1. **Fill in form**
2. **Save form as school name**
3. **Attach saved form to email and send to:** [MOH-PopulationHealthResources@health.nsw.gov.au](mailto:MOH-PopulationHealthResources@health.nsw.gov.au)

**Or fax form to 1300 550 570**

|  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Teacher name** | Click here to enter text. | | **Phone** | | | Click here to enter text. | | |
| **School name** | Click here to enter text. | | | | | | | |
| **Email address (Required for confirmation of order placed)** | | | Click here to enter text. | | | | | |
| **School address** | Click here to enter text. | | | | | | | |
| **Suburb** | Click here to enter text. | | **Postcode** | | | Click here to enter text. | | |
| **Please note: Delivery address cannot be a PO Box** | | | **Number of classes** | | | Click here to enter text. | | |
| **Number of students** | | | Click here to enter text. | | |
| **SKU** | | **RESOURCE** | | | **MAXIMUM ORDER** | | | **QUANTITY REQUIRED** |
| **PHYSICAL ACTIVITY** | | | | | | | | |
| 190066 | | LLW FMS cards and lanyard | | | 1 set of 12 per class | | | Click here to enter text. |
| **Q4:H20** | | | | | | | | |
| 120137 | | Student card **O*ut of print* Download from** [**https://www.health.nsw.gov.au/heal/primaryschools/Pages/nutrition.aspx**](https://www.health.nsw.gov.au/heal/primaryschools/Pages/nutrition.aspx) | | | | | | |
| 120136 | | Teacher implementation guide **O*ut of print* Download from** [**https://www.health.nsw.gov.au/heal/primaryschools/Pages/nutrition.aspx**](https://www.health.nsw.gov.au/heal/primaryschools/Pages/nutrition.aspx) | | | | | | |
| **LIVE OUTSIDE THE BOX** | | | | | | | | |
| 120079 | | Live Outside the Box student card | | | 1 per Stage 3 student | | | Click here to enter text. |
| 80100 | | Live Outside the Box Teacher resource | | | 5 | | |  |
| **HEALTHY KIDS FACTSHEETS FOR PARENTS (Available in other languages)** | | | | | | | | |
| 100171 | | Turn off the TV or computer and get active **O*ut of print* Download from** [**https://www.health.nsw.gov.au/heal/primaryschools/Pages/for-parents.aspx**](https://www.health.nsw.gov.au/heal/primaryschools/Pages/for-parents.aspx) | | | | | | |
| 100167 | | 5 Ways to a Healthy Lifestyle **O*ut of print* Download from** [**https://www.health.nsw.gov.au/heal/primaryschools/Pages/for-parents.aspx**](https://www.health.nsw.gov.au/heal/primaryschools/Pages/for-parents.aspx) | | | | | | |
| 100169 | | Get Active Each | | 10 | | |  | |
| 100170 | | Choose water as a drink | | 10 | | |  | |
| 100168 | | Eat more fruit and vegies | | 10 | | |  | |
| 100172 | | Eat fewer snacks and select healthier alternatives | | 10 | | |  | |
| **AUSTRALIAN DIETARY GUIDELINES\*** | | | | | | | | |
| N55a | | Australian Dietary Guidelines: Summary | | | 1 per school | | | Click here to enter text. |
| N55f | | Healthy Eating for Children Brochure | | | 1 per student | | | Click here to enter text. |
| N55m | | Australian Guide to Healthy Eating – A3 poster | | | 1 per class | | | Click here to enter text. |
|  | | Dietary Guidelines for All Australians (Indigenous) poster ***Download from*** [**www.eatforhealth.gov.au**](http://www.eatforhealth.gov.au) | | | | | | |
| ***\*Australian Dietary Guidelines resources are also available for download from*** [**www.eatforhealth.gov.au**](http://www.eatforhealth.gov.au) | | | | | | | | |
| **AUSTRALIAN 24 HOUR MOVEMENT GUIDELINES FOR CHILDREN AND YOUNG PEOPLE (5-2 years)** | | | | | | | | |
| **Available to download/order from** [**https://www.health.gov.au/internet/main/publishing.nsf/Content/pasbr**](https://www.health.gov.au/internet/main/publishing.nsf/Content/pasbr) | | | | | | | | |

***Live Life Well @ School resources can also be downloaded from***

[**https://www.health.nsw.gov.au/heal/primaryschools/Pages/llw-at-school.aspx**](https://www.health.nsw.gov.au/heal/primaryschools/Pages/llw-at-school.aspx)