**Strengthening specialist** support for people with complex needs



## People with complex needs, such as people with borderline personality disorders and those with mental health and drug and alcohol addiction, require specialist supports.

The Government is committed to ensuring a more responsive specialist mental health system and specialised service responses to enable people with severe mental illnesses to access services as needed, and to help improve mental health outcomes for people who have severe mental illness and are difficult to treat.

Current initiatives targeted at these priority groups will be further developed through consultation with stakeholders and community groups.

People with personality disorders have significant rates of self-harm, unemployment, domestic violence, poor physical health, and drug and alcohol problems. Project Air, a targeted service development, training and evaluation program for health workers will be expanded. This will continue to help ensure people with borderline personality disorder have better access to integrated care.

Consultation Liaison services will be enhanced in four priority major hospitals to enable better management of mental health issues for both emergency departments and general hospital patients. This will help to address any significant mental health issues that contribute to excess morbidity and mortality and will reduce the length of time people need to stay in hospital.

## Strengthening mental health care in NSW