# Mental Health Community Living Supports for Refugees

## 1<sup>st</sup> of its kind in the world

## 

More than double the number (79) of consumers contracted to be supported



### Average 357 days in the program

"Clients feel very enabled to make contact and to decide what type of support would work best in each situation ...." ~ CMO support worker

#### MH-CLSR program features:

- Provides psychosocial support which is:
  - Culturally safe and responsive
  - o Trauma-informed
  - Recovery-oriented
- For people from refugee backgrounds
- No need for formal diagnosis of a mental condition
- Open to all ages
- Within 10 years of arriving in Australia



\$5.1 million invested (2022-2023)

### Process Evaluation findings: delivered and governed as intended

- Program has clear and strong purpose
- Consumer trust level was high
  - Consumer level of satisfaction was high
  - Consumers found the program to be flexible
  - Consumers felt the program met their needs
  - Consumers found it easy to engage with providers
  - Functional and supportive partnership between the Community Managed Organisations (CMOs) and Local Health Districts.
  - Referral pathways were effective
  - Suitable workforce (CMOs) delivering support
  - CMOs had a strong connection with local community organisations



Process Evaluation (2022) of NSW Mental Health - Community Living Supports for Refugees (MH-CLSR) Program | November 2022

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