

A collaborative approach to rural health service delivery

Emily Farquhar, MLHD Physiotherapy Advisor,
Wagga Wagga Rural Referral Hospital Physiotherapist in Charge

Jeremy Carr, Director Back on Track Physiotherapy

Murrumbidgee Local Health District
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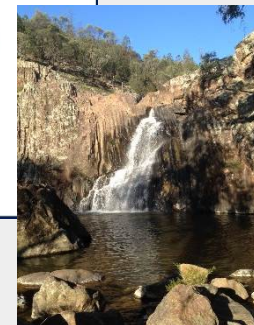
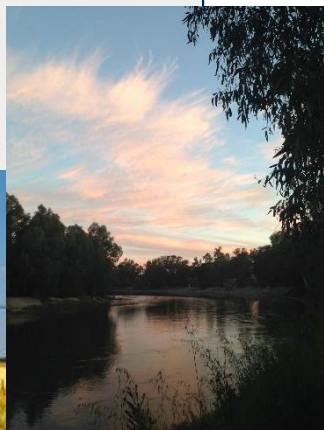
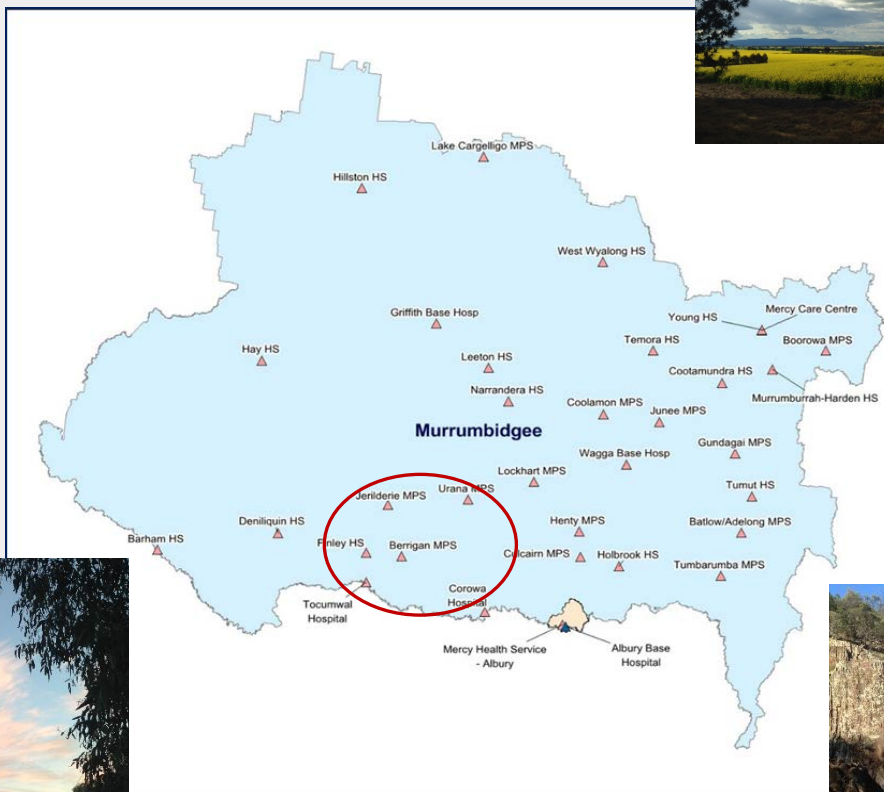
Adapted from presentation prepared by **Catherine Maloney**
MLHD Director of Allied Health



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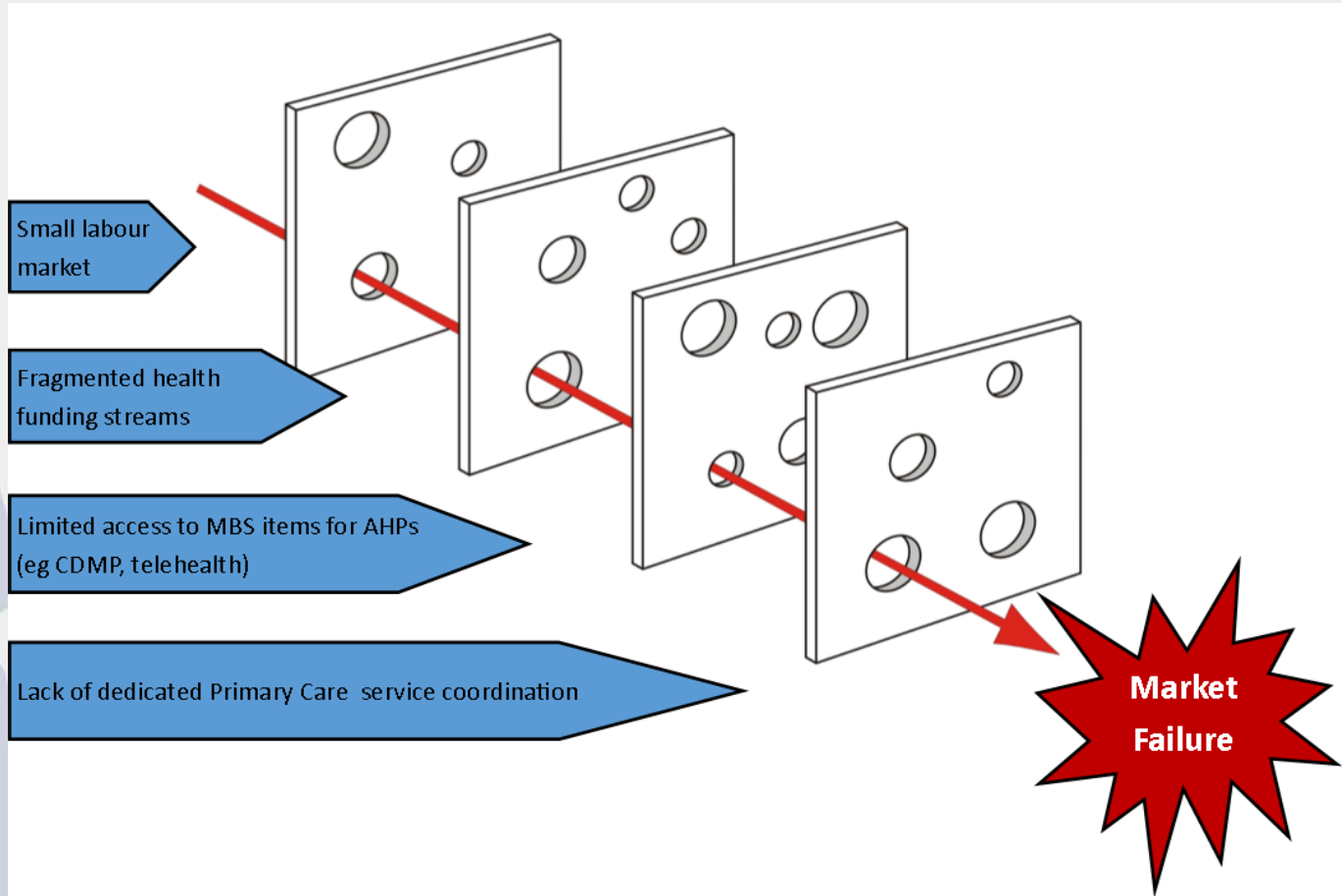
About the Murrumbidgee...

- 29 LGAs
- Population nearly 300,000
- 3.1 % Aboriginal people
- Boundaries with Murrumbidgee PHN are aligned

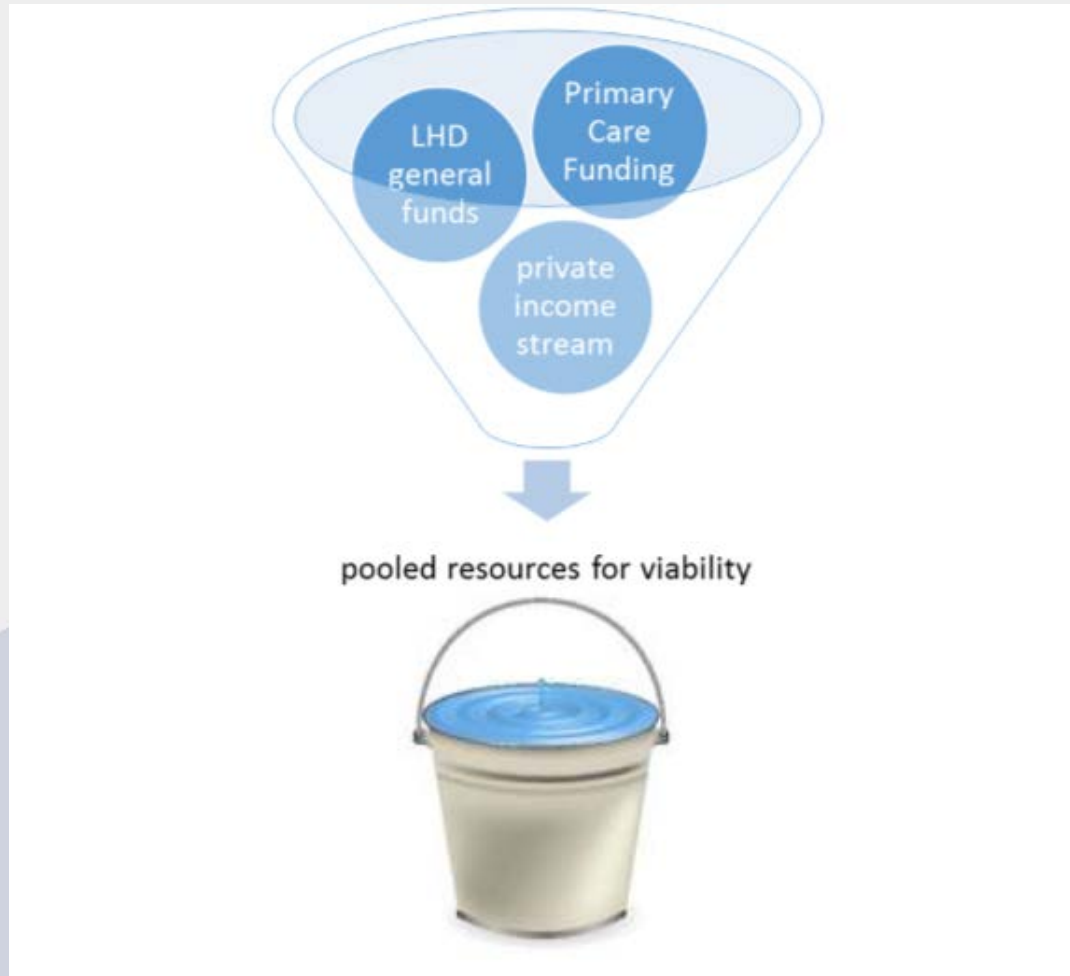


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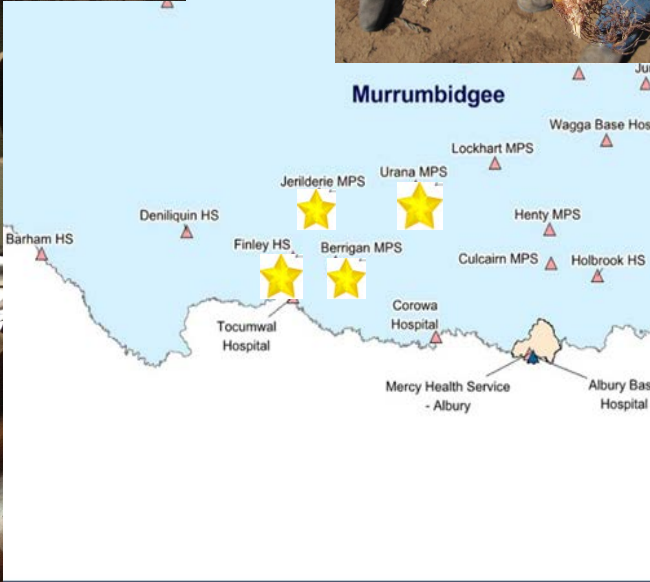
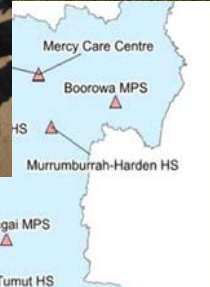
Allied Health Service Delivery in rural settings



The collaborative edge...



Success Stories



Success stories

Activity data (2016):

Client type:	Post-operative	6.9%
	Post-fall	25%
	Cardiorespiratory	9.7%
	Mobility Assessment	9.4%
	Cellulitis/Lymphoedema	2.4%
	Post-acute Care	6.9%
	Cardiopulmonary Rehabilitation	5.2%
	Medical	1%
	Aged Care physiotherapy plan	12.2%
	Other	21.2%

74.2% of clients were admitted

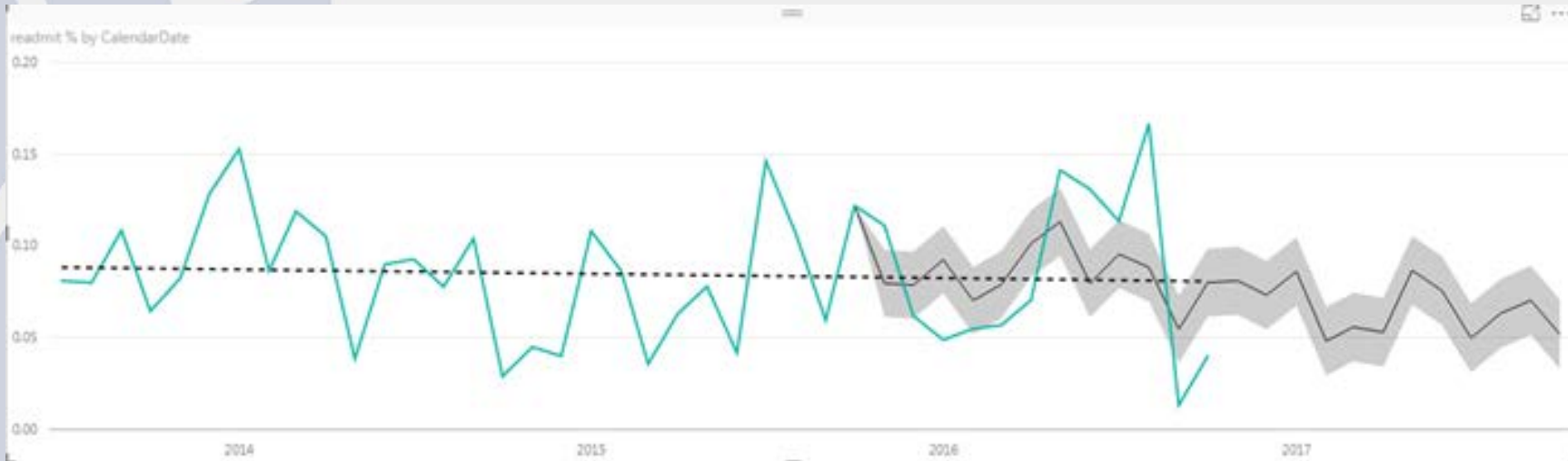
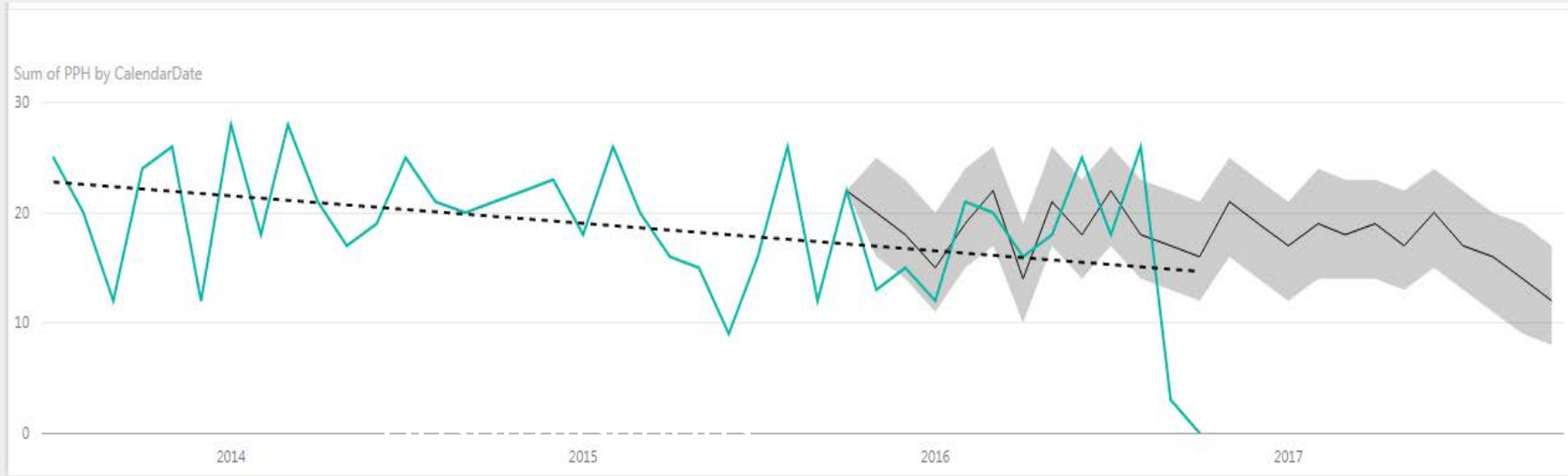
7.3% ambulatory

18.5% aged care residents

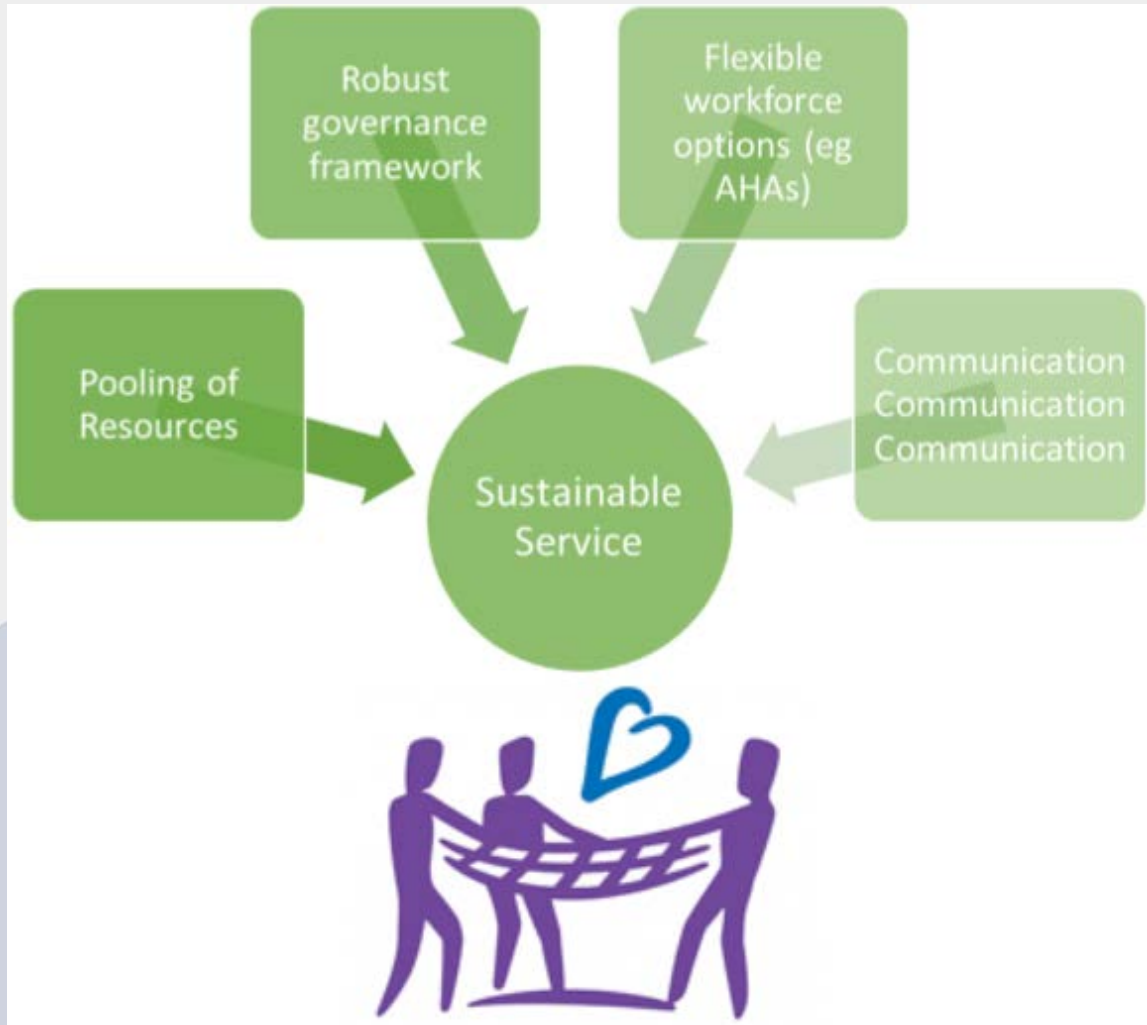
39.5% recently been admitted to hospital (< 12 weeks)



Potentially Preventable Hospitalisations and 28 Day Readmissions



Keys to Success



Considerations

- PHNs working in partnership with LHDs and the private sector to successfully deliver services in rural locations
- Public health procurement regulations that facilitate strong business relationships with the private sector
- Professional associations communicating with PHNs on behalf of their members to ensure
 - Accurate workforce data
 - Private sector allied health providers are engaged on national reforms and opportunities for collaboration with government
 - Assistance with infrastructure (eg technologies such as secure messaging)
 - Equitable funding for services delivered by primary care providers eg MBS items for Telehealth modalities



Success Stories

- Successful patient outcomes without patients having to travel
- Fractured neck of femur – Patients returning to previous level of function without travelling > 1.5 hrs for inpatient rehabilitation.



Private Practice View: Roll Out Challenges

- Medium Term View – Takes time to get service initiated.
 - Clinical Governance and Contract development
 - Service Schedule and Referral Indicators
- Understanding the role of physio within the current service provision.
- Advising clients, local and remote staff/hospitals of the scope of our practice and funding models.



Private Practice View: Ongoing Considerations

- Retaining Allied Health Staff
- Reporting/Statistical Analysis
- Strong support from Local Health District
- Motivated, Supportive Leadership to make positive change





**Thank
you**



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