





Program Overview

PROGRAM GOAL	ENHANCING YOUR MENTAL HEALTH CARE CAPABILITIES			
MENTAL HEALTH PATHWAYS IN PRACTICE	 PATHWAY 1 Professional and Ethical Practice	 PATHWAY 2 Working with the individual	 PATHWAY 3 Collaborative Communication	 PATHWAY 4 Delivering Care
AIMS OF THE PATHWAYS	<p>Promoting consistent demonstration of and commitment to professional values that support and enable effective ethical and legal practice.</p>	<p>Optimising therapeutic partnerships with people accessing services that recognise and respond to culturally diverse needs in the prevention of ill-health and the promotion of well-being.</p>	<p>Maximising opportunities for an interprofessional collaborative practice that supports the delivery of person and family-centred comprehensive care.</p>	<p>Delivering collaborative trauma-informed, recovery-orientated and person-centred mental health care that is informed by professional and ethical standards.</p>
LEARNING UNITS	<ol style="list-style-type: none"> 1. My professional value 2. My ethical practice 3. My legal responsibilities 4. Advocacy 5. Partnership and collaboration 6. Self-management 7. Privacy and dignity 8. My professional development - my role and my vision 9. Developing professionally with others 10. Promoting recovery and hope 	<ol style="list-style-type: none"> 1. The therapeutic relationship 2. Reducing stigma 3. Trauma-informed care 4. Working with individuals who have experienced trauma 5. Assessment 6. Impacts to health and well-being 7. Comorbid conditions 8. Prevention and promotion of health and well-being 9. Diverse populations 	<ol style="list-style-type: none"> 1. Collaborative communication 2. Collaborating with persons with lived experience 3. Collaborating with carers and families 4. Collaborating in teams 5. Collaborating with other mental health professionals 6. Collaborating with extended networks and other organisations 7. Collaboratively planning for care 8. Facilitating transitions of care across time and places 	<ol style="list-style-type: none"> 1. Documentation and reporting 2. Managing difficult interactions in clinical practice 3. Delivering safe care - responding to risk 4. Delivering safe care - your role in zero suicides 5. Social and family interventions 6. Your role in medication 7. Improving and supporting physical health 8. Health practice - building your therapeutic toolbox 9. Evaluating interventions and individual treatment 10. Your role in improving care - introduction to quality improvement