



Park and Walk or Ride

This resource is primarily for those parents/carers who have no other option but to drive their children to particular destinations. Instead of dropping children at the front door, parents/carers can find a safe and convenient location to park not far from the destination and then supervise their children for the rest of the journey. Parents/carers should ensure they hold their child's hand up to ten years old when crossing any roads.

01 The benefits

Parking and walking/riding can reduce congestion issues around popular destinations and provide an opportunity for:

- + Extra exercise for you and your children
- + Socialising with community members and other families
- + Learning important road safety skills
- + Children who live too far to walk or ride all of the way can still participate in active travel

02 How does it work?

Do it by yourself or with other parents/carers

There is very little organisation involved. You can identify a parking place that is convenient and safe for you. Parents/carers who share a particular trip with other parents/carers, can also engage in this initiative by planning it together.

03 Parking locations

Parking places should always be safe and convenient. Options could include on-street car parking spaces, church car parks, sports grounds, and club car parks – ask permission to use the car parks if necessary. Try to find a parking place that is 10-15 min walk away from the destination and make sure to supervise children for the rest of the journey.