

SYDNEY CHILDREN'S HOSPITAL NETWORK
PEACH REFUGEE MENTAL
HEALTH PROJECT

LESSONS IN CO-DESIGN

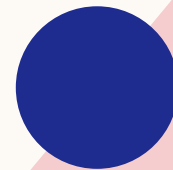
Avalon Tissue (Clinical Psychologist)

Dr. Nikola Morton (Staff Specialist)

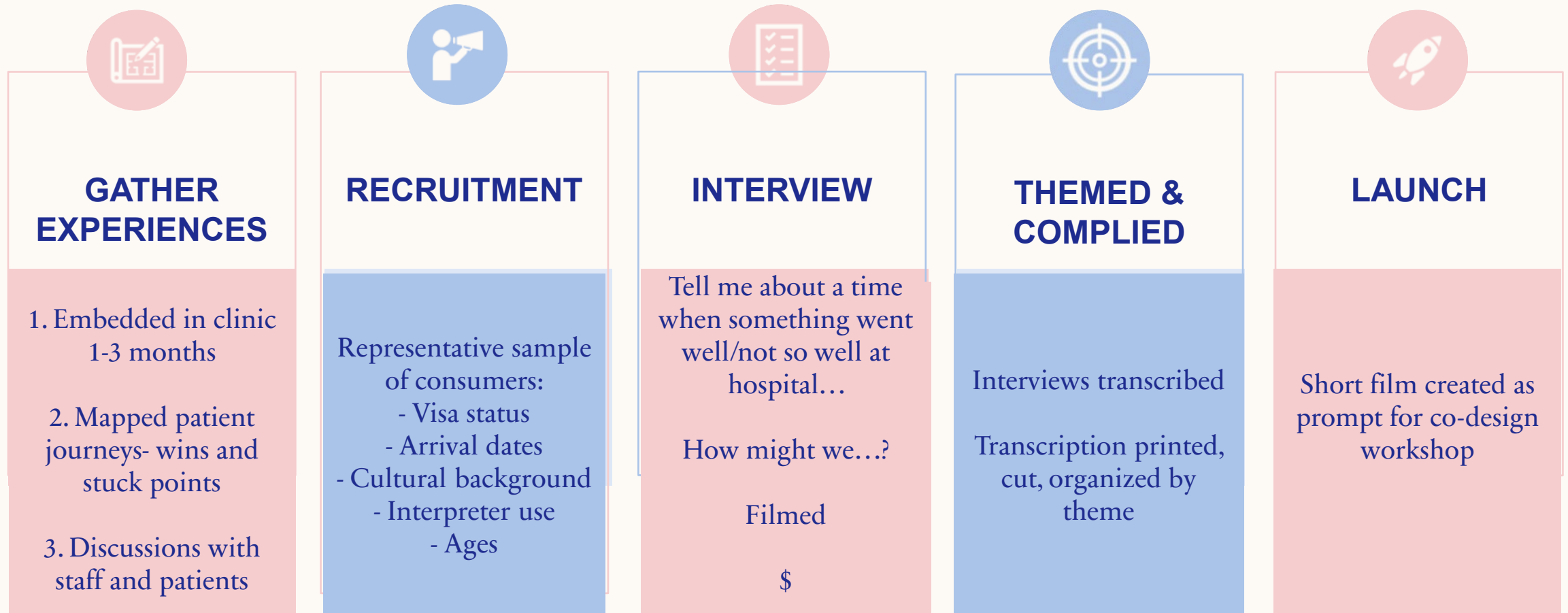
RATIONALE & INTENT

Authentic consumer engagement

Design WITH not FOR



PARTICIPATORY DESIGN

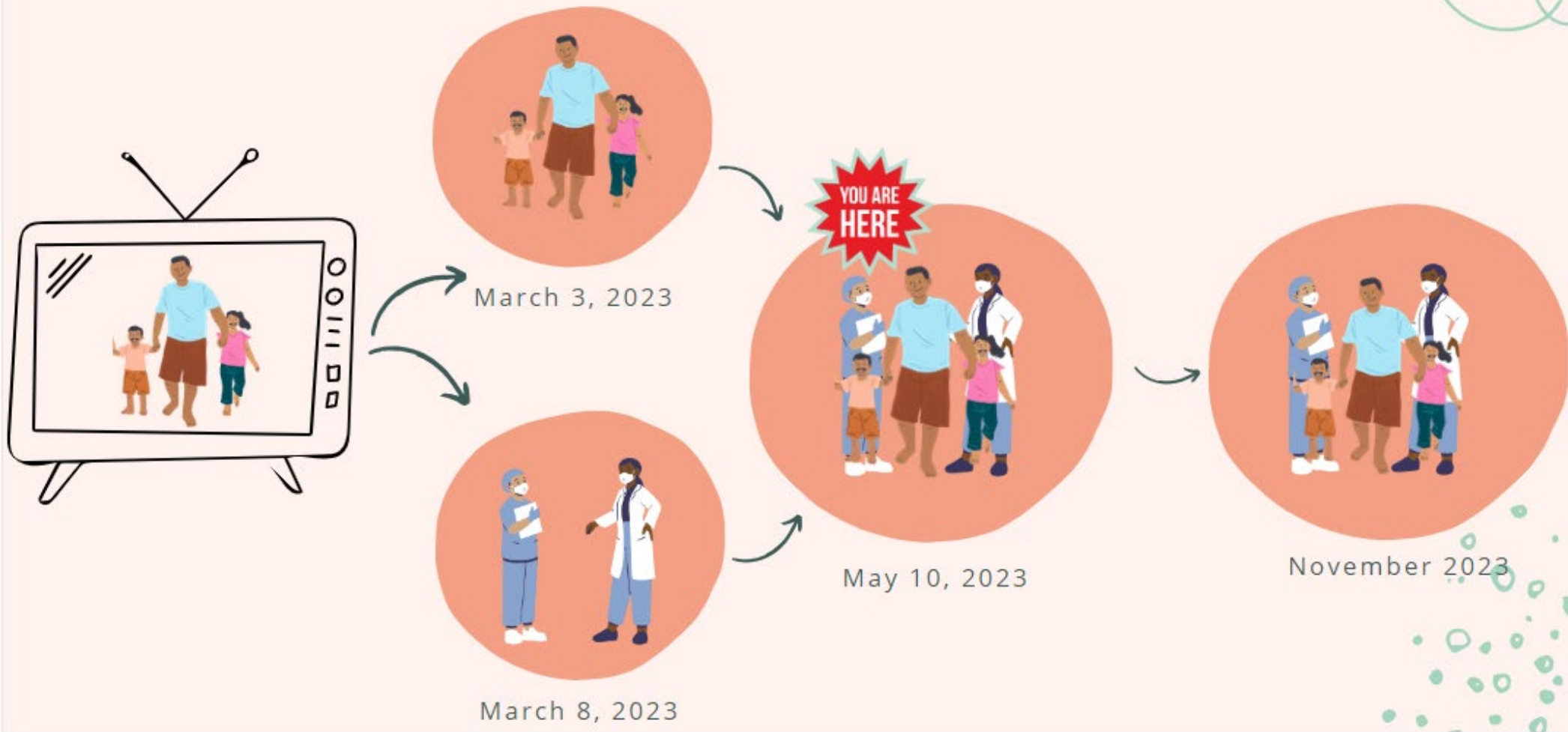


“ THE FIRST THING WE ARE GOING TO NEED IS PSYCHOLOGY. HELP NOT ONLY THE CHILDREN - HELP THE FAMILY. MAKE THEM FEEL PEACE. MAKE THEM FEEL THEY ARE SAFE. THEY LIVE IN FEAR- IN THE SILENCE AND THE FEAR. AND THEY JUST COVER EVERYTHING. AND THE BETTER THING IS PSYCHOLOGY FOR ALL THE FAMILY. YOU CAN HELP THEM.

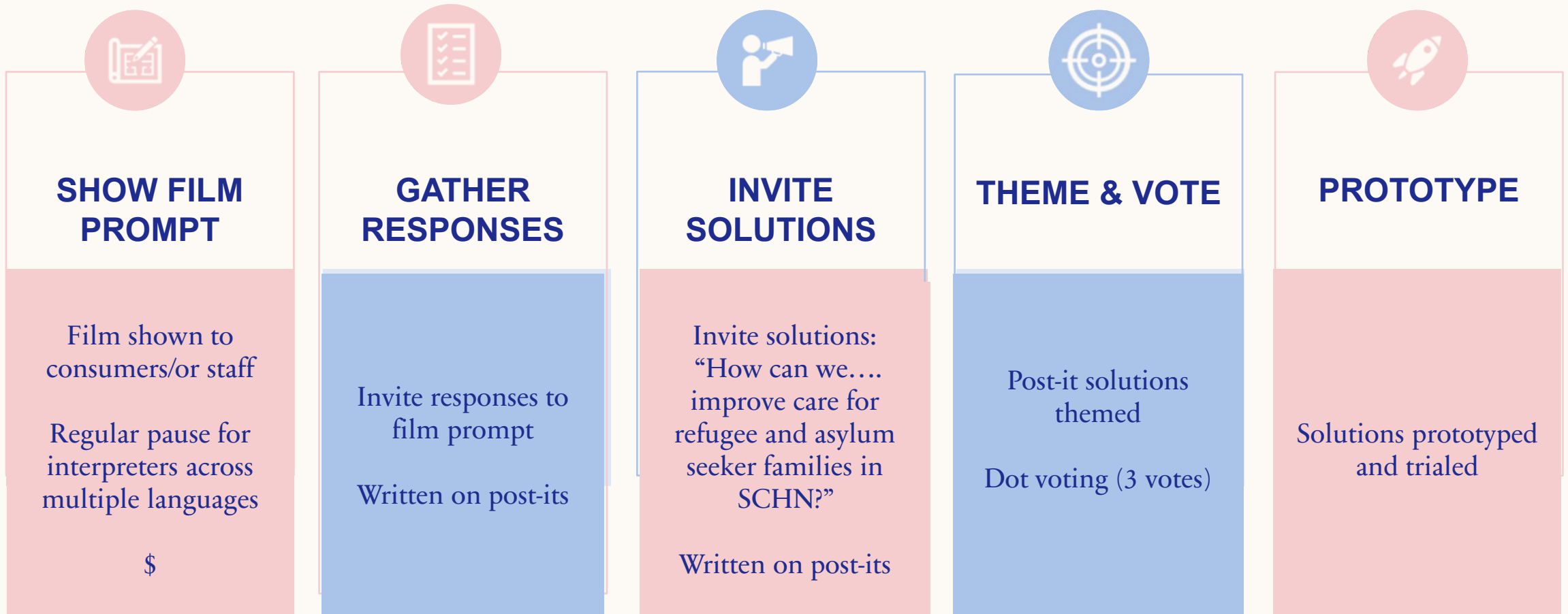
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Consumer Interview
September 2022

PEACH Project Refugee Workshops

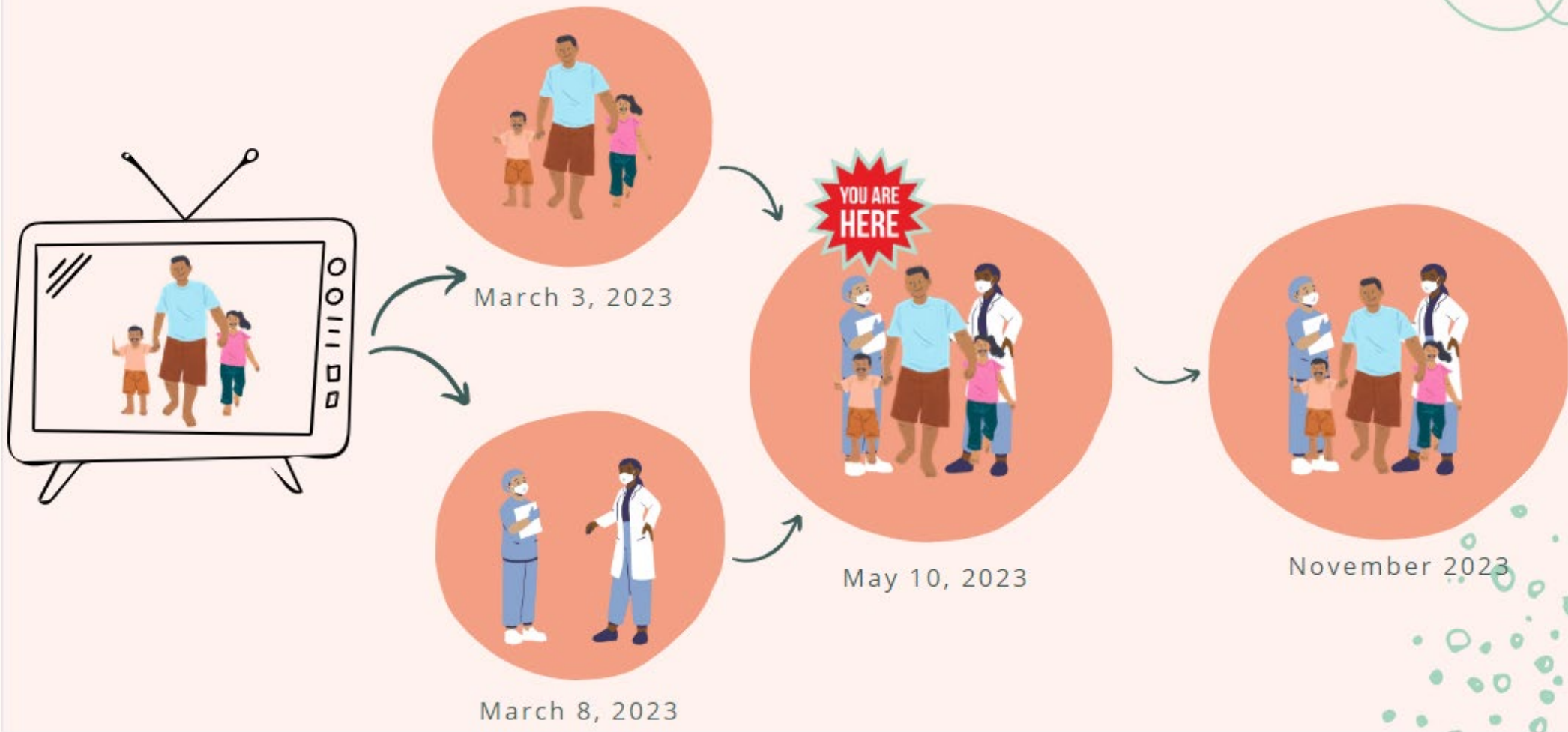


CO-DESIGN WORKSHOPS





PEACH Project Refugee Workshops



WHERE ARE WE NOW?

Ongoing partnership



STRENGTHS

- Authentic co-design NOT consultation
- Consumers have ongoing role in advisory groups (but..)
- Keep participants informed- continually closed the feedback loop
- Wide representation of lived experience of staff and consumers
- Acknowledge intersectionality and identity (disability, CALD)
- Honored consumer and staff choices even when themes were sometimes unexpected
- You can run groups in multiple languages simultaneously!
- Sponsorship enabled lasting change at the systems level

CHALLENGES

- Co-design takes time and resources- allow plenty of both
- Difficulty in managing competing priorities for consumer time in ongoing roles (Advisory groups v co-design groups)
- Existing structural dynamics exist (doctors and patients) – attempted balance through small high-trust groups
- Designing with populations and services who experience multiple stressors can be challenging- flexibility is key
- Child representation was achieved in interviews and video, but less participation in co-design workshops. Can we make more space for kid voices on an ongoing basis?

LESSONS LEARNED

THANK YOU

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