

Pathways to Community Living Initiative

NSW Innovation and Health Symposium October 2016

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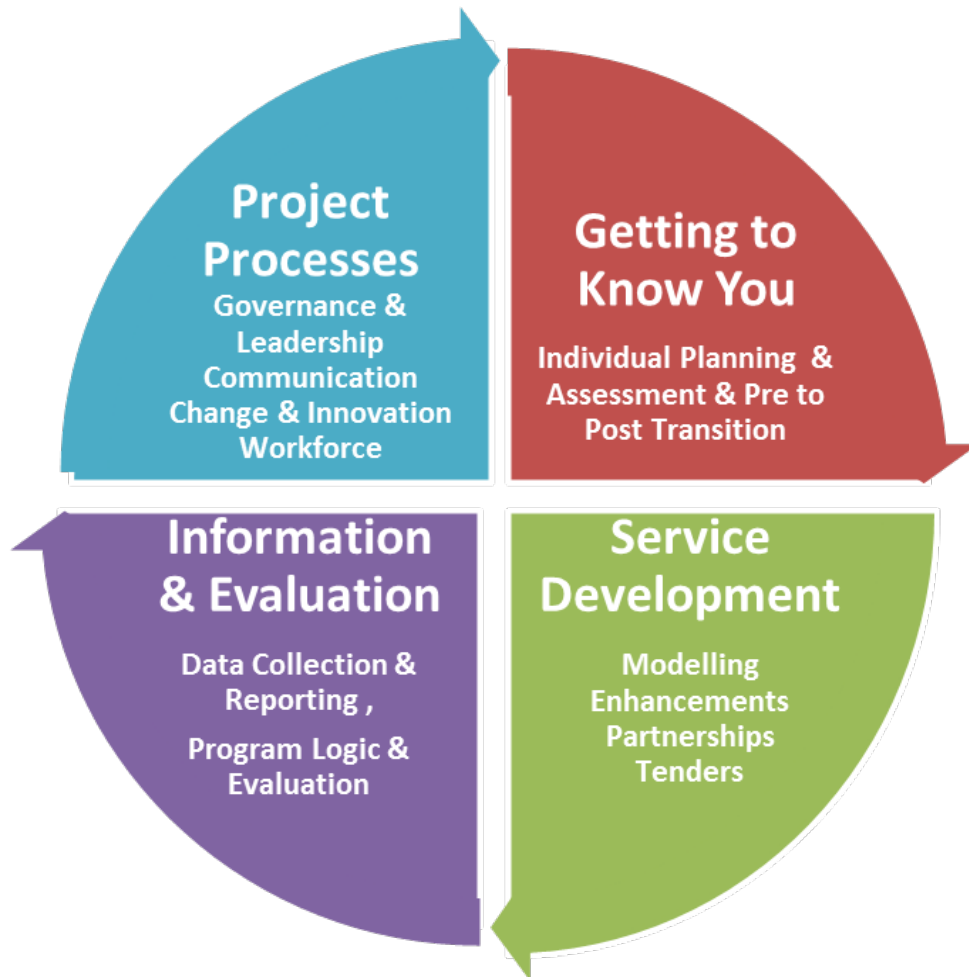


Health

The story so far



The PCLI Framework



- State led & co-ordinated
- Consumer participation & innovation
- Information & data
- LHD developed & activated.

State led and co-ordinated

“The level of collaboration between the Mental Health Branch and LHDs is exciting – so necessary”

LHD PCLI Project Manager

Project Processes



- **PCLI working parties** in all major LHDs
- PCLI Managers have **weekly “stand-up”** meetings
- **DVDs**, DDs, basecamp, banners, branding, newsletters
- **Collegial networking** across all LHDs

Getting to know you

- **Achievements**

- >300 GTKY Checklist screenings
- >200 comp. assessments
- Many transitions

- **Engagement**

As clinical teams, with consumers, with families – what does all this mean, what does it tell us about your issues, needs and strengths?

- **Transition Design**

Training

A Guide to Transition



**Getting to
Know You**

**Individual Planning &
Assessment & Pre to
Post Transition**

Service Development



- **Stage One**
Major LHDs +SMHSOP in-reach
Tenders & Contracts complete
Clinical partnerships on their way
Great stories of transitions
- **Stage Two**
Consultations
Working party
Consultants: costings, design
Evidence: SAX Review #2

Information and Evaluation

- **Data Base**
- Updating data from **HIE**
- **Program Logic and Evaluation Framework**
- **Monitoring & Evaluation Plan**
- **Reporting KPIs**
- **Tendering for evaluation**
- **Research** - \$170K for WNSW from TRGS

Information,

**Information
& Evaluation**

**Data Collection &
Reporting ,
Program Logic &
Evaluation**

Consumer participation and innovation

“We want a home and we want to be part of the community”

Consumer

Consumer participation and innovation

- Consumers want to live and be valued in the community
- A hospital is not a home
- The process of community living is informed by provision for recovery focussed and supported accommodation
- Recovery begins at home and opens options of work, inclusion and citizenship.

Issues

For

- Rights
- Positive risk taking
- End to institutional care
- The recovery journey
- Choice
- Policy in mental health

Against

- Change is unsettling
- Very sick people need to be looked after
- Loved ones might be dubious about level of care
- Mental health jobs in the public sector might go
- Capacity and support of Community managed organisations

Consumers living in the community

- Assertive and funded community services
- Recovery focussed Community Managed Organisations (NGO's) providing services
- Social inclusion and choice
- Non-institutional solutions
- Opportunities for more community supports and hospital as treatment in crisis

“We want a home and we want to be part of the community”

Information and data

“It’s great to use the data and standardised information to inform our care planning in meaningful ways”

Clinician

The data needs of the Pathways to Community Living Initiative



Planning

What do we need?



Assessment

Who are you?
What is it you
need?



Evaluation

What's been the
outcome?

The data needs of the Pathways to Community Living Initiative



Planning
What do we need?

How many people are we talking about?

Where are they?

How long have they been there?

Are there **important cohorts**?

What is similar or different about them?

What might be keeping them in hospital?

What might an alternative look like?

What would we need to plan for?

Where would they live?

What would they need?

Who would they need?

The data needs of the Pathways to Community Living Initiative



Assessment
Who are you?
What is it you
need?

Consumer characteristics - Who are you?

Gender
Age
Cultural background
Previous address
Acuity & chronicity
Needs?
Strengths and abilities?

Processes of care – What has been your care?

Duration of stay
Episodes of care
Use of overnight leave
Mental Health Act & Guardianship

The data needs of the Pathways to Community Living Initiative



Evaluation
What's been the
outcome?

Transition and placement

Who has gone where?

What has happened to them?

Personal outcomes

Has their health improved?

Are they more capable now?

Have they needed to go back to hospital?

Has their quality of life improved?

Are they happy?...

LHD developed and activated

How about this idea?

LHD Working Group Member

PCLI process in action

- Communication: getting the messages right
- Comprehensive assessments: getting to know you
- Transition process: coordinate well, and celebrate
- Working with the receiving facilities: options for support

Reflections

- To date, success has exceeded expectation. The stories are heart-warming!
- An emptying nest is bitter-sweet.....
- Forcing us to reflect on how we are caring for people who have been in our services for many years

Acknowledgements

- Dr Karin Lines, Executive Director, MH Branch, NSW MoH
- Robyn Murray, Statewide Senior Manager, PCLI, NSW MoH
- Assoc. Professor Peter McGeorge, PCLI Clinical Lead
- Assoc. Professor Martin Cohen, PCLI Clinical Lead
- Assoc. Professor Carmel Loughland, PCLI Clinical Lead, Research University of Newcastle, NSW
- Assoc. Professor Grant Sara, PCLI Information Lead, Director, InforMH, NSW MoH
- Sandra Morgan, PCLI Consumer Advisor, Consumer Consultant, Southern NSW Local Health District
- Graham Swift, Senior Policy Officer, NSW MoH

Questions, Comments and Discussion
