

What consumers say about NSW Mental Health Services



# Your Experience of Service

2019-2020

Summary reports for Local Health Districts and Specialty Health Networks





#### Acknowledegments

We gratefully acknowledge the support of members of the YES advisory committee and colleagues at BEING, the NSW Ministry of Health Mental Health Branch and the System Purchasing Branch. Most importantly, thank you to the many consumers who take the time and effort to complete a YES questionnaire and the BEING and NSW Health staff who have worked together to improve services using the YES feedback.

#### Report produced by:

InforMH System Information and Analytics Branch NSW Ministry of Health

Published January 2021

Please note that there is the potential for minor revisions of the data in this report.

Please check with InforMH for any amendments:

INFORMH@health.nsw.gov.au

SHPN (SIA) 210063 ISBN: 978-1-76081-587-5



# Introduction to the supplement

This is a supplement to the report What Consumers say about NSW Mental Health Services: Your Experience of Service 2019–2020.
The supplement provides detailed reports for each Local Health District (LHD) and Speciality Health Network (SHN), as well as detailed technical information on the Your Experience of Service (YES) questionnaire.

#### The structure of the questionnaire

The YES questionnaire gathers information from consumers about their experience of care. It includes 32 multiple choice questions, two free text questions and seven demographic questions.

#### YES questions are grouped into six domains

The YES questions have been grouped into domains based on statistical analysis. These domains have been named through a national consumer consultation process.

**Showing respect:** the service provides the individual consumer with a welcoming environment where they are recognised, valued and treated with dignity.

**Ensuring safety and fairness:** the service provides individuals with a physically and emotionally safe environment and treats them reasonably and fairly.

**Valuing individuality:** the service meets the individual's needs, including sensitivity to culture, gender, personal values and beliefs.

**Supporting active participation:** the service provides opportunities for engagement, choice and involvement in the person's own care and support.

**Providing information and support:** the service provides resources such as written information, a care plan and access to peer support.

**Making a difference/impact:** the service makes a difference to the individual's social and emotional well-being and physical health.

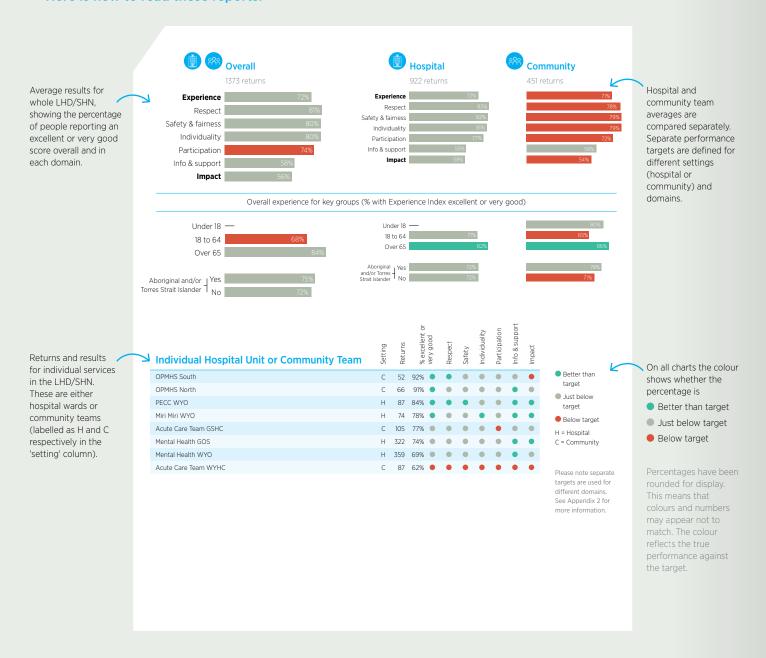
For more information on which questions relate to each domain, please see Appendix 3.

# Interpreting the LHD/SHN summaries

These summary reports show the percentage of consumers who reported an excellent or very good experience overall. This measure is used to compare LHDs/SHNs and to define targets.

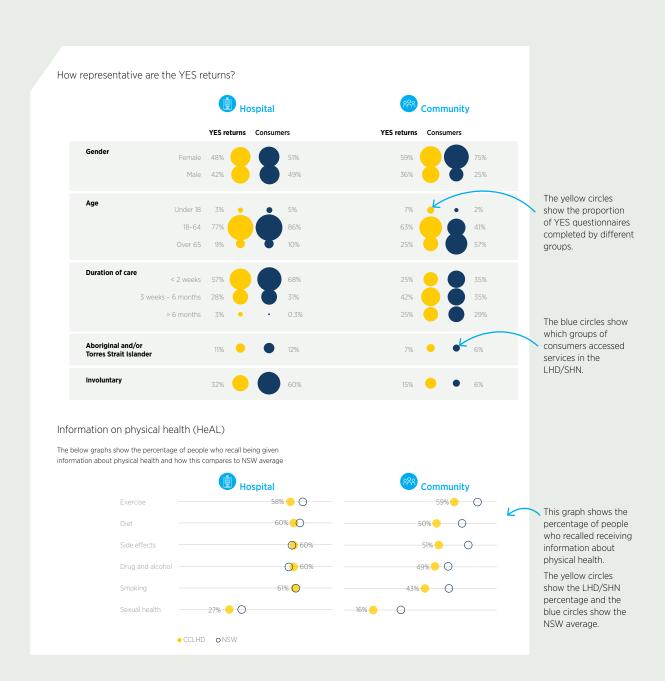
Targets have been set separately for domains using different question types. For more information about how these targets have been calculated, please see Appendix 2.

#### Here is how to read these reports:



The summaries show results for individual community teams and hospital units within each LHD/SHN where at least 30 valid YES questionnaires were returned. More detailed data for all teams and units is also provided quarterly to LHDs/SHNs for local Action and Change activities.

This supplement also includes data on representativeness, the experience of Aboriginal and Torres Strait Islander consumers, and experiences across different age groups.

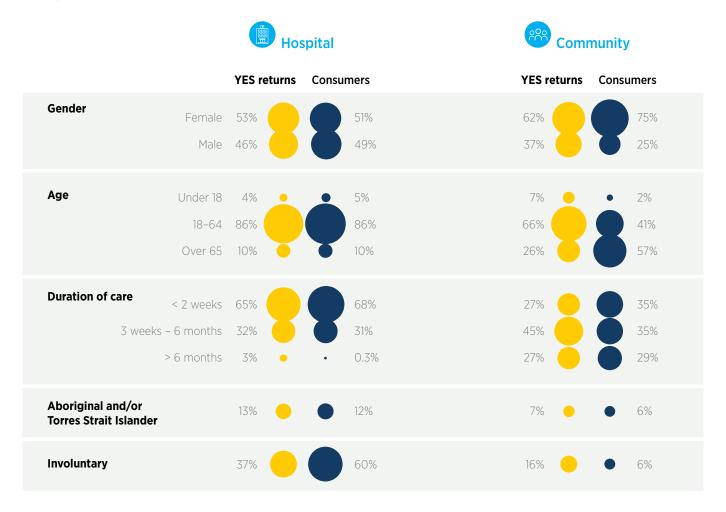


# LHD/SHN summary reports

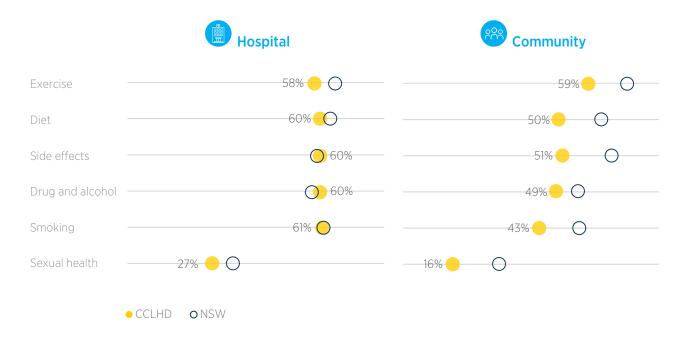
### **Central Coast Local Health District**



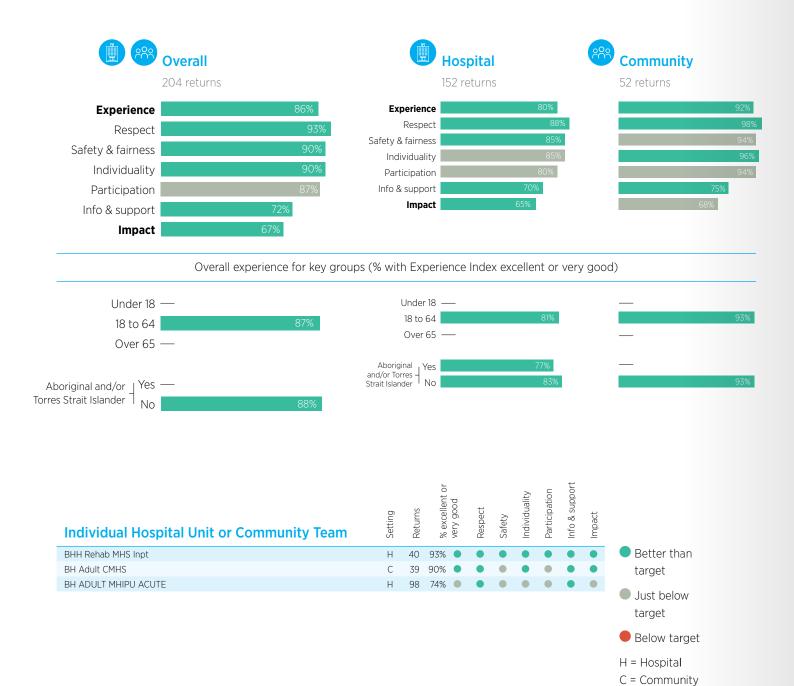
Please note separate targets are used for different domains. See Appendix 2 for more information.



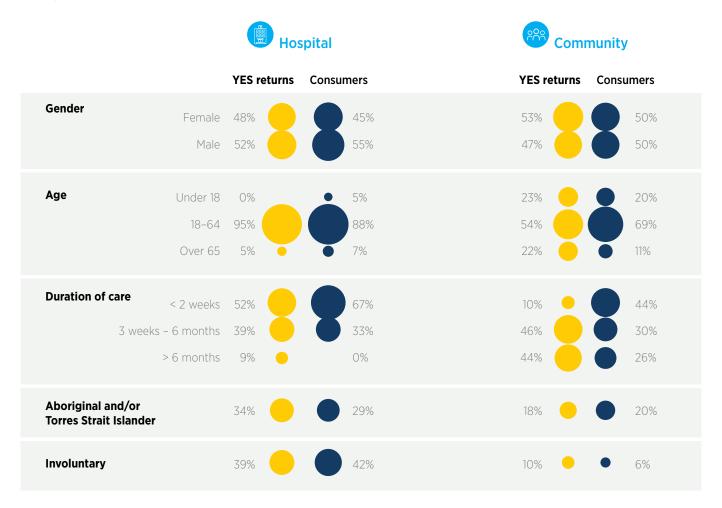
#### Information on physical health (HeAL)



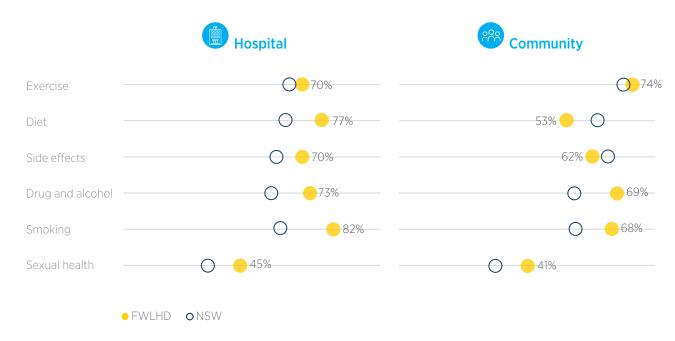
# Far West Local Health District



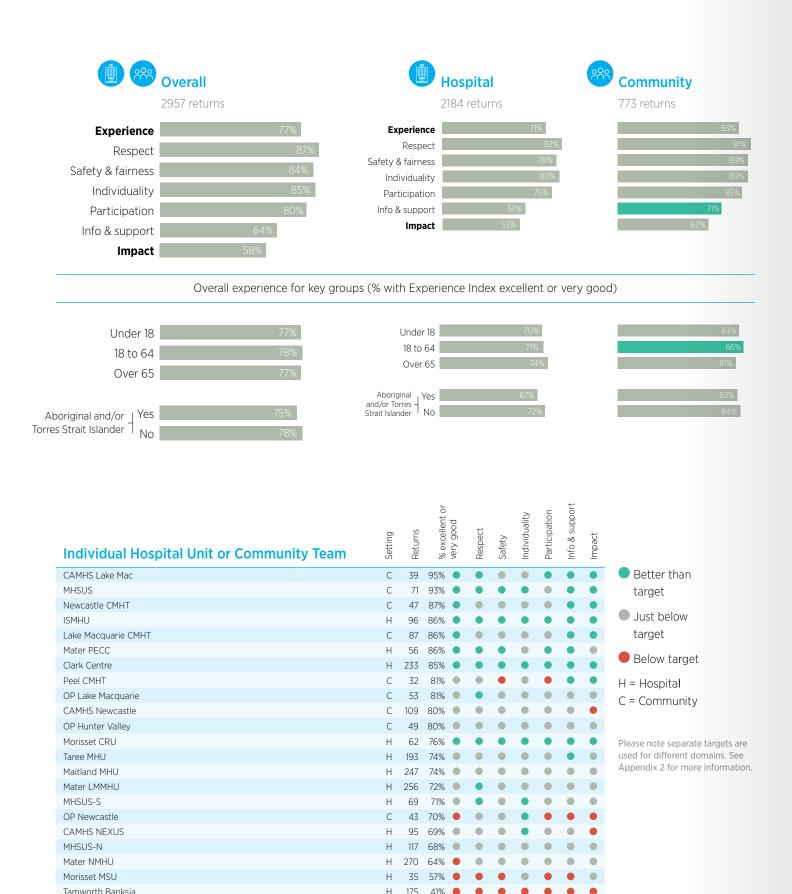
Please note separate targets are used for different domains. See Appendix 2 for more information.



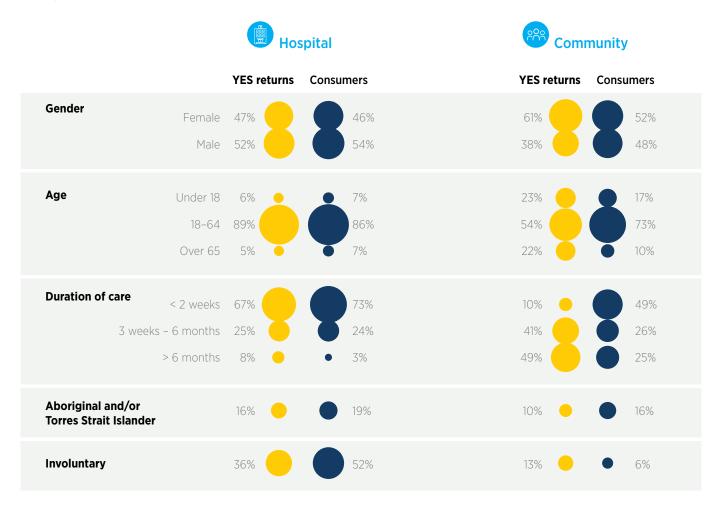
#### Information on physical health (HeAL)



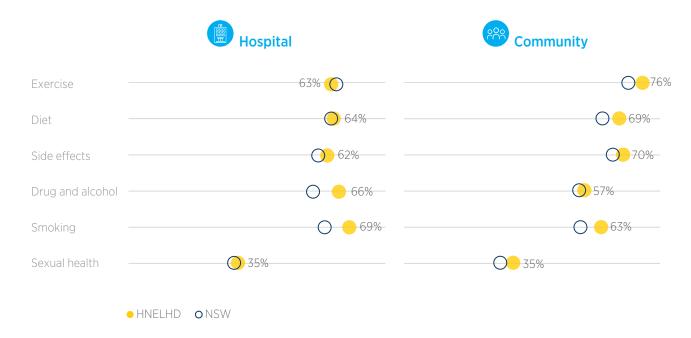
# **Hunter New England Local Health District**



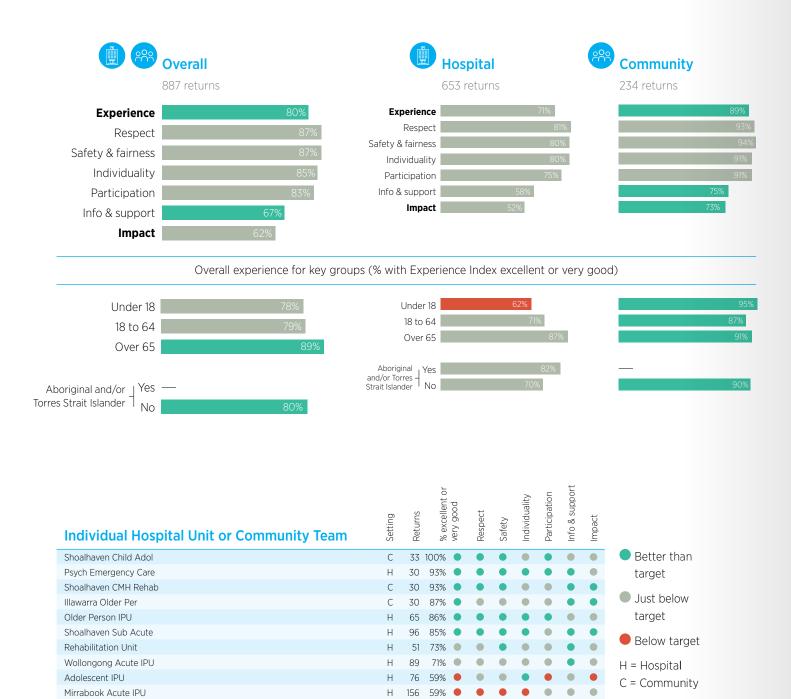
Results are only shown for teams or subgroups where more than 30 returns were received



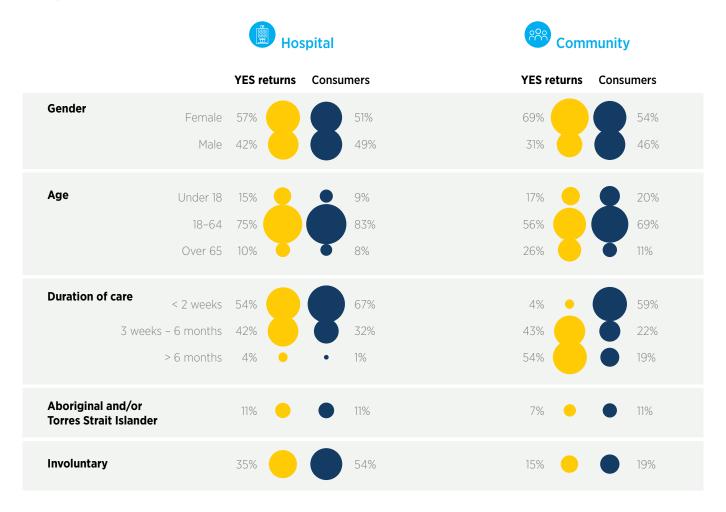
#### Information on physical health (HeAL)



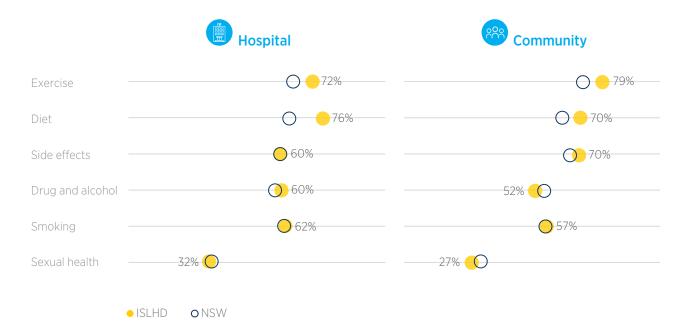
# Illawarra Shoalhaven Local Health District



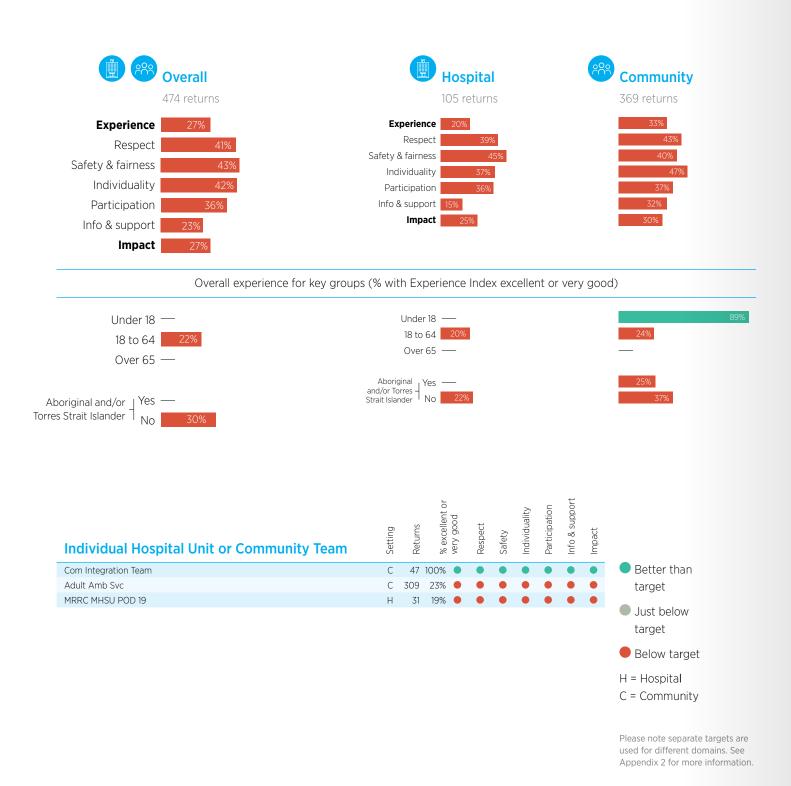
Please note separate targets are used for different domains. See Appendix 2 for more information.



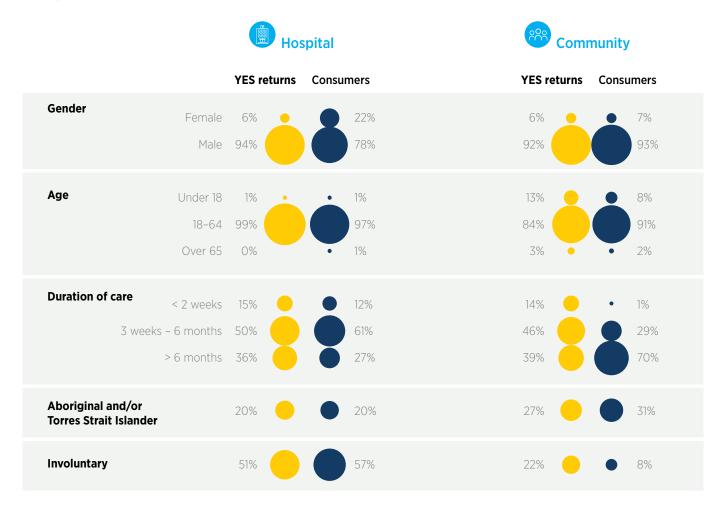
#### Information on physical health (HeAL)



# Justice Health and Forensic Mental Health Network



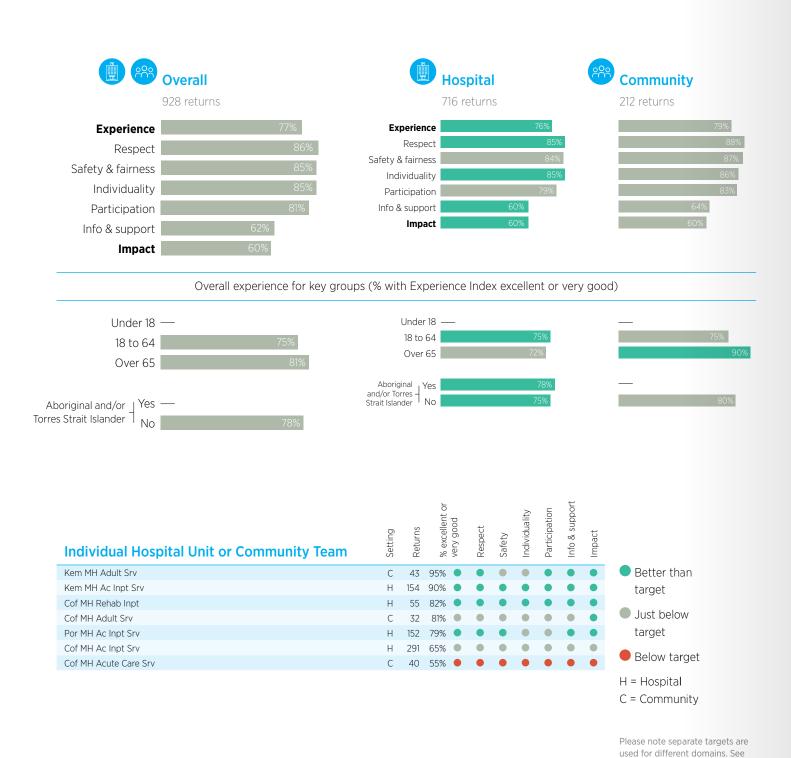
Note: Caution is needed when comparing results for the Justice Health and Forensic Mental Health Network to other LHDs and SHNs. People report less positive experiences in inpatient and involuntary care. All consumers in the Forensic Hospital and Long Bay Hospital are receiving involuntary care, and a large proportion of community team responses are from people receiving outreach care in a corrections setting.



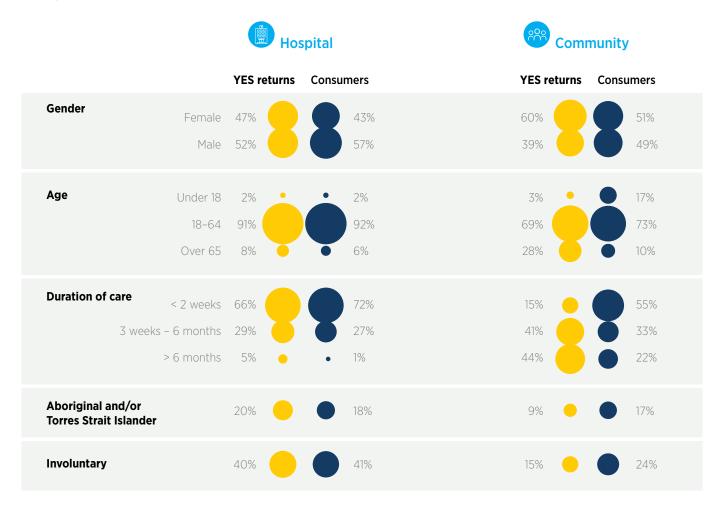
#### Information on physical health (HeAL)



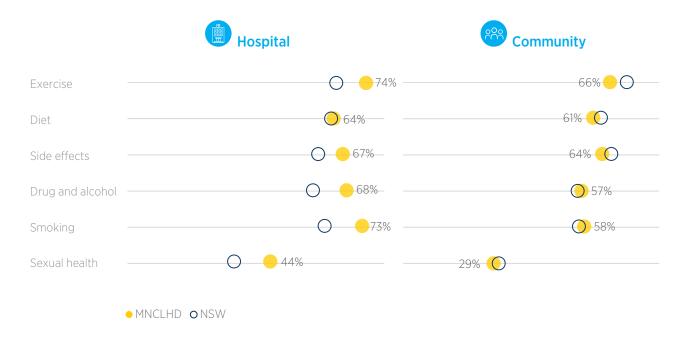
# Mid North Coast Local Health District



Appendix 2 for more information.

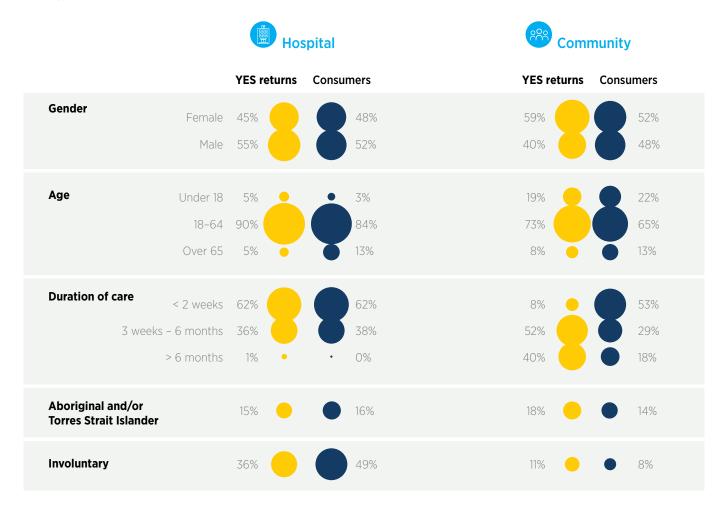


#### Information on physical health (HeAL)

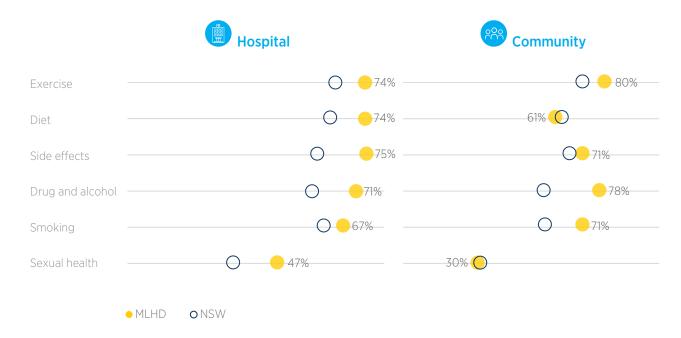


# Murrumbidgee Local Health District

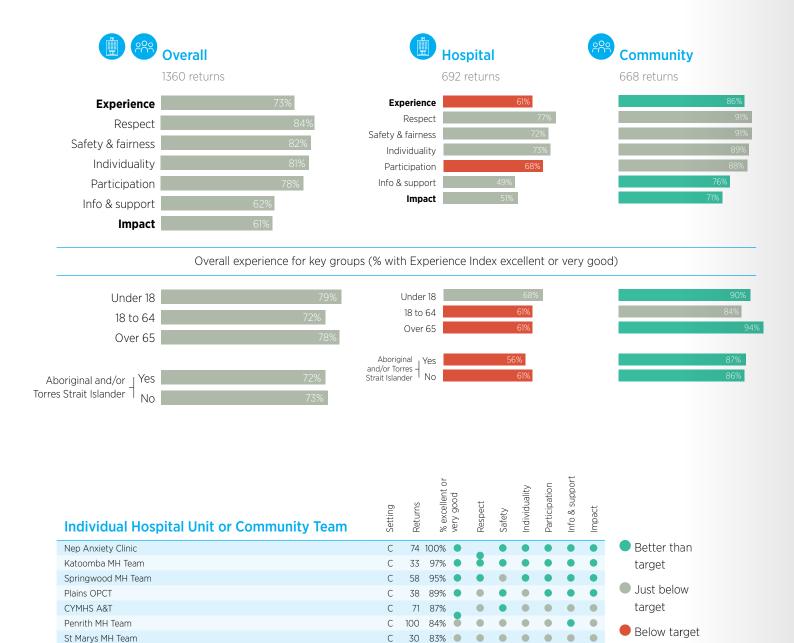




#### Information on physical health (HeAL)



# Nepean Blue Mountains Local Health District



105

72

61

126

296

C 50

H = Hospital

C = Community

Please note separate targets are used for different domains. See

Appendix 2 for more information.

Windsor MH Team

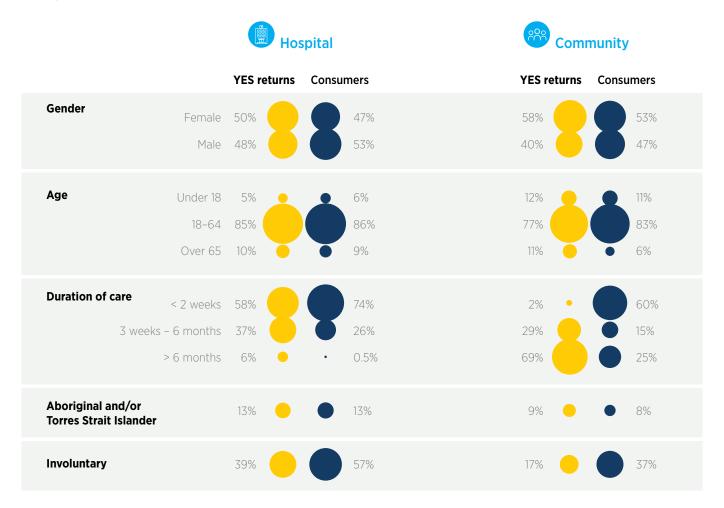
Nepean MH HDU

Nepean OPMHU

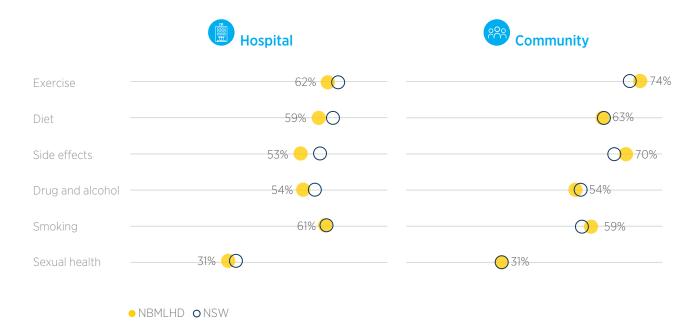
BM MH Acute Unit

Nepean MH Acute

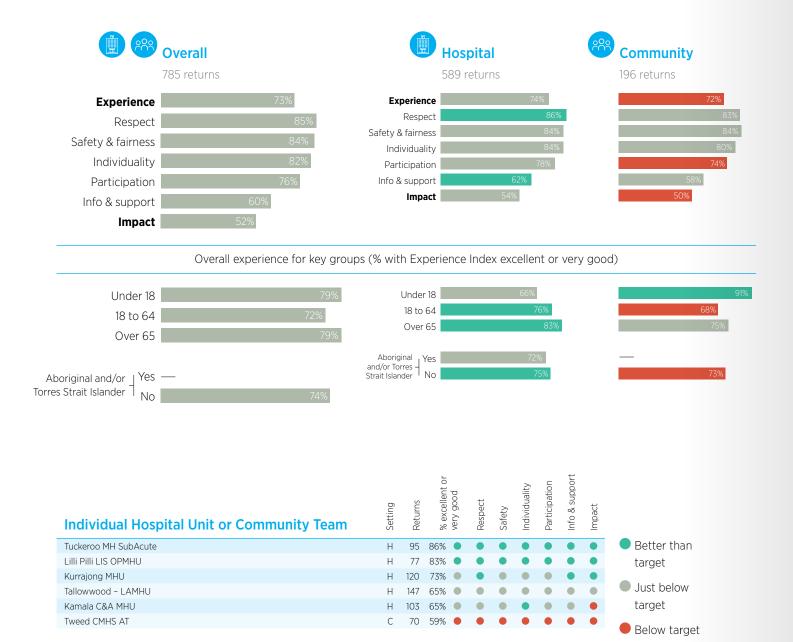
Lithgow MH Team



#### Information on physical health (HeAL)

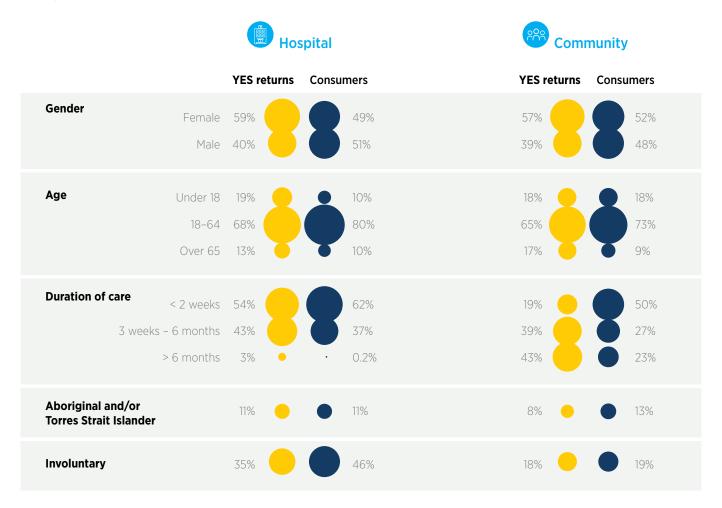


# Northern NSW Local Health District

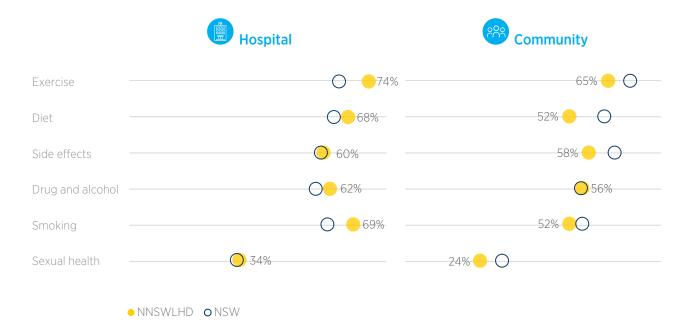


Please note separate targets are used for different domains. See Appendix 2 for more information.

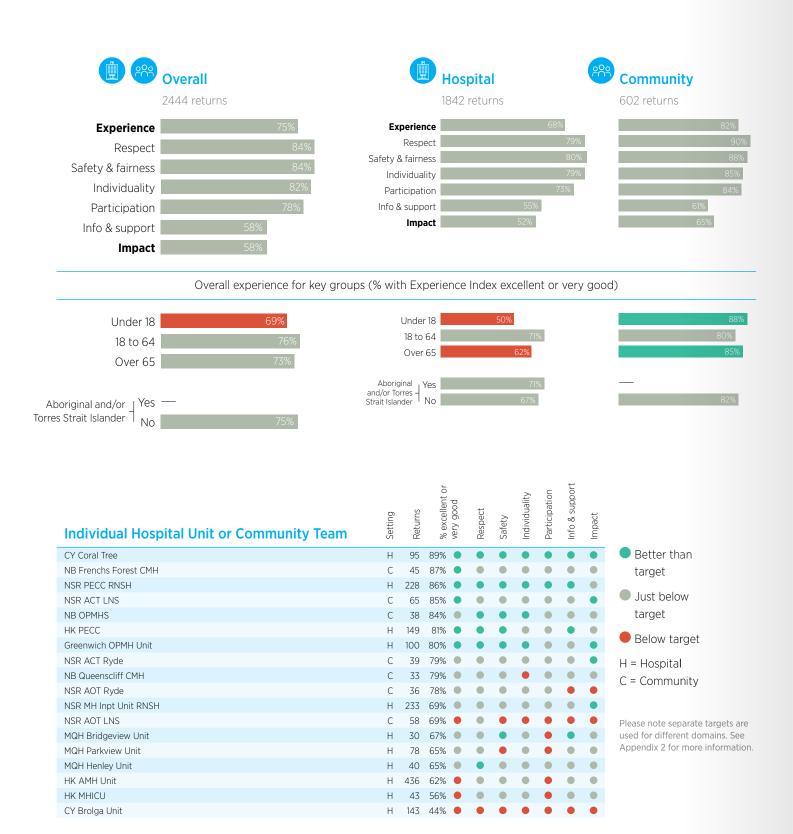
H = HospitalC = Community

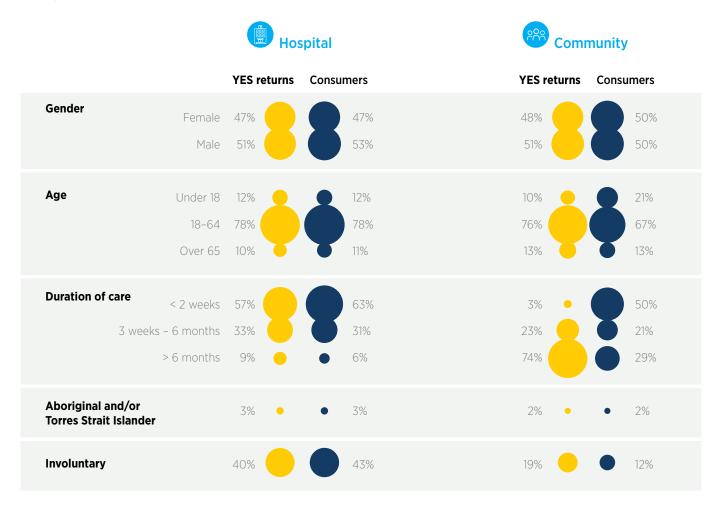


#### Information on physical health (HeAL)

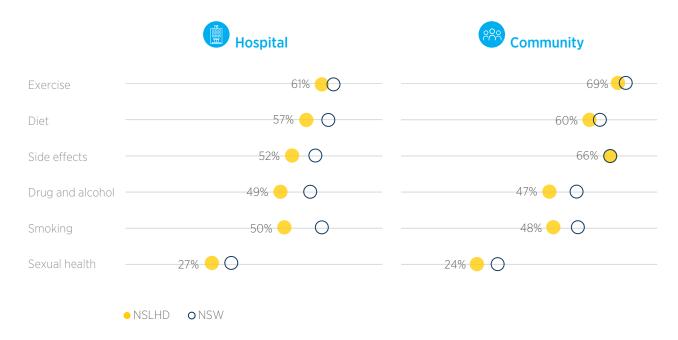


# Northern Sydney Local Health District



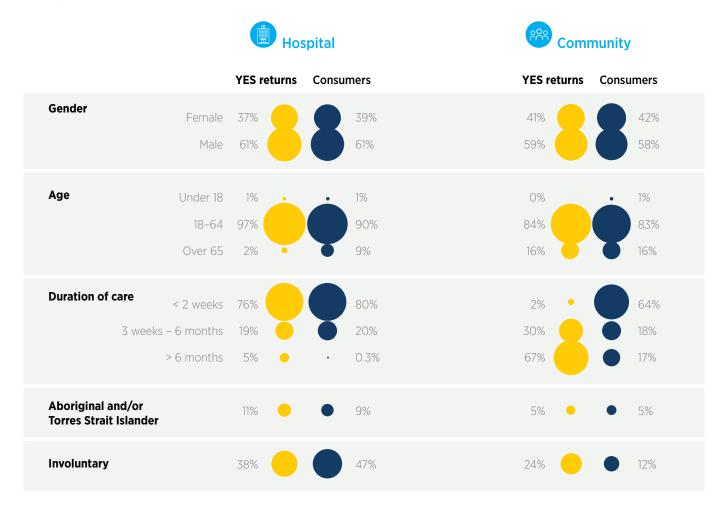


#### Information on physical health (HeAL)



# St Vincent's Health Network

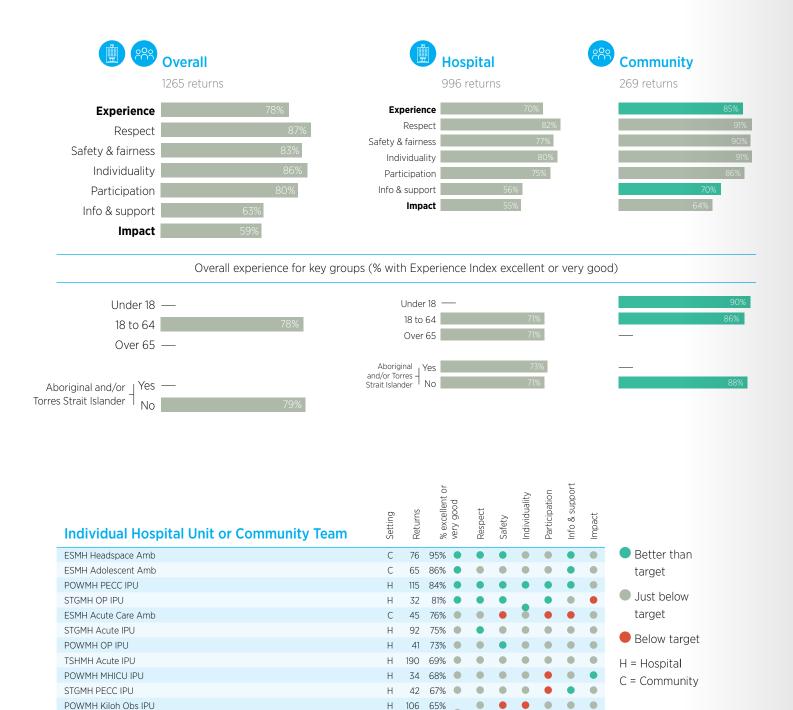




#### Information on physical health (HeAL)



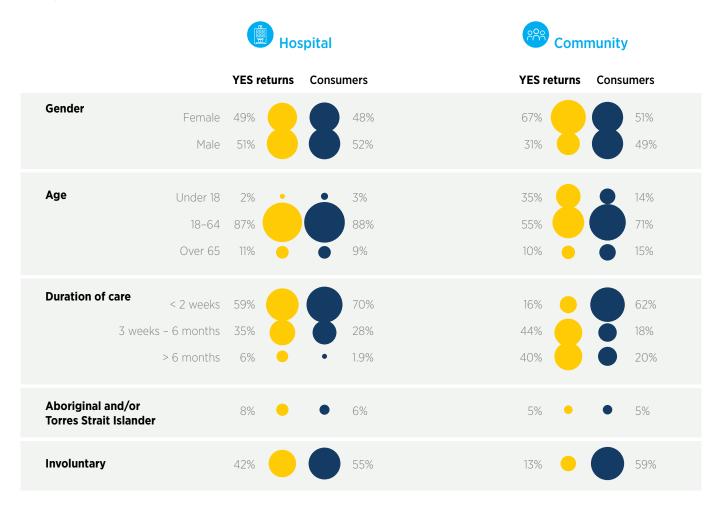
# South Eastern Sydney Local Health District



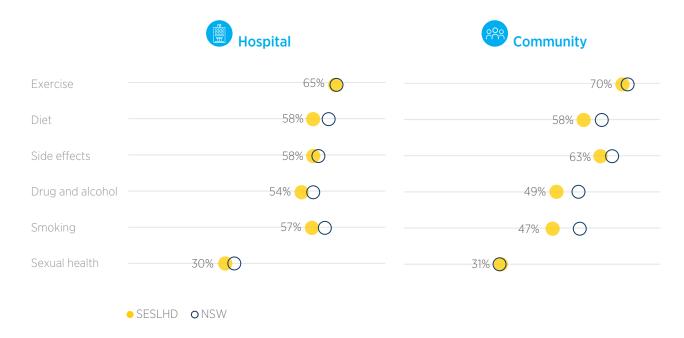
Please note separate targets are used for different domains. See Appendix 2 for more information.

POWMH Kiloh Gen IPU

Results are only shown for teams or subgroups where more than 30 returns were received



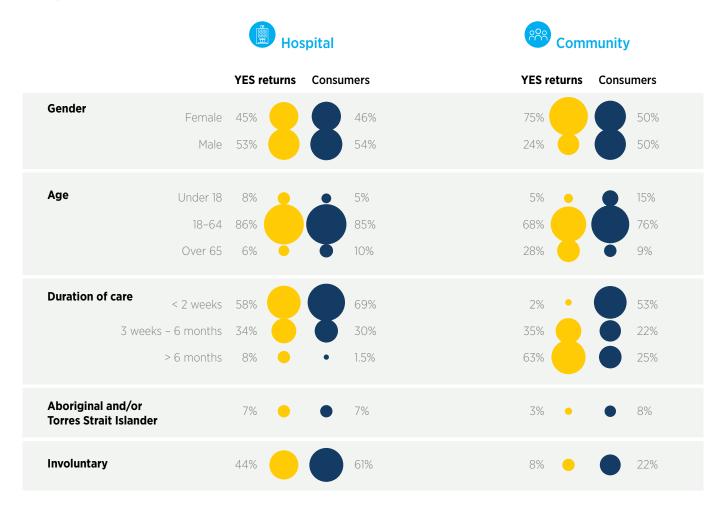
#### Information on physical health (HeAL)



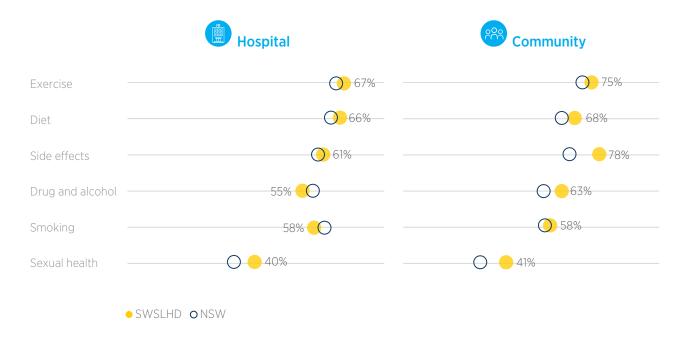
# South Western Sydney Local Health District



Please note separate targets are used for different domains. See Appendix 2 for more information.



#### Information on physical health (HeAL)

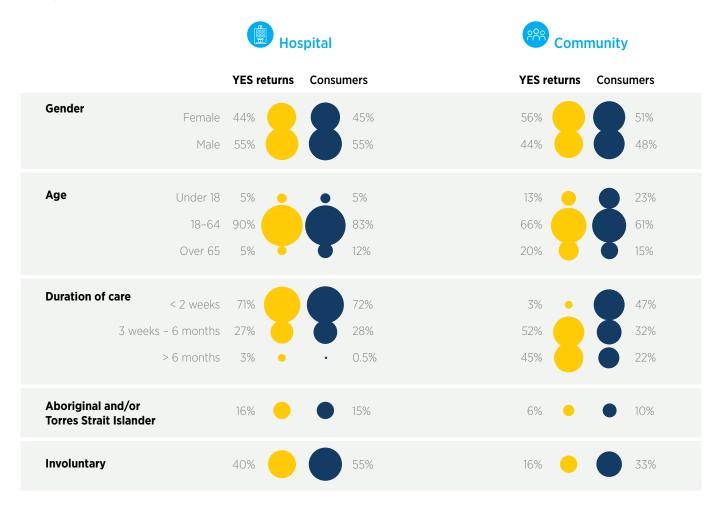


# Southern NSW Local Health District

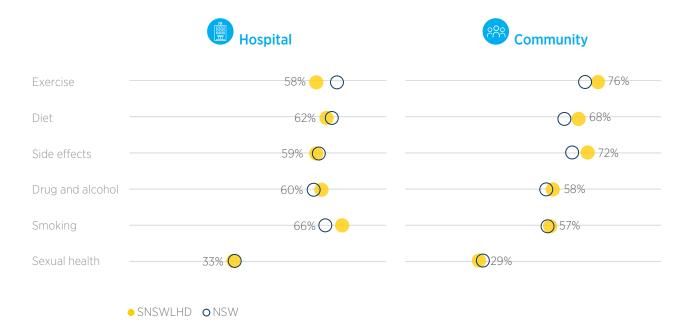


used for different domains. See Appendix 2 for more information.

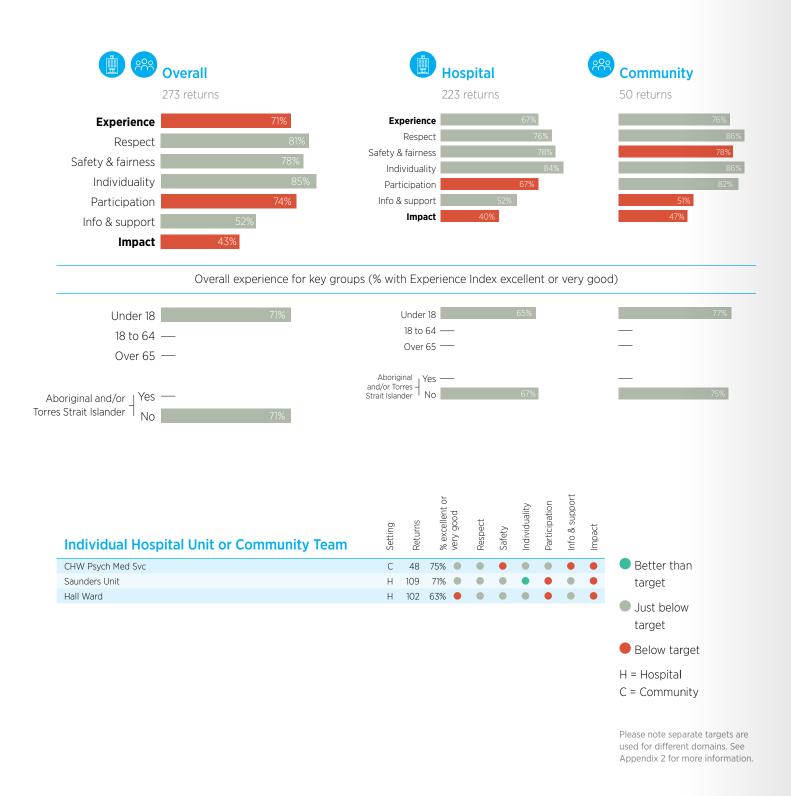
Please note separate targets are

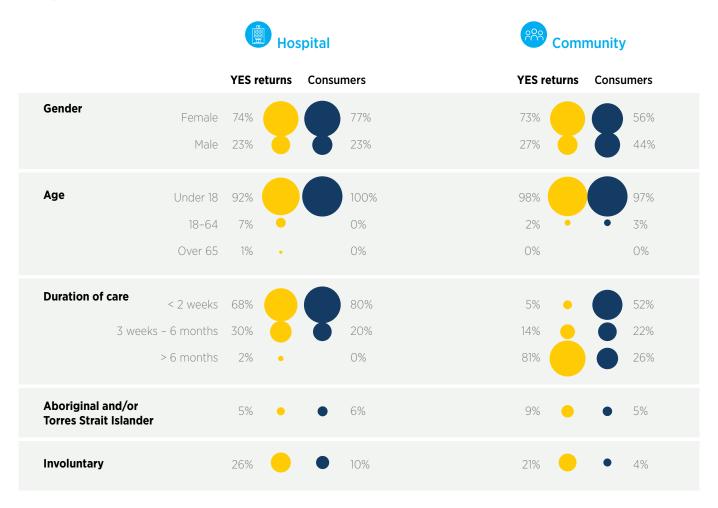


#### Information on physical health (HeAL)

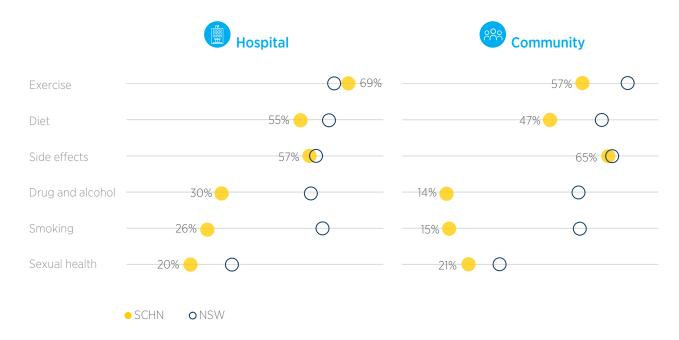


# Sydney Children's Hospitals Network

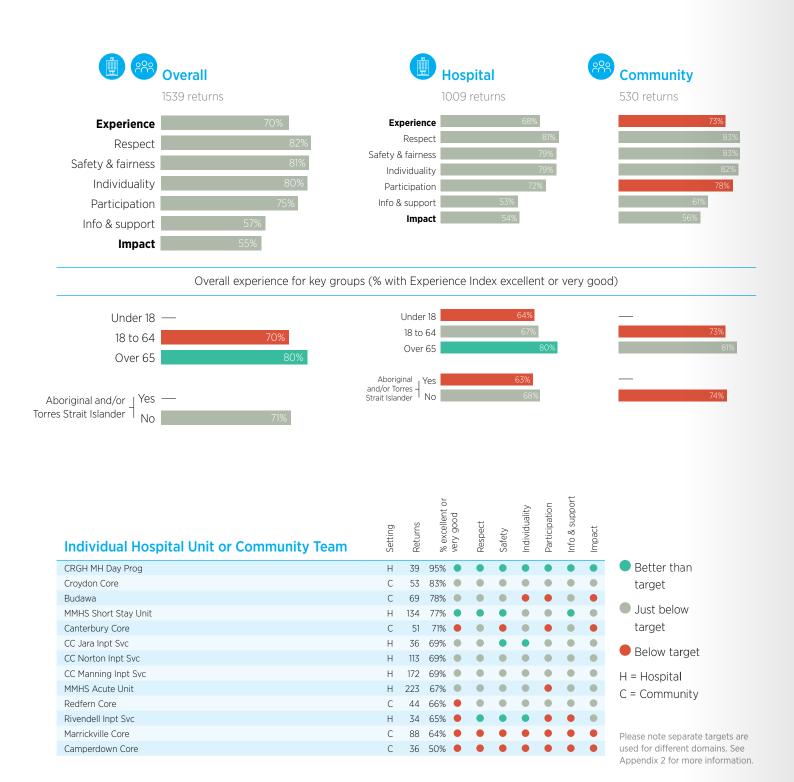


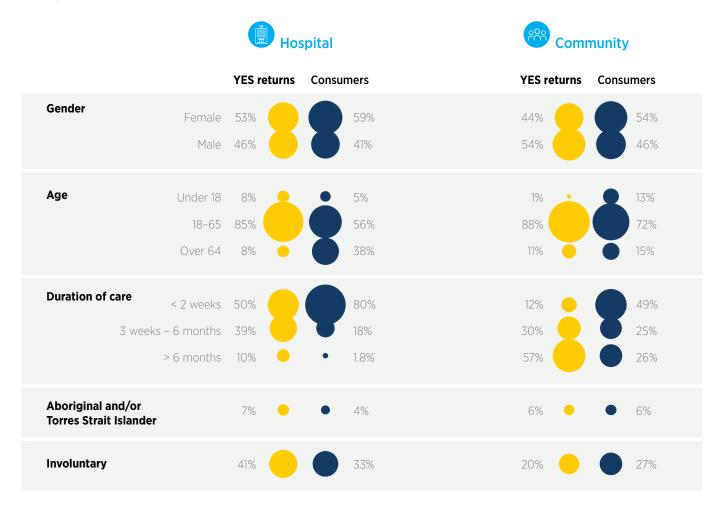


# Information on physical health (HeAL)

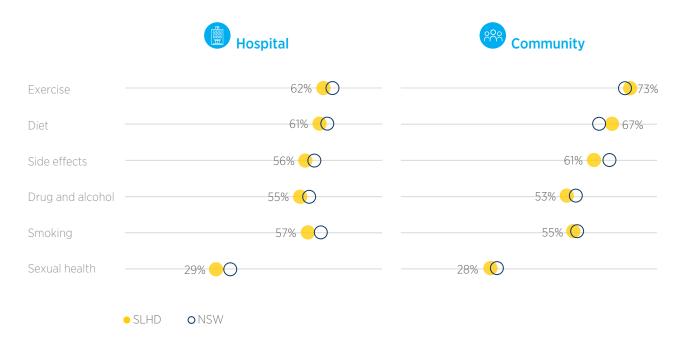


# **Sydney Local Health District**

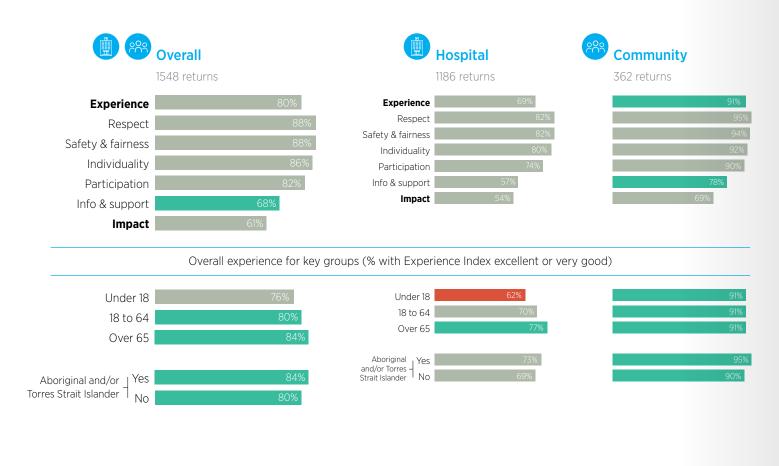


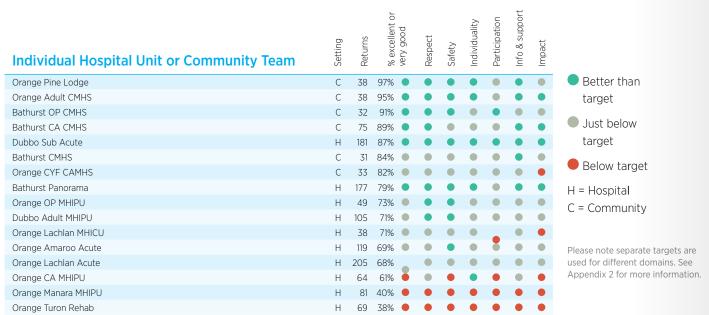


# Information on physical health (HeAL)



# Western NSW Local Health District



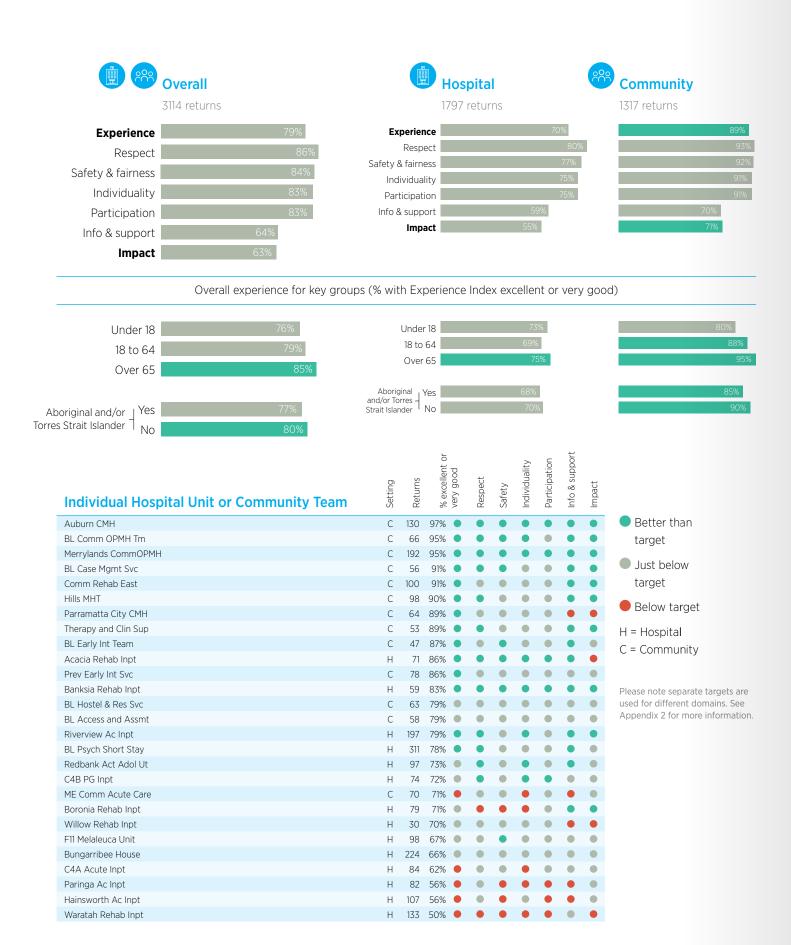


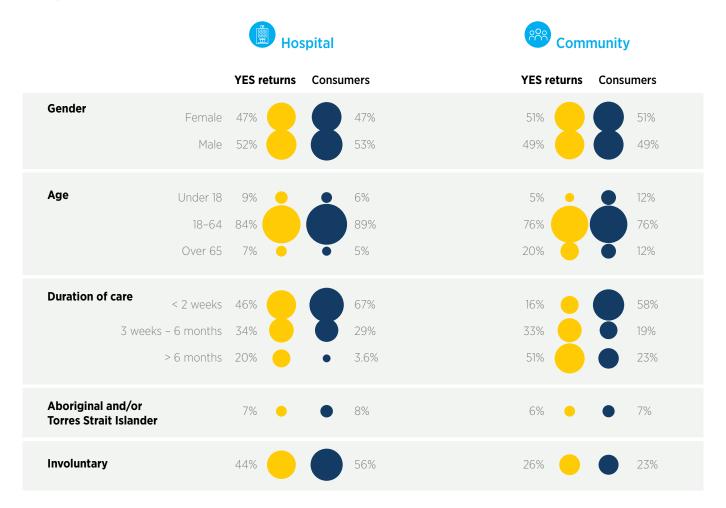


# Information on physical health (HeAL)

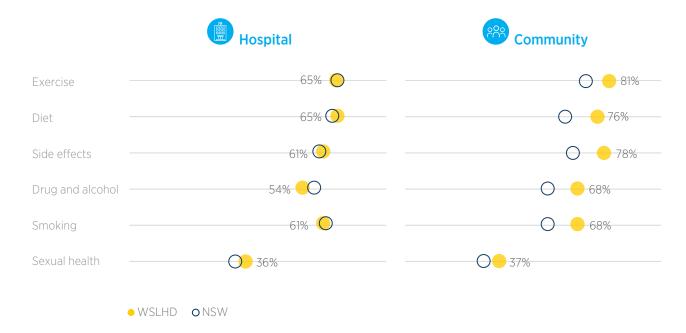


# Western Sydney Local Health District





# Information on physical health (HeAL)





# Your Experience of Service

# Service:

Your feedback is important. This questionnaire was developed with mental health consumers. It is based on the Recovery Principles of the Australian National Standards for Mental Health Services. It aims to help mental health services and consumers to work together to build better services. If you would like to know more about the survey please ask for an information sheet.

Completion of the questionnaire is voluntary. All information collected in this questionnaire is anonymous. None of the information collected will be used to identify you. It would be helpful if you could answer all questions, but please leave any question blank if you don't want to answer it.

Information sneet.		e put a questio			e box fo	r
These questions ask <b>how often</b> we did the following things				X		
Thinking about the care you have received from this service within the last 3 months or less, what was your experience in the following areas:	Never	Rarely	Sometimes	Usually	Always	Not Applicable
1. You felt welcome at this service						
2. Staff showed respect for how you were feeling						
3. You felt safe using this service						
4. Your privacy was respected						
5. Staff showed hopefulness for your future						
6. Your individuality and values were respected (such as your culture, faith or gender identity, etc.)						
7. Staff made an effort to see you when you wanted						
8. You had access to your treating doctor or psychiatrist when you needed						
9. You believe that you would receive fair treatment if you made a complaint						
10. Your opinions about the involvement of family or friends in your care were respected						
11. The facilities and environment met your needs (such as cleanliness private space, reception area, furniture, common areas, etc.)	5,					

These questions ask **how often** we did the following things ...

Thinking about the care you have received from this service within the last 3 months or less, what was your experience in the following areas:	Never	Rarely	Sometimes	Usually	Always	Not Applicable
12. You were listened to in all aspects of your care and treatment						
13. Staff worked as a team in your care and treatment (for example, you got consistent information and didn't have to repeat yourself to different staff)						
14. Staff discussed the effects of your medication and other treatments with you						
15. You had opportunities to discuss your progress with the staff caring for you						
16. There were activities you could do that suited you						
17. You had opportunities for your family and carers to be involved in your treatment and care if you wanted						

These questions ask  $\pmb{how}$   $\pmb{well}$  we did the following things ...

Thinking about the care you have received from this service within the last 3 months or less, what was your experience in the following areas:	Poor	Fair	Good	Very Good	Excellent	Not Applicable
18. Information given to you about this service (such as how the service works, which staff will be working with you, how to make a complaint, etc.)						
19. Explanation of your rights and responsibilities						
20. Access to peer support (such as information about peer workers, referral to consumer programs, advocates, etc.)						
21. Development of a care plan with you that considered all of your needs (such as health, living situation, age, etc.)						
22. Convenience of the location for you (such as close to family and friends, transport, parking, community services you use, etc.)						

As a result of your experience with the service in the last 3 months or less please rate the following:	Poor	Fair	Good	Very Good	Excellent
23. The effect the service had on your hopefulness for the future					
24. The effect the service had on your ability to manage your day to day life					
25. The effect the service had on your overall well-being					
26. Overall, how would you rate your experience of care with this service in the last 3 months?					
These questions ask <b>if</b> we did the following things					
In the last 3 months, has the service advised you about the following:	Yes	No.	Not sure	Not Applicable	
27. Healthy eating and diet					
28. Smoking					
29. Alcohol and drug use					
30. Sexual health					
31. Exercise and physical activity					
32. Possible physical side effects of some medications (such as weight gain, diabetes or heart disease)					
33. My experience would have been better if					
34. The best things about this service were					

This information helps to show whether some groups of people are missing out on giving their feedback. It also shows if some groups of people have a better or worse experience than others. Knowing this helps to focus efforts to build better services. No information collected in this section will be used to identify you.

What is your gender?	Male Female Other
What is the main language you speak at home?	English Other
Are you of Aboriginal or Torres Strait Island origin?	No Yes - Aboriginal Yes - Torres Strait Islander Yes - Aboriginal and Torres Strait Islander
What is your age?	Under 18 years  25 to 34 years  35 to 44 years  45 to 54 years  55 to 64 years  65 years and over
How long have you been receiving care from this service on this occasion?	Less than 24 hours 1 day to 2 weeks 3 to 4 weeks 1 to 3 months 4 to 6 months More than 6 months
At any point during the last 3 months were you receiving involuntary treatment (such as an involuntary patient or on a community treatment order) under Mental Health Legislation?	Yes, involuntary patient/on a community treatment order  No, I was always a voluntary patient  Not Sure
Did someone help you complete this survey?	No Yes - family or friend Yes - language or cultural interpreter
Thank you for your time and comments  Please place the completed questionnaire in the envelope provided and return by mail  InforMH	Yes - consumer worker or peer worker  Yes - another staff member from the service  Yes - someone else
Reply Paid 3975 Sydney NSW 2001	133 Someone else
© 2013 The Secretary to the Department of Health (Vic) developed	







# **Appendix 2 - Technical information**

# YES development and validation

The development, validation and psychometric properties of the YES questionnaire are described in detail at:

http://www.health.gov.au/internet/main/publishing.nsf/content/mental-pubs-n-conexp

# **Identification of NSW services**

The YES questionnaire is anonymous and contains no identifying information. Therefore, in order to report on services, all services must be accurately identified on the YES questionnaire.

All NSW Mental Health Services are registered in a central database, the Mental Health Service Entity Register (MH-SER), and have a unique four-digit numerical code. This four digit code is used in YES reporting because (i) it can be more accurately scanned than a handwritten service name, and (ii) it allows data on YES questionnaire return rates or responses to be accurately compared to other data on the same service.

If service codes are missing or invalid, the response cannot be attributed to an individual LHD/SHN or service.

Services are provided with a monthly report showing the number of returns with missing service identifiers, and the details of any handwritten names. The rate of service identification error has declined when compared with previous years.

# **Analysis**

Initial data manipulation for this report was conducted using SAS and statistical analyses were conducted using Stata SE v15. Missing, invalid or duplicate answers were recoded as null. YES returns with less than 12 of the first 22 questions completed were excluded from analysis. Overall scores and domain scores were constructed following the methods used in the national YES development.

# The YES targets

The NSW targets have been set based on the best performing 25 per cent of NSW mental health services. The overall experience target is that 80 per cent of consumers report an excellent or very good overall experience (75% for hospital consumers, 85% for community consumers).

For LHD/SHN performance reporting a lower tolerance limit is required. Based on the 25th percentile of service scores, the "not performing" range is defined as below 70 per cent (65% for hospital services and 75% for community services).







# **Setting a YES target**

A target for YES scores should have several properties. It should be clear and understandable to services and consumers. It should allow hospital and community results to be combined into a single LHD/SHN figure, without being biased by a different mix of hospital and community services in different LHDs. It should be consistent, not requiring separate targets for each LHD/SHN. It should be challenging but achievable, reflecting good performance but able to be achieved by some services.

Many consumer experience surveys use the 75th percentile of current performance as a target. This creates a target that can drive change and that is achievable. Compared to higher targets it is less likely to be influenced by a small number of unrepresentative or unique services.

# **Domain targets**

Different YES domains use different question types, leading to different distributions of scores. Therefore performance targets need to be set separately for different domains. The same methodology used to calculate the overall experience target was applied to the two rating scales (frequency and performance). The targets were calculated separately for hospital and community services.

### Performance targets, by question type and domain

		Overall		Commu	nity 👭	Hospital 📳		
Question type	Domains	Low	High	Low	High	Low	High	
Overall	Experience index	<70%	>80%	<75%	>85%	<65%	>75%	
Frequency scales	Individuality, Participation, Respect, Safety	<75%	>90%	<80%	>95%	<70%	>85%	
Performance scales	Information and support, Impact	<50%	>65%	<55%	>70%	<45%	>60%	

# Appendix 3 – YES domains

Show	ing respect
Q1	You felt welcome at this service
Q2	Staff showed respect for how you were feeling
Q4	Your privacy was respected
Q5	Staff showed hopefulness for your future
Q7	Staff made an effort to see you when you wanted
Q12	You were listened to in all aspects of your care and treatment
Ensur	ing safety and fairness
Q3	You felt safe using this service
Q9	You believe that you would receive fair treatment if you made a complaint
Q11	The facilities and environment met your needs
Valuir	ng individuality
Q6	Your individuality and values were respected
Q16	There were activities you could do that suited you
Supp	orting active participation
Q8	You had access to your treating doctor or psychiatrist when you needed
Q10	Your opinions about the involvement of family or friends in your care were respected
Q13	Staff worked as a team in your care and treatment
Q14	Staff discussed the effects of your medication and other treatments with you
Q15	You had opportunities to discuss your progress with the staff caring for you
Q17	You had opportunities for your family and carers to be involved in your treatment and care if you wanted
Provi	ding information and support
Q18	Information given to you about this service
Q19	Explanation of your rights and responsibilities
Q20	Access to peer support
Q21	Development of a care plan with you that considered all of your needs
Impa	:t
Q23	The effect the service had on your hopefulness for the future
Q24	The effect the service had on your ability to manage your day to day life
Q25	The effect the service had on your overall well-being
Q26	Overall, how would you rate your experience of care with this service in the last 3 months

# Overall Experience (100 x Average of validly completed questions 1-22)/5

**Note**: Question 22 was removed from the domain structure but continues to contribute to the overall score

JAN21 CATALOGUE NUMBER NSI1652P-E