

INNOVATION Awards 2013

Connecting Minds
Innovating care every day in every way

The One Time Giving Your Colleagues a RaSH (Risk and Safety Handover) Could Save Their Lives!!! Collaborative Team

Introduction

Health Security Assistants (HSAs) make a valuable contribution to Mental Health Unit safety.

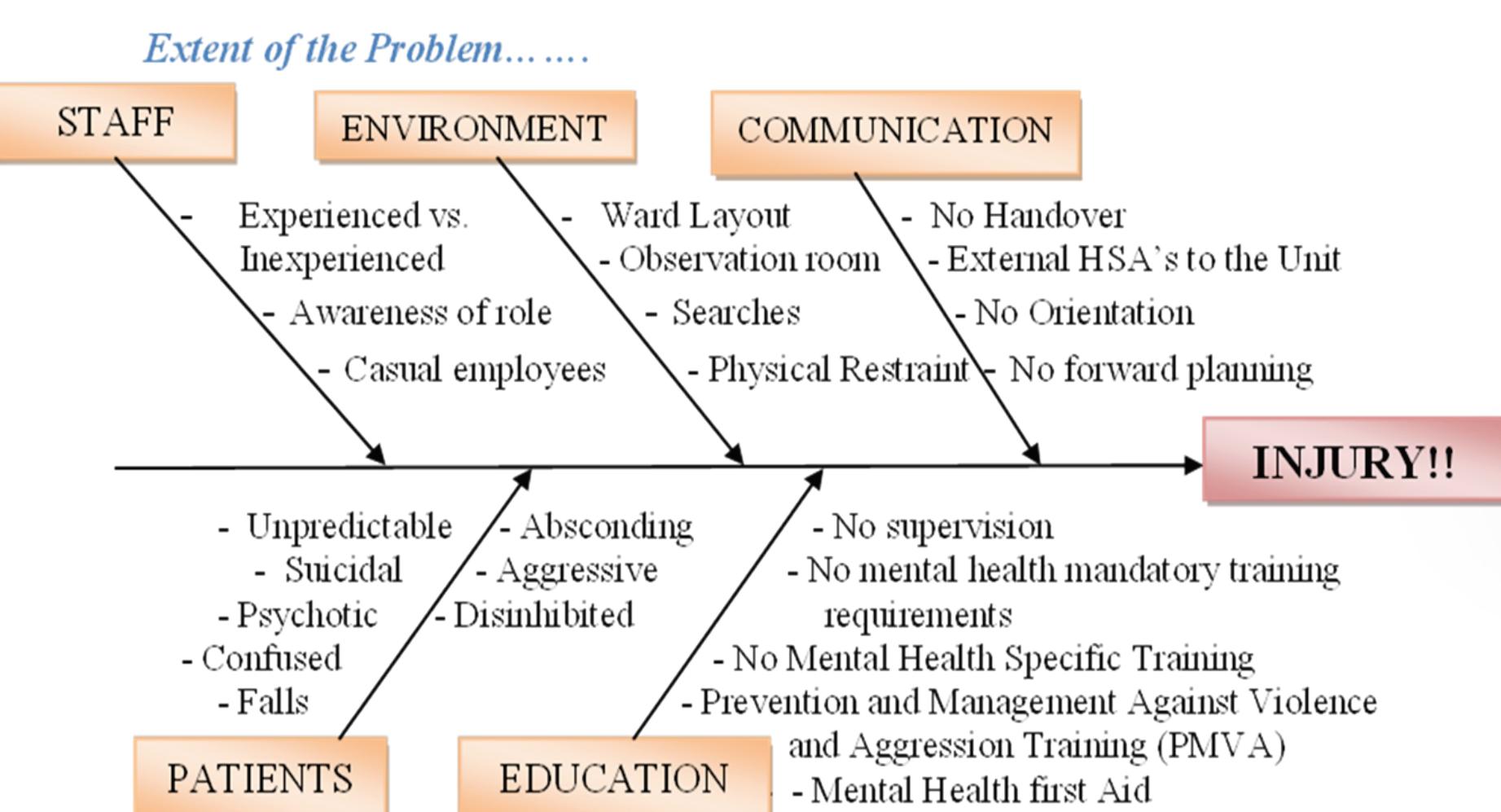
The Risk and Safety Handover (RaSH) based on the NSW Health Safe Clinical Handover (2009) was developed to integrate HSAs into the team and communicate Mental Health Unit inpatient risks.

Aim

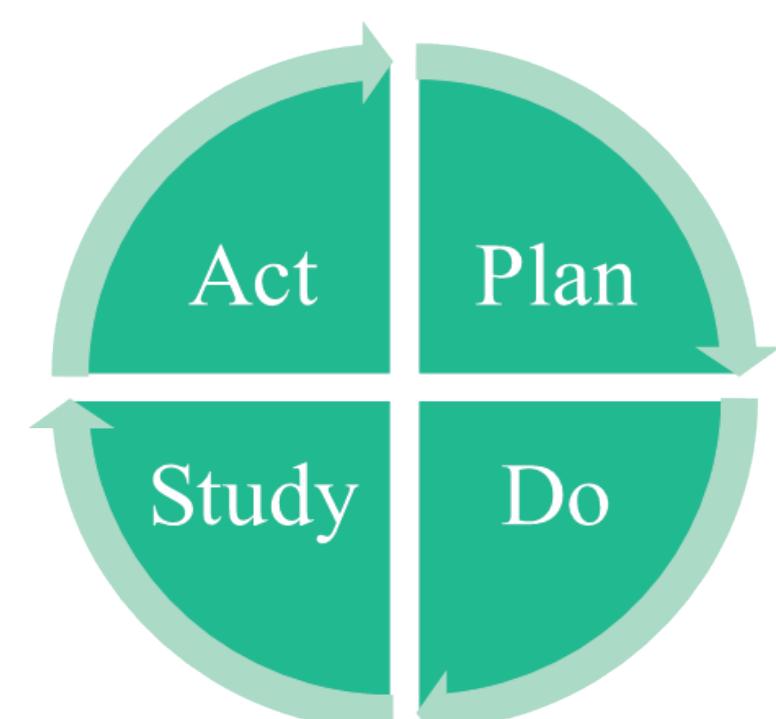
That by September 2012:

- Prior to commencing each shift HSAs identify potential risks and safety responsibilities
- No workplace injuries occur related to unfamiliarity with identified patient risks
- Entire team utilises ISBAR

Method



- working Party established
- stakeholder consultation: patients, nurses, relevant managers
- Clinical Practice Improvement Principles (CPI) based



- staff consultation throughout development
- IIMS cross-check identified staffs' risk-related injuries
- RaSH audit conducted post roll-out identified gaps. Action plan implemented. Audit tool and Satisfaction Survey developed
- managerial endorsement

Results

- ISBAR based RaSH twice daily
- improved HSA knowledge: risks, documentation, reporting requirements
- Orientation Manual provides RaSH information and role requirements
- Resource Folder containing Mental Illness information
- annual RaSH audit/daily sign-off sheets monitor and sustain process
- improvements: RaSH cheat cards and handover sheets
- injury reduction
- seclusions down:



- workplace satisfaction up



- HSAs: Increased role and responsibilities.
- RaSH Roll-out across MNCLHD Mental Health



Integrating teamwork, enhancing safety and skill development in Mental Health Services

Conclusion

The WHO, Australian Commission on Safety and Quality in Handover, and the Garling Report recognise better communication is critical to improving safety. HSAs should be included as they endeavour to provide a safer environment for everyone.

As well as providing fundamental support for HSAs in Mental Health, RaSH could also benefit HSAs working in Emergency Departments (frontline entry points for most risk related presentations).

RaSH	CLARIFY CLEANING DUTIES SIGN OFF
INTRODUCTION	Risk Levels
• Name/Age	Low – some potential
SITUATION	Medium – reasonable possibility
• Legal Status	High – high probability
• Current Whereabouts	Absconding – depart or hide
BEHAVIOUR	Harm to others – intention to cause harm verbally/physically
• Current behaviour related to Diagnosis	Vulnerability – sexual financial, falls, harm to children
• Current Physical Issues	Self-harm – intention to cause one self-harm or death
ASSESSMENT	Care Levels (Sight Observations)
• Risk - level and category	1 = Special 1:1
• Care level Observations	2 = 15 minutes
RECOMMENDATIONS	3 = 30 Minutes
• Current Recommendations and Interventions	4 = 2 hours
• Leave arrangements	
• Appointments	
• Discharge	
• Visitor access	
	Complete handover by Visually Sighting 1A Inpatients
	Risk And Safety Handover

The RASH Model printed on dual-sided badge cheat cards

Author and Contributors:

- Project Leader: Tanya Dugard
- CNS: Patricia Hunter and Bede McKinnon
- HSA: Wayne Bellenger/Steve Ashton/Craig Fraser
- Ward 1A Nurses

Acknowledgements

MNCLHD MH and D & A Director: John Leary
Managers:

- MH District Operations: Barry Hunter
- Nursing & Service Development: MH and D & A: Karen Allen
- Network WHS Officer: Erica Williams
- Security Advisor: Greg Winnacott
- Program Co-ordinator Safe Clinical Handover: Tracey Schipp

NSCCLHD Patient Safety Program Project Officer:
Helen Ganley



Health
Mid North Coast
Local Health District