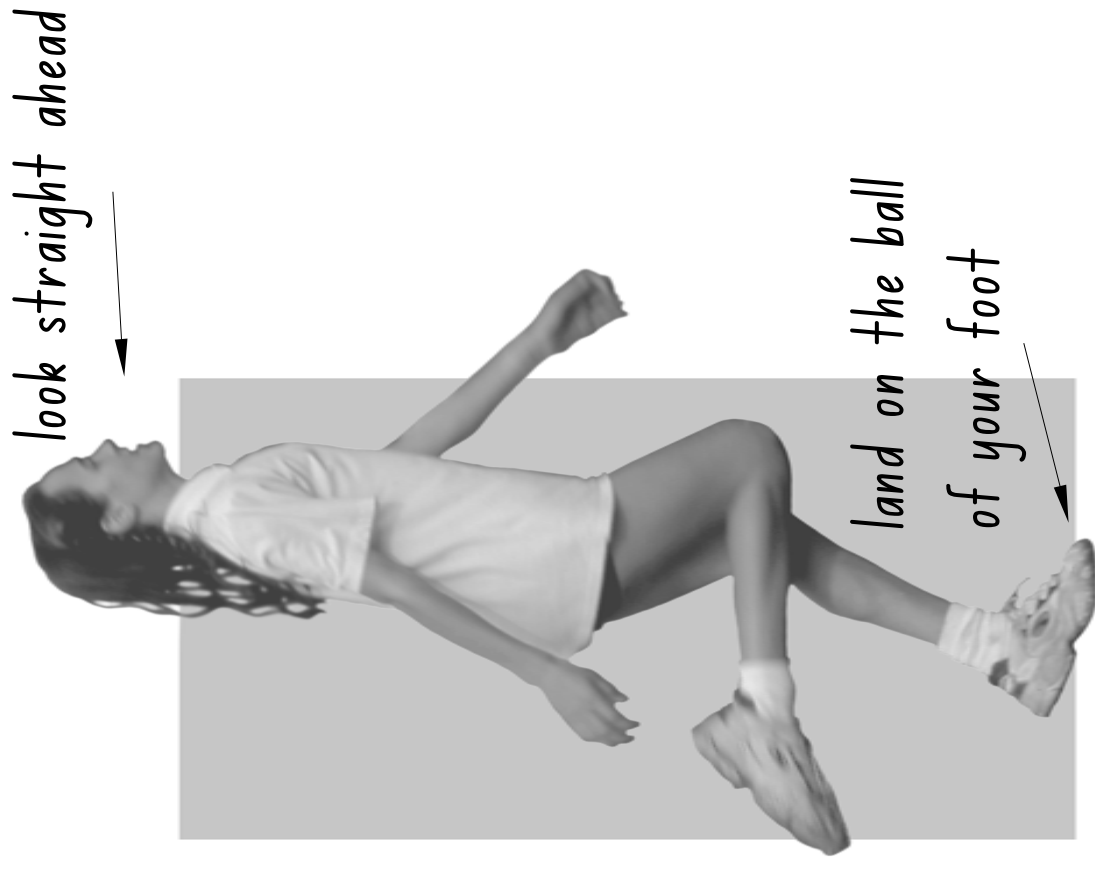
Show me how to ... skip

2



3

Show me how to ... skip



4

Show me how to ... skip