

# Ha cidamna ding kikepna



**Na ha, na hanii leh na lei haza tawh  
zingsang leh nitak simin nawt den ding**



**Nisimin singgah leh mehteh mehgah  
tampi ne ding**

Hunmaanin an ne ding, sun sung nektheih tuamtuam kidawm ding



**Tui siang tam dawn pen ding**



**Na ha na ahihkeh na hanii sisan a luan leh  
ha siavuante kiang pai inla kivelsak in**



Paunam tuamtuam tawh kigelh cidamna tawh kisai thute a  
kicingzaw theihna dingin [www.mhcs.health.nsw.gov.au](http://www.mhcs.health.nsw.gov.au) ah pai in

Kizopna ding ahihkeh lailet ding tawh kisai panpihna a kisap leh,  
Lailet leh Kamphen Panpihna (Translating and Interpreting Service) –  
(TIS) 13 14 50 hopih in.



Ha tawh kisai  
thulehla a kicingzaw  
theihna dingin  
scan in